

# Living with a Grateful Heart

1. Living with a grateful heart begins with \_\_\_\_\_ who I am and what I have been given in Christ. (*Colossians 1:12-14; John 1:12, 15:15; Ephesians 1:7,11; Romans 6:6; 1 Peter 2:9; Philippians 3:20; 2 Corinthians 5:17; Colossians 2:6-7, 3:24; Hebrews 9:15; 1 Peter 1:4*)
2. \_\_\_\_\_ don't make or break a grateful heart. (*1 Thessalonians 5:16-18; 2 Samuel 12:15-23; Acts 16:25-26; Habakkuk 3:17-19; Psalm 118:1*)
3. Maintaining a grateful heart requires an occasional \_\_\_\_\_ of perspective. (*Psalm 139:23-24; 2 Timothy 3:16-17; 1 Corinthians 11:28; Galatians 6:5; 2 Corinthians 13:5; Hebrews 12:1; James 1:22-24; Lamentations 3:40*)
4. Gratitude requires us to put on the brakes and be \_\_\_\_\_ about it! (*Luke 17:11-19; Luke 8:43-48; Psalm 103:1-5*;
5. Gratitude is more than a posture of the heart - it is a message for the \_\_\_\_\_! (*Psalm 107:1-2; Matthew 12:34; 1 Peter 2:9; Psalm 34:1-3, 35:28, 71:8, 105:1, 109:30; Colossians 3:16*)



# *Taking it further to help you **THRIVE...***

THRIVE Groups are where life and growth take place.

We don't want to just say "See you next week" as we leave each Sunday - we want to connect!

[For more info on joining a THRIVE Group, visit [thrivekg.org/thrive-groups](http://thrivekg.org/thrive-groups).]

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?
2. Why is understanding/embracing who we are in Christ the starting point for living a life of gratitude?
3. Consider this quote by Charles Swindoll: "Gratitude is a decision of the will, and if a decision of the will, the choice resides squarely with us. Deciding to be thankful is no easy task. It takes work." How have you found this to be true? At what time/season in your life has giving thanks been challenging? Why?
4. We said on Sunday that maintaining a grateful heart requires an occasional recalibration of perspective. In what ways has your perspective been 'off'/wrong/improper recently? Where has that taken you? Why can it be so difficult to change our perspective? What 'next step' in recalibration might God be asking you to take?
5. Read **1 Thessalonians 5:18**. Difficult circumstances happen. How can we prevent them from breaking a grateful heart?

