

## **SOUNDTRACK: Encountering Jesus in the Songs of Scripture**

### **Week 7: Psalm 1**

**Introduction:** This first Psalm stands as a kind of introduction to the rest of the Psalms. Its subject matter is very general and basic, but it touches on two subjects that continually occur throughout the Psalms. It declares the blessedness of the righteous and the misery and future of the wicked.

Our spiritual life is set forth negatively and positively, inwardly and externally, figuratively and literally. Above all else, Psalm 1 summarizes all that is to follow in the rest of the Psalms, and, for that matter, in the rest of Scripture.

It presents two ways of life: the way of the righteous and the way of the wicked. However, the key subject is the centrality of God's Word to the life and fruitfulness of the righteous who truly love His Word. Two great thrusts flow out of this: (a) the importance and absolute necessity of the Scripture, and (b) the changed character, stability, and fruitfulness it promises to those who make Scripture the core of their lives.

**The Big Picture:** The best life we can live is found deeply rooted in God's way!

#### **Discussion:**

##### **Share:**

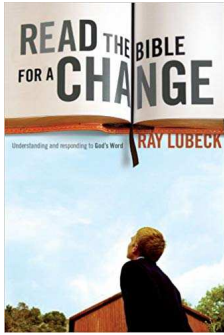
- Who are some of the most positively influential people in your life? How do they help make you a better person?

##### **Discuss:**

##### **Sermon Review:**

- Re-read Psalm 1.
- Review the sermon from this week. Write down any questions or thoughts that stand out to you as you review the sermon together. Discuss them as a group.  
Link: <https://www.cornerstonecrystal.org/messages/>
- Do you agree or disagree that the people we hang around can shape the way our lives play out? Why do you think this?
- Make a list of your life foundations. Rank them in order. How do these foundations affect: Your desires? Your successes? Your struggles?
- What are ways that we can respond to God's word? Which of these responses is easiest for you? Which is most difficult?

### Further Exploration on this Topic:



*Read the Bible for a Change: Understanding and Responding to God's Word*  
by Ray Lubeck

**From the Publisher:** Which Bible passages are for us today and which only apply to the first audience of ancient readers? Can we just pick and choose the verses we think fit our situation? Who gets to decide?

In *Read the Bible for a Change*, Dr. Ray Lubeck helps readers correctly understand and relate the Bible to their lives. If you are serious about your relationship with God and committed to responding faithfully to his Word, this book is for you.

Ray has devoted his life to helping people discover for themselves God's truth and see how it relates to their everyday, practical living.

This book will show you how to:

- Read each passage in its larger biblical context
- Understand the effects of its literary style
- Recognize the meaning of a text
- Hear God speak through the Bible's human authors
- Identify the life-changing truths that apply to life today
- Bring pleasure to God by obeying His Word

Link: <https://www.amazon.com/Read-Bible-Change-Understanding-Responding/dp/1932805362>