



7-Day OAC Love Challenge

DAY 1: Pray for someone hard to love, by name.

DAY 2: Encourage someone (call, text, or note).

DAY 3: Practice gentleness in a tense conversation.

DAY 4: Forgive WITHOUT an apology.

DAY 5: Do a hidden act of kindness.

DAY 6: Reconcile: schedule a talk you've been avoiding.

DAY 7: Invite someone to church next Sunday.