

BEING HUMAN:

Week 3 Family Discussion Guide:

Knowing Jesus through the Bible

Parents, this is for you and your kids to have an honest conversation about Jesus together.

Activity:

This is a fun activity if you have the supplies at home.

Supplies:

- Apple
- Onion
- Raw Potato
- Blind Fold

Prepare the apple, onion and potato by peeling and slicing each into rounds. Blindfold one volunteer person and have them pinch their nose so that they cannot smell.

With the nose pinched, allow the blindfolded person to taste each of the three items. Ask them to identify apple, onion or potato after each bite.

Record the responses. Let others try who want to do so. Repeat until all who want to participate have.

Ask:

Was it hard to tell which was an apple onion or potato? Why do you think it was hard?

Science answer: Our sense of smell and taste work together to help us identify what we are eating.

Discussion:

How do we know about God?

Possible Answers: Nature, The Bible, Church, etc.

Did you know that God shows us who he is through Jesus? (Read: Hebrews 1:1-3)

How do we know about Jesus? (Read Matthew 1:1; Mark 1:1; Luke 1:1-4; John 20:30-31)

Matthew, Mark, Luke and John are called The Gospels or Books of Good News and they tell about Jesus. In fact, all of the Bible tells us about Jesus.

If Jesus tells us about God and the Bible tells us about Jesus, do you think we need to read and know our Bibles?

If we took the Bible away, how can we know about Jesus? Would taking the Bible away be like taking one of our senses away and trying to figure out if the bite we took was an apple, potato or onion?

I think it would be like that. We need the Bible to know Jesus. We need to know Jesus to have relationship with God.

Let's take some time and pray together.

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Week 3 Discussion Guide:

Sexuality

From the beginning humans are made by God to be sexual beings and that was good! However, for many of us, sexuality is often anything but good. Many have suffered painful wounds, physically and emotionally, caused by the tensions of human sexuality. Some of us have been taught that talking or thinking about sex is not biblical, but shameful. How do we as humans reclaim in Christ what God made to be good in our sexuality? That is the discussion we enter now.

INITIAL DISCUSSION:

At what age, if at all, did your parents have the “TALK” with you?

If you are a parent, when, if at all, have you had the “TALK” with your kids?

If you have younger kids, how do you think this talk will go?

Why do you think Christians avoid talking openly about a Christian view of sexuality?

THINKING THEOLOGICALLY:

Pastor Jeremy said that “sexuality is far more about identity than morality”. Do you agree or disagree with that statement? Why do you think this?

People often make too much or too little about human sexuality. Where do you think you fall in the conversation?

Making too much about sexuality can make one hyper-obsessive or hyper-repressive. How do each of these attitudes dishonor God’s intentions with sexuality?

Making too little of sexuality obscures desire and eliminates boundaries. How do these attitudes dishonor God’s intentions for human sexuality?

“Sex is good, but it is not ultimate.” How does this statement help you experience freedom with Christ when it comes to your own expression of human sexuality?

APPLY the WORD:

Where do you struggle the most with your own humanity when it comes to sexuality?

Where do you need Jesus to renew, restore or reset your views on human sexuality?

Turn these struggles and needs into a prayer of response today.