

Psalm 1 + 2 "Pillars on the way to prayer" II II
Psalm 1 = Prayer answers Θ
Psalm 2 = Prayer puts Θ /king on rightful throne \heartsuit
Psalm 3 = What does first actual prayer teach us?

= Prayer is "primal speech" in its most basic form it is calling out for help to Θ

Eugene Peterson

➡ You need help! You need another!
Cry out to Θ for help! Θ LORD

① YOUR NEED FOR HELP

David's Need

How many are my foes ▶ Numerous in size

Many are rising against me ▶ foes are aggressive, situations urgent

Many are saying of my soul ▶ foes allege Θ 's abandonment, dishearten his faith, demoralize spirit
'there is no salvation for him in God.'

back story

"A psalm of David, when he fled from Absalom his son."

II Samuel 12-17

Apply: Accept, own, your need for Θ 's help

1. Both non-Christians + Christians need
God's help David chosen king of LORD Θ

"the human condition teeters on the edge of
disaster. Human beings are in trouble most
of the time." E. Peterson

2. Your need for help is both self-inflicted
and from outside of you David/Absalom

➡➡➡ Pride + self-pity both sabotage dependence on
 Θ "Your inability to recognize the common
denominator in all your problems is you." Erik

3. You need Θ when the things you have trusted
in for salvation fail you shield, glory, lifter of head
Examples: people you trust betray you, leave you
Son/daughter, your glory, disappoints, disgraces you

➡➡➡ You need help from another! Cry to LORD help
"I only pray when I am in trouble. But I am in
trouble all the time, and so I pray all the time."
Isaac Bashevis Singer

② THE LORD GOD'S HELP

1. Θ Himself is the help "but you, O LORD"
Are a shield around me
My glory
And the lifter of my head

2. Θ 's help is personal, not general and so provides deep soul rest/confidence

I cried aloud to the LORD, and he answered me

I lay down + slept; I woke again b/c the LORD sustained me.

I will not fear, be afraid of many thousands...

→ future, imagines even worse

How? What practically speaking is the LORD'S help in the real world? Is this just a mind trick, "crutch to deal w. life"?

3. Θ 's Help is of the Sovereign King

Ex 15 You answered me from your holy hill,
i.e temple Mount

backstory David's trust in Θ → Θ 's help

Sum My Case: Salvation is of the LORD, the whole Bible a series of salvation stories that culminate in JESUS SAVIOR OF WORLD
foreshadow Jesus ... David weeping Mount of Olives
Jesus weeping on Mount of Olives

Apply Call on the LORD for help, real world help

1. Thru Jesus, Θ King is your Father My dad's help

2. Stop trying to save self → trust Θ brings Θ glory, you joy Arise, O LORD, Save me...