

Why preach from the Psalms?

"Spiritual Treasury" Quotes

But why me? My congregation? This time + place?

① To nurture your personal relationship w. Θ

☰☰ Psalm 22 ▶ 2 Parts

1. I - You language 22:1-21

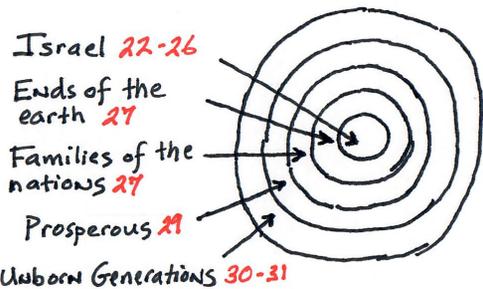
Psalms, David, model this "I-Thou" M. Buber

Saint Nurture your I-You relationship w. Θ

Peterson, LORD Θ is the great condition of the Psalms

2. Expanding circles of praise of LORD Θ vs. 22-31

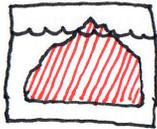
Passion of David's \heartsuit , Psalm 22, Psalms



Seeker Invite you to "turn to the LORD" vs 27 in praise + worship. "Dare greatly" b/c nothing higher than this to aim at

Examples

② To grow you in an emotionally healthy spirituality Peter Scazzero



Emotional health + spiritual maturity are inseparable

Iceberg = deep layers of our emotions unaffected and unmoved by rel. w. Θ

Why the Psalms? John Calvin ↘

☰☰ Psalm 22

✦ Θ -forsakeness My God, my God, Why...

✦ Θ -praising Yet you, vs. 3-5, 9-11, 19-21, 22ff.

Put it at few ways:

1. Psalms w. their notes of lament + praise will stretch you beyond your comfort zone of emotions

Are you playing it safe, holding back, avoiding risk in your relationship w. Θ ? Holding back w. Julian

2. Psalms give you permission to wrestle w. Θ , doubt, lament + shout Hallelujah

"Holding Space" Concept

3. Psalms as poems/songs a  to unlock your 

So hard! Can I really go there w. God?

③ To meet the towering figure of the Psalms

David? He did write approx 1/2 of Psalms, but no.

David king + Psalms point to ultimate Messiah

Every Psalm Messianic "every psalm whispers his name."

☰☰ Psalm 22, Case Study

1. Psalms were prayer book of Jesus. He absorbed them, understood his life by them + quoted them: "My God, my God, Why?"

✝ Jesus experience God-forsakenness on Cross for praise of the nations, i.e. crucifixion

2. Psalms contain prophecies of Messiah, Jesus
Matthew 27:35, Hebrews 2:12

3. Psalms portray Jesus' purpose to bring a vast host from every nation, tribe, people + language to worship/praise ☉ Rev. 7:9

See how Jesus is key  to unlock your ♥, heal + draw forth your full-orbed emotions w. ☉?

☑ If (He) grieved, lamented, despaired, questioned so can you!

☑ If (He) suffered God-forsakenness on the cross to make you a worshipper, shout Hallelujah w. all your ♥