

FAMILY CONFIRMATION

Worksheet #22

“The Nature of the Sacrament of the Altar”

Memory Work: What is the Sacrament of the Altar? It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ Himself for us Christians to eat and drink.

Where is this written? The holy Evangelists Mathew, Mark, Luke, and St. Paul write: Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the **disciples and said: “Take, eat; this is My body, which is given for you. This do in remembrance of Me.” In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying, “Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins, This do, as often as you drink it, in remembrance of Me.”**

1. Who instituted the Sacrament of the Altar? See Question 348.
2. What does Christ give us in this Sacrament? See Question 349.
3. Why do we take the words “This is my Body” and “This is my blood” at face value? See Question 350.
4. What are the earthly elements Jesus uses in this Sacrament? See Question 351.
5. How then are the bread and wine in the Sacrament the body and blood of Christ? See Question 352.
6. Do all communicants receive the body and blood in the Sacrament, whether or not they believe? See Question 353.
7. What does Christ command when He says, “This do in remembrance of me”? See Question 354.
8. Does the bread and wine merely symbolize the body and blood of Christ? See Question 359
9. Do Christ’s body and blood replace the bread and wine? See Question 360.

Prayer: Close your study with the prayer on page 330 of the Catechism.

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