

3 SONGS OF ASCENT ▶ Pilgrim Psalms, but also  
"ascent of soul" ... Spurgeon "It is one of the  
shortest to read but longest to learn" ... For Me

SEE HOW COUNTER-CULTURAL CHRISTIAN MORAL  
BEAUTY IS

## ① The Beauty of Humility

☰☰☰ Look into David's ♥ before ◉ Psalm 131

☑ Humility is high/est? biblical virtue Puritan  
Thomas Brooks: Job, Abraham, Isaiah,  
Peter, Paul, add David

☑ Augustine "humility, humility, humility"  
C.S. Lewis on chief/greatest sin = pride

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Line in the sand

From Nietzsche's "transvaluation" to contemporary  
society of self-promotion, self-assertion,  
self-seeking our culture rejects the moral  
beauty of humility

CAN'T BE BOTH! WHICH IS IT?

How does your ♥ feel around proudy, haughty  
people? Drawn to David's ♥? If so... COME ON ➡

## ② What it is NOT / What it IS

### 1. [Inscription OF David] O LORD

NOT smarmy, soft, weak *Dickens' character*

BUT strength before ALMIGHTY GOD

*Thomas Brooks ... David*

### 2. *My heart is not lifted up*

NOT about external role, office, prestige,  
#, *David is a king*

BUT about the internal state of one's ♥  
as it is seen + known by Θ

*"Pride looks down on others"*

### 3. *My eyes are not raised to high*

Not about lack of ambition and passivity

But vs. presumption accepting the sphere  
Θ has appointed you, roles he has given,

*i.e. "overestimating and overreaching  
oneself" Derek Kidner*

*David's example*


4. I do not occupy myself with things to great and to marvelous for me.

This mean?

- ☑ Conversation in College
- ☑ Daily Bread

Not a lack of intellectual curiosity  
But soft-hearted resignation to  $\Theta$ 's will

David ... Jesus, Philippians 2

5.  But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

Not action to get  $\Theta$ 's gifts  
But action "I have calmed..." to rest in  $\Theta$

ISN'T HUMILITY BEAUTIFUL? DON'T YOU WANT IT?

**TEST** Thomas Brooks "The properties of humble souls"

How do you get it? = Hope in the LORD from this time forth + forevermore... Thomas Brooks "A humble soul lives not upon himself, nor upon his actings, but upon the LORD JESUS, and his actings."