Psalms from the Heart Lesson 7

## Lesson 7

## Psalm 22

Take some time to slowly read through Psalm 22 this week, asking the Holy Spirit to illumine your thinking and to speak to you through this portion of the Word of God.

- 1. What concept from last week's lesson was especially helpful or thought provoking to you?
- 2. Look for a verse in the lesson this week that is meaningful to you and make it your memory verse. Write it down, carry it with you, put it on your refrigerator or mirror or dashboard and memorize it. Share your memory verse with your small group.

"But He was pierced through for our transgressions,
He was crushed for our iniquities; the chastening for our wellbeing fell upon Him, and by His scourging we are healed."

Isaiah 53:5

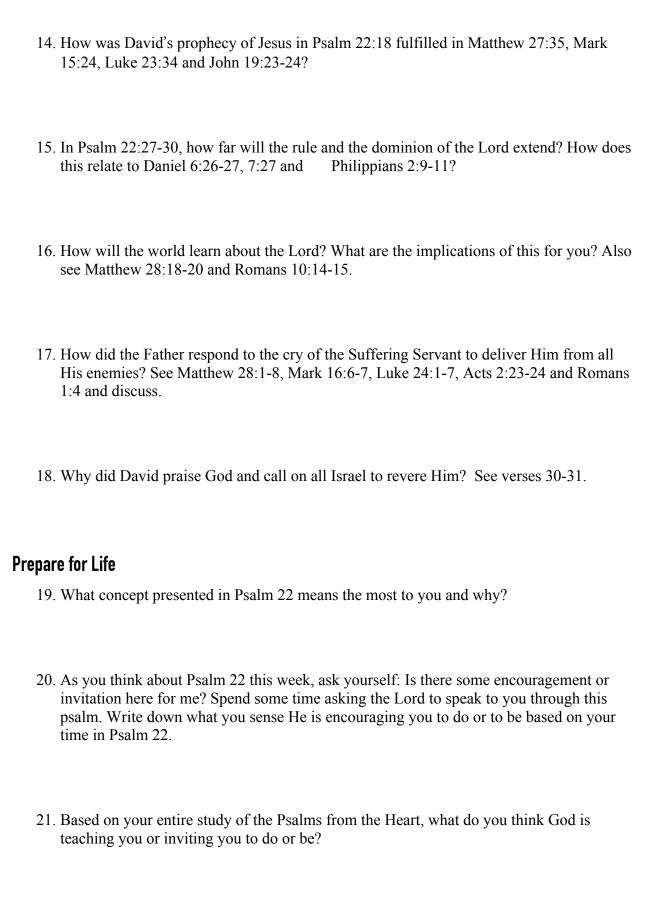
Inspired by the Holy Spirit, David wrote Psalm 22 approximately one thousand years before the crucifixion of Jesus Christ, long before crucifixion had even been invented by the Persians. He writes of his own experiences from an obviously low moment of dejection in his life and yet his words go far beyond anything he ever experienced. As you read the psalm you will notice how many verses prophetically picture the cross of Christ. There are 33 distinct prophecies in this psalm that were fulfilled at Calvary. Each of the last words of Christ that we know from the Gospels is either in the psalm word for word or are hinted at in the background of the psalm.

Psalm 22 and Isaiah 53 are the only places in the Bible where the physical agonies of the crucifixion are addressed. The Gospel writers simply state, "And they crucified Him..."

- 3. As you initially read Psalm 22, what strikes you?
- 4. 4. When and how were the words of David in verse 1 fulfilled in the life of Jesus Christ? See Matthew 27:45-46 and Mark 15:34.

5.	Do you think God really forsook His one and only Son?
6.	If you know about the life of David, can you tell of times when he felt forsaken by God? Discuss.
7.	In Psalm 22:1-5, what did David know about God that gave him hope? How does this apply to your life?
8.	What wonderful promise do we as believers have according to Hebrews 13:5?
9.	How were David's words in verses 6-8 prophetically fulfilled in Jesus Christ? See Matthew 27:41-44, Mark 15:24 and Luke 23:34-37 and discuss.
10.	Discuss verse 22:9-10 where David foretells the birth of the one who trusts in God from the womb. Who do you think this prophecy is about?
11.	Where was the mother of Jesus at His crucifixion and how did Jesus honor her in John 19:25-27?
12.	Discuss which description in Psalm 22:12-18 struck you the most.
13.	Take some time to consider Isaiah 53 where the crucifixion is also prophetically pictured. Discuss this chapter and what you learn about the crucifixion from these verses.

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## **Lecture Notes:**