

COME TO ME

Matthew 11:27-30

BIG IDEA: Jesus has the authority to give rest because He is exactly who He says He is.

MAIN TAKEAWAY: Come to Jesus. Follow Jesus. Rest in Jesus.

1. COME TO ME

Matthew 11:28: Jesus doesn't invite us to religion, rules, or performance. He invites us to Himself.

Supporting Scripture: Isaiah 55:1

Application: Bring your burden to Jesus.

"The answer to your burden is not a better plan; it's a better Person."

2. TAKE MY YOKE

Matthew 11:29a: Jesus is not rejecting the Law; He is fulfilling it. The Law pointed to Christ, and Christ is the destination.

Supporting Scripture: Matthew 5:17

Application: Follow Jesus, not just rules.

"The Law was always pointing somewhere—or rather, to Someone."

3. LEARN FROM ME

Matthew 11:29b: Jesus invites us into relationship, not merely religion. His heart is gentle, humble, and approachable.

Supporting Scripture: Philippians 2:5-8

Application: Know Jesus. Know His heart.

"The Pharisees used authority to burden. Jesus uses authority to restore."

4. FIND REST

Matthew 11:29-30: Rest is not found in avoiding responsibility. Rest is found in walking with Jesus.

Supporting Scripture: Jeremiah 6:16

Application: Walk with Jesus. Find rest.

"Many people want rest without surrender."

MATTHEW 12: THE PROOF OF THE INVITATION

The Grain Fields (Matthew 12:1-8): The Pharisees saw a violation. Jesus saw people.

The Withered Hand (Matthew 12:9-13): The Pharisees saw a trap. Jesus saw someone worth restoring.

The man reached before he was restored.

Application: Reach before you see.

REFLECTION

- What burden am I carrying that Jesus never asked me to carry?
- Am I following Jesus or merely following religious habits?
- What would it look like for me to "stretch out my hand" in faith this week?

CLOSING THOUGHT

"The burden is yours to bring. The rest is His to give."