

LOOK

TO WHAT IS BEST

Hebrews 12:1-3

1. The Cloud of Witnesses are not just role models for us to follow! These are men and women who **testify** about **God's faithfulness** through their **demonstrated faith** in His **Promises**.
2. We must understand that the things that entangle us and trip us up not only include our sins, but our **thoughts**, **emotions**, **pains**, and **wounds** that **burden our souls**.
3. The race we have been given to run is not one of despair but one with **promises** of abundant, **peace**, **joy**, and **hope**.
4. The more we gaze on our burdens the more powerful they become. The more we gaze on Jesus the bigger and better He becomes in our hearts **pushing** out the lies and **installing the truth**.
5. To Fix your eyes on Jesus you must **spend time** with **Him** in His **Word**. (Daily)
6. The more we see the love and compassion of **Jesus**, the more we will also see the love and compassion of the **Father**.



Taking it further to help you THRIVE...

THRIVE Groups are where life and growth take place. We don't want to just say "See *you next week*" as we leave each Sunday - we want to connect!

For more info on joining a THRIVE Group, visit thrivekg.org/thrive-groups.

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?
2. Hebrews 12:1 refers to the men & women spoken of in Chapter 11 as the "Witnesses." Why are they referred to as Witnesses? What do they testify about? How did they "share" their testimony?
3. What are some specific things that entangle us? How do we fall into these entanglements?
4. Even though you know the truth of salvation through Jesus, do you get entangled in fears or doubts that you are not worthy enough? that Jesus is disappointed in you? What do you do when those thoughts and accusations come?
5. Would you respond differently if the person before you was wearing a t-shirt that said, "I'm Carrying a Burden you cannot see?"
6. The speaker gave multiple examples of what you will find when you look to God's Word. What were some of those? Did any resonate with you more than others, or what is one that was not spoken?