

Giv03 - **The Blessing of Brokenness - Psalm 51**

Last week - in the msg titled "Brokenness"

We said Brokenness was a "Condition of the Heart"
& so can be defined in a number of ways

today I want to talk about a HEART Condition
of Being Broken over our SIN

Of this "Brokenness" - One writer said:
Brokenness is the on-ramp to the road of Repentance

Another said: *Brokenness is coming to the end of our self-life*
& recognizing our only hope is in the Grace & Mercy of God

Jesus reserved the 1st Beatitude for the BLESSING of Brokenness

Matthew 5:3 (ESV)

3 "*Blessed are the poor in spirit* (broken over their sin),
for theirs is the kingdom of heaven.

The BLESSING of BROKENNESS
Is what I'd like to talk about today

Let's Pray

Today, I'd like to go thru Psalm 51 - in the context of Brokenness

There are other things that can be studied in Psalm 51 (& should be)
But today - the Focus is - BROKENNESS

At least a YEAR Prior to David writing Psalm 51

He had committed **TWO Sins** (Adultery & Murder) -
For which there was **NO ATONEMENT** in the Law

& for a YEAR David had been Living under the Weight of His **GUILT**
While he was **COVERING his sin** - with his PRIDE

Until one day - the Holy Spirit - Thru a Prophet named **NATHAN** -
CALLED David on his sin - in a very **POWERFUL way**

& Finally . . . Finally - Psalm 51 is David's **BREAKING** -
His **Repentance** - & his **Restoration** to God

Psalm 51 was written - out of David **KNOWING** -
His **ONLY HOPE** - was in his **BROKENNESS** before the Lord

We're going to go thru **ALMOST ALL** of Psalm 51

& again - I'm **ROUGHLY** using Damian Kyle's **OUTLINE** (*approach*)
with **my own expressions** & **illustrations**

& I do that really as an **acknowledgement** - of **how much**
Damian Kyle has **taught me** on this subject

(I was w/ him this week - but didn't get the chance to share)

So - Let's look at the **BLESSINGS**
that **Brokenness Brings** into our **LIVES** - **Thru Psalm 51**

In v.1 - **Brokenness** Brings us **back**
to a **FULL RELIANCE** on God's **Grace** & **Mercy** - **ALONE**

Psalm 51:1 (ESV)

1 Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.

Brokenness Brings us back

to a **FULL RELIANCE** on God's **Grace** & **Mercy** - **ALONE**

David had committed sins for which there was **NO ATONEMENT**

There was **No Provision** in the **Law**

To **Cover Over** (atone) for **these sins**

That **means** there was **nothing DAVID** could **DO** on his **own**
to be **made right** with God

His **Absolute ONLY Hope** was - to **throw himself** completely
on God's **MERCY** - & **God's Steadfast Love** (His *Hesed*)

& it is **SO EASY** for us to **move away** from a **Real Acknowledgement**
of our **constant NEED** for God's **Grace** & **Mercy**

We **start thinking** we're "***Alright***" - We're doing "***Pretty Good***" -
"***I think God's pretty happy with me***"

& we **So Easily begin** to forget that w/**o God's Constant GRACE** -
we **would** be **Helpless, Hopeless,** & only under **God's Judgment**

The BLESSING of Brokenness Brings us back

to a **FULL RELIANCE** on God's **Grace** & **Mercy** - **ALONE**

In v.2 - Brokenness gives us a **Constant Desire**
to **Live** a **PURIFIED LIFE**

Psalm 51:2 (ESV)

2 Wash me thoroughly from my iniquity, and cleanse me from my sin!

It's **so easy** for us to begin to **accept**

Un-holy thinking - **Un-holy attitudes** - & **Un-holy actions** -

But **The BLESSING of Brokenness** gives us a Constant Desire to be **WASHED** from our **Iniquity** - to **Cleansed** from our **Sin**

& **please** hear me - - **PRIDE** is the Opposite of **Brokenness**

& **PRIDE** - keeps us **BLIND** to the **un-holy areas** of our life

Brokenness - gives us a **Constant Desire**

to live a **PURIFIED** Life - **Cleansed** from Sin

PRIDE - gives us a **REASON** - & a **METHOD** - to **cover up** & **deny**

the **Unholy areas** of our lives - **leading** to our **destruction**

Brokenness **KEEPS** us in the **TRANSFORMATION** Process -

Because it gives us a **Constant Desire** to Live a **PURIFIED LIFE**

In v.3 - **Brokenness** brings a **HUMILITY**

that **allows me** to admit when I'm **WRONG**

Psalm 51:3 (ESV)

3 For I know my transgressions, and my sin is ever before me.

Have **you ever** had the **difficult experience** of **interacting**

with **someone** who is **ALWAYS RIGHT** (in their own eyes) ?

