

BROKENHEARTED

[2 Samuel 18:19-19:8]

1. Holding out against all odds for **GOOD** news does not stop **BAD** news from coming. (*Zephaniah 3:17; Philippians 4:6-7; 1 Peter 5:7; 2 Corinthians 12:9-10; Proverbs 3:5*)
2. Sometimes we have to **SAY** the **HARD** thing. We should be tactful, but there's no need to **APOLOGIZE**. (*1 Kings 22:1-28; Ezekiel 2:1-10; Ephesians 6:19-20; Romans 1:16; Acts 4:29; 2 Timothy 1:7; Mark 16:15; Philippians 1:20*)
3. Regardless of what happened to cause my heart to break, God is **WITH** me and **FOR** me. (*Psalm 34:18-19; John 11:33-35; Psalm 23:4, 107:20, 147:3; John 8:1-11; Titus 3:3-5; John 16:33; Jeremiah 17:14*)
4. As paralyzing as grief can be, we still have **ROLES** and responsibilities to fulfill. (*Isaiah 30:21, 43:18-19; 2 Chronicles 12:1; Matthew 26:31; Philippians 3:13-14; Proverbs 4:25; Hebrews 12:1-2; Psalm 16:8, 32:8, 119:105*)



Taking it further to help you THRIVE...

THRIVE Groups are where life and growth take place. We don't want to just say "See you next week" as we leave each Sunday - we want to connect!

For more info on joining a THRIVE Group, visit thrivekg.org/thrive-groups.

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?
2. Why did Ahimaaz not tell David the whole story about what happened to Absalom? Should he have said more? What do we learn from this? What's the problem with 'not telling the whole truth'?
3. David was a man who wrestled with guilt and regret (as some of us may.) What are the dangers of guilt and regret? How can we respond to these / process these in order to become 'better, not bitter'?
4. Share an event that led to a season/period of grief in your life (perhaps one you are still working through.) What helped you as you walked through this? What makes this process more difficult?
5. Joab told David that he needed to get up, go out there, and speak to the servants (19:7). This was probably the very last thing David felt like doing at that moment, but he was still the leader and this was a very vulnerable time for the nation. Each of us has roles that we must continue to fulfill, even when we feel like we can't possibly do it. How can we come alongside and help others in times like this? How do we balance 'take time to heal' with 'get back in the game'?