

SESSION 2

A Call to Oneness

Uniqueness

Redemption

Intimacy

Adventure

Oneness: a _____ truth that we _____ into reality.

Then the LORD God said, "It is not good for the man to be alone. I will make a helper who is just right for him." So the LORD God formed from the ground all the wild animals and all the birds of the sky. He brought them to the man to see what he would call them, and the man chose a name for each one. He gave names to all the livestock, all the birds of the sky, and all the wild animals. But still there was no helper just right for him. So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man's ribs and closed up the opening. Then the LORD God made a woman from the rib, and he brought her to the man. "At last!" the man exclaimed, "This one is bone from my bone, and flesh from my flesh! She will be called 'woman,' because she was taken from 'man.'" This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. Now the man and his wife were both naked, but they felt no shame.

— Genesis 2:18-25

Some Pharisees came and tried to trap him with this question: "Should a man be allowed to divorce his wife for just any reason?" "Haven't you read the Scriptures?" Jesus replied. "They record that from the beginning 'God made them male and female.'" And he said, "'This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.'"

— Matthew 19:3-5

For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her to make her holy and clean, washed by the cleansing of God’s word. He did this to present her to himself as a glorious church without a spot or wrinkle or any other blemish. Instead, she will be holy and without fault. In the same way, husbands ought to love their wives as they love their own bodies. For a man who loves his wife actually shows love for himself. No one hates his own body but feeds and cares for it, just as Christ cares for the church. And we are members of his body. As the Scriptures say, “A man leaves his father and mother and is joined to his wife, and the two are united into one.” This is a great mystery, but it is an illustration of the way Christ and the church are one. So again I say, each man must love his wife as he loves himself, and the wife must respect her husband.

— Ephesians 5:25-33

What splits apart oneness?	What builds oneness?

Discussion Questions

1. Where do you find yourself in these two lists? Where have you been able to build oneness, and where have you struggled to build oneness?
2. Share one or two ways you'd like to improve the oneness of your marriage and how you hope to make that a reality.
3. What is one thing you and your wife need to talk about?