



SET | APART

GENDER · SEX · PURITY



2

Week 11- Purity

Big Idea: What is on the inside will come out.

We are called to live holy, pure, set-apart lives for God. Not simply to glorify God, but because a pure life is the most satisfying and fulfilling life. But, holy living is not simply daily decisions that please God. Holiness is about making our inside pure and our outside pure; because what is happening on the inside will come out.

Matthew 5:27-28

“You have heard the commandment that says, ‘You must not commit adultery.’ 28 But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.”

When it comes to living a life of holiness and purity, when it comes to fighting sin and pleasing God with our lives, God cares about the inside *and* the outside.

3 Big Questions:

- How are you struggling for purity on the outside
- How are you struggling for purity on the inside?
- What can we do about it?
 - Luke 6:45 “A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.”

Student Discussion Questions:

- Is it easier to be pure internally or externally? Explain.
- What is one example of how you are fighting for purity on the outside? (Actions/behavior)
- What is one example of how you are fighting for purity on the inside? (Thoughts/feelings)
- What is one way you can begin to transfer untranslated sexual energy to something good? (Exercise, Intentional Friendship, Responsibilities, etc.)
- What do you treasure? What is the most valuable thing to you?
- What would it look like to treasure God?

Parent Discussion Questions:

- Why is internal purity a big deal?
- When are you most likely to be tempted to think impure thoughts? (Places and Times)
- Are there any responsibilities that you know you are not fulfilling?
- What are you tempted to treasure more than God?