



SET | APART

GENDER · SEX · PURITY



2

Week 7- Sex- What, When, Why?

Main Idea: Sex was created by God to bring unity and enjoyment to a marriage relationship.

Principles:

- God created sex. Sex is not a human invention leaving us as the decider of its purpose. Sex is God's idea and his purpose for sex is the best.
- Sex helps to bring unity to a marriage relationship. Marriage is the legitimate outlet for sex.
- Sex is a great thing. Often times we can think that sex is bad but that is not true. God designed sex to be a very good thing. Just within the context of marriage.
- Sex is powerful. God created this to help bond a husband and a wife, which can bring about much blessing. When sex is used outside of marriage and people who are not going to spend their lives together get connected, it brings about much destruction.

Discussion Questions:

- Why do you think God designed sex for marriage?
- Where is sex showing up the most in your life? TV, movies, friendships, social media, etc.?
- How do you see God's design for sex misused in the lives of others around you, or in media?
- How do you see God's design for sex misused in *your* life, with your own sexual desires?

Questions for parents to ask their students:

1. How did this talk change the way you think about sex? Have you ever thought of sex as bad or embarrassing? Do you now understand that sex is a beautiful gift God created for married couples?
2. Where is sex showing up on your phone/device/screens?
3. How is sex showing up with your friends?
4. Do you feel the freedom to share with me how you are struggling with sex or tempted to experiment with sexual activity? Why or why not?
5. What questions do you have about sex or sexuality? Explain to your student that if they are curious about sex or have any questions that *you*, their parent, are available to talk about it with them.