



Psalm 73

Summary: If we are honest with ourselves, we have all faced some tension between what God says is true, and what our desires say is true. What further complicates that tension is that those who ignore what God says don't always seem to experience immediate consequences. The tension this creates in our soul can disrupt our lives and cause confusion and even doubt. Thankfully, this psalm was written to give language to that tension and to encourage us to pursue God's presence in order to receive a new perspective on God's word, the fate of the wicked, and that our relationship to Him is all that matters!

Questions:

- Do you identify personally with the tension this Psalm writer feels? Why or why not?
- In what area in your life do you most feel the tension between following God and doing what you want?
- Describe a time where you were envious/jealous of someone disobeying God.
- In your life, do you run TO God with your confusion/doubt or AWAY from God? Why?
- What are some ways you can come into God's presence for a new perspective on life?
- If your relationship with God was the most important thing in your life, how would your life change? What would you start doing? What would you stop doing?

Spiritual Homework/Exercise:

Instructions:

- Take some paper (or 3x5 cards) and divide the paper so that you have 5 - 10 separate pieces.
- On each paper, write down something you value/chase in your life. (Ex: Family, Health, Friends, Money, etc). Get really specific and personal!
- Lay all of the papers out in front of you. Now pick up one of those papers, read what it says, and then ask yourself the following question: **"If this was suddenly taken from me, is God enough for me?"**
- Take that paper, and set it aside as if it was no longer in your life.
- Then pick up another paper and repeat the same question: **"If this was suddenly taken from me, is God enough for me?"**
- Put that card aside, and repeat this process until no paper is left.



Summary:

- At this point you are likely thinking something similar to "I have nothing. . . what's the point of living?" This is exactly the place God wants us to be. It is the heart-attitude He desires us to have. Why? Because when we are willing to have nothing, He can be our everything.
- Pray that the words and heart- attitude of Psalm 73:25-26 would be true of you.
- *Whom have I in heaven but you? I desire you more than anything on earth. My health may fail, and my spirit may grow weak, but God remains the strength of my heart; he is mine forever.*