That **comes** from **HIGH Pride** & **LOW Brokenness**

But Brokenness allows me to **quickly admit** when I'm **wrong**

In Fact **Brokenness** causes me to **admit**

I **MAY very well be wrong** & **not even know** it -

It is so **FREEING** to be a **Sinner Saved** by **GRACE**

& to **have** the **HUMILITY** to **know** at any **given moment** -

I **may** be **wrong** - & **may** even be **operating** in a **sinful state**

& if that **sounds WRONG** to you -

you **may want** to take my **#1 Pride test**

My **#1 Pride test** is a simple question - ***“How often are you RIGHT?”***

& the **MORE OFTEN** you're **RIGHT** - **the more** you **may**
truly **need** the ***Blessing of Brokenness*** in **your life**

In v. 4 - Brokenness allows us to **Understand, & Admit,**
the **True Impact** of our **Sin**

Psalm 51:4 (ESV)

4 Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment.

Brokenness brings a Deep **REMORSE** -

for **what** I've **done to God** - & what **I've done** to **HIS Name**

God, this is against YOU, that I've done this

I've belittled your name - I've sinned against YOU

Brokenness is not **REGRETTING** the **Consequences** of your **Sin**
It's **understanding** the **TRUE IMPACT** of your Sin - **Eternally**

It's **interesting** - to **COMPARE** how **David** got taken down
by his **sin with Bathsheba**

to how **JOSEPH** handled a **similar situation**
with **Potiphar's** wife - in **Gen Ch 39**

David had **plenty of warnings** as he **plowed forward** into his sin -

But David **justified**, **rationalized**, & **schemed**
- **ALL** signs of **SELF-Centered Pride**

Joseph (on the other hand) - **Said** to **Potiphar's** wife -
when **SHE** was **trying** to get **Joseph** to commit the **SAME Sin** . . .

In Genesis 39:9 - Joseph told Potiphar's wife (ESV)
9 . . . How then can I do this great wickedness and sin against
God?"

How can I do this **TO GOD** -
& **DRAG** God's **name** thru **the mud** like that

Brokenness allows us to **Understand**, & **Admit**,
the **True Impact** of our Sin

In v.5 - Brokenness gives us a **CORRECT VIEW**
of our **OWN Sin Nature**

Psalm 51:5 (ESV)

5 Behold, I was brought forth in iniquity, and in sin did my mother conceive me.

I was **BORN** a **SINNER**

I **LIVED** as a **SINNER** - **BEFORE** I was Saved

I've been at **WAR** with Sin - **SINCE** I've been Saved

Paul had this SAME Understanding in Romans 7:18 (NLT)

18 And I know that nothing good lives in me, that is, in my sinful nature . . .

Paul goes on to say in **v.24** - ***Oh, wretched man that I am - who will Deliver me from this body of Death***

<p><u>Brokenness</u> gives us a <u>CORRECT VIEW</u> of our <u>OWN</u> Sin Nature - <i>& it - is - UGLY</i></p>
--

But notice in v.6 - **Brokenness** brings us back
to **TRUTH & WISDOM** from God

Psalm 51:6 (ESV)

6 Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart.

True **Brokenness** - Keeps us **HONEST** & **TRUTHFUL** with God
Enabling Him to **Teach** us, & **Transform** us

David had been **living** this **crazy LIE** for a **YEAR** - **Before God**

in his Pride - David **thought** he **could**
continue living with God **without dealing** with His **sin**

But Brokenness freed him from that crazy Lie

Brokenness keeps SHORT accounts with God

But Pride causes us to try to sweep sin under the rug
thinking maybe God won't LOOK there

In fact - Just like there are tests for Pride
there are similar tests for Brokenness

One sure-fire test is the amount of time between your sin
& your repentance - both to God & to another person if necessary

The longer we struggle with confessing our sin & repenting of it -
the further away from Brokenness we are

Brokenness lives in TRUTH - at the CORE of who we are

& BECAUSE of Living in that Truth - (v.6 also says) Brokenness
brings the wisdom of God - Alive in my heart again

In Brokenness God can teach you - -
in PRIDE - You are a very POOR Student

Brokenness brings us back - to TRUTH & WISDOM from God

Then - In v. 7-8 - Brokenness brings a return
of JOY & GLADNESS to our lives

Psalm 51:7–8 (ESV)

7 Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow.

8 Let me hear joy and gladness; let the bones that you have broken rejoice.

David says “Purge me with Hyssop” - which was the branch used to sprinkle the BLOOD of Atonement

David is saying - “Purge me with THE BLOOD” & I shall be clean - WASH me (again implying blood) & I shall be whiter than snow

In his Brokenness - David wanted SO BAD to be returned to the Joy & Gladness of his salvