

**Living Water: The Holy Spirit's Cleansing
and Satisfying Power**
**Experience True Refreshment: The Living
Water Awaits**



Scripture Reading: John 4:13-14; John 7:37-39

When Jesus wanted to explain the Holy Spirit, water was one of His favorite metaphors. When he was talking to the woman at the well in John 4, he answered and said to her, "Everyone who drinks of this water shall thirst again, but whoever drinks of the water that I shall give him shall become in him a well of water springing up to eternal life." Later when he was in Jerusalem on the last day of the Feast of Tabernacles, Jesus stood in the temple and cried out, making this astounding claim, "If any man is thirsty, let him come to me and drink. He who believes in me, as the Scripture said, from his innermost being shall flow rivers of living water." By this, he spoke of the Spirit, whom those who believed in him would receive, for the Spirit had yet to be given because Jesus was not yet glorified." John 7:37-39

Jesus asserted the Holy Spirit is like water. Water is cleansing. Have you ever gone on a camping trip and not had a bath for several days? If you have, you know what it feels like to step into a shower and let the water wash over you—it feels so good to get clean! Cleansing is one of the jobs of the Holy Spirit. He washes our sins away us so that we are clean of all the blemishes of sin.

Another way the Holy Spirit is like water is because water brings satisfaction. We are thirsty people. Have you ever been so thirsty that you can only think about getting to water? I'm sure you have. It suddenly takes complete priority in your life. We cannot live without water. We often pursue other things and ambitions trying to find satisfaction, but what we need is the pure life-giving water the Spirit freely gives. This water quenches our thirst. Other wells may provide a temporary relief, but true and lasting satisfaction can only be found in Jesus, brought to you by the Holy Spirit, the living water.

The Spirit says in one of the last verses of the Bible, "Come. Let the one who is thirsty come; let the one who wishes take the water of life without cost." Revelation 22:17. Knowing Jesus through His Spirit is the only place you will find the water of life.

Companion Lectio Divina:

Read: Slowly read John 4:13-14 and John 7:37-39. Let the words sink in deeply.

Reflect: Contemplate how Jesus describes the Holy Spirit as living water. What does this imagery mean to you personally?

Pray: Ask the Holy Spirit to cleanse and satisfy your soul. Invite Him to fill any areas of dryness or emptiness within you.

Contemplate: Spend a few moments in silence, allowing God's presence to wash over you. Reflect on the Holy Spirit's purity, clarity, and life-giving nature.

Personal Reflection Questions:

Characteristics of Water:

Write down the characteristics of water that come to mind. What attributes of water resonate with you most deeply?

Understanding the Context:

Read John 4:1-34. What do you learn from this scene about Jesus' teaching?

Deep Dive into Key Verses:

Focus on and discuss verses 13 and 14 in John 4. How do these verses speak to your current spiritual journey?

Jesus' Teaching on the Holy Spirit:

Read John 7:37-39. What does Jesus teach that the Holy Spirit is like? How does this comparison impact you?

Imagery in Isaiah:

Read Isaiah 44:3. How does this passage picture the Spirit of God? What new insights do you gain?

Personal Experience with Thirst:

What happens to you when you go without water? How does it feel to be truly thirsty? How do you satisfy your physical thirst, and how does this relate to your spiritual thirst?

Seeking Spiritual Thirst:

If you are not thirsty for the living water that Jesus offers, will you ask Him to make you thirsty? If you are already thirsty, will you ask for the living water? How can this prayer change your spiritual life?

May this devotional time draw you closer to the heart of God and help you experience the refreshing and renewing power of the Holy Spirit.