

3) REST a word that evokes the longings of our ♥

Right? MOSES + JESUS ► REST COMPARISON

☞ Story a historic ► doctrinal term  
loaded w. meaning

➡ Strive to enter ☞ Rest TODAY

① What ☞ Rest is?

1. Story of Exodus ► ☞ Rest is Canaan

Psalm 95 ► Exodus 17:1-8 + Numbers 14

2. Story of Creation ► ☞ Rest is ☞  
being in restful delight/enjoyment ►

☞ Happiness vs 4:4 Harold Attridge  
"Sabbath Rest for the people of ☞" 4:9

3. Story of Christ ► ☞ Rest is the  
rest of faith, through Jesus being  
☞ delight, i.e. resting from one's works 4:10  
Feather in Forest Gump

= Deep soul rest in ☞ presence under ☞ joy !

Can't you see how this is/might be your deepest longing? Studies show how we want to be a delight, cherished by parents + other important people. The Absence of this is **A Type Wound**, Rest of being  $\Theta$ 's delight vs loathed by  $\Theta$  **Psalm 95:10**

② What keeps you out ?

**☒☒** = UNBELIEF "hard heart" (vs 8),

"take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God" (vs.12)

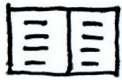
"rebelled" (vs.16)... "disobedient" (vs.18). "So we see that they were unable to enter because of unbelief." (3:19)

You are responsible for unbelief

No other sin bars the gate to Heaven, to  $\Theta$ ; but unbelief does!

**Christian** I'm O.K. b/c I already believe  
Warning is written to Xtians! "Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living  $\Theta$

### ③ How do you get in and stay in God's Rest



Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it 4:1

#### 1. GET IN BY FAITH

Good News [Not religious works, Cf. Hebrews]

+ Faith

= Enter God's Rest

"Come In" Louisa May Alcott Some of you so close, searching, wrestling, wondering

TODAY <sup>vs. 7</sup> cast yourself on Jesus. Faith doesn't save. Faith grasps Jesus who brings you into God's REST. Wind beneath feather

#### 2. STAY IN BY FAITH ▶ We are responsible for each other's faith!



Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. But exhort one another every day, as long as it is called 'today,' that none of you may be hardened by the deceitfulness of sin... hold our original confidence to the end.

3:12-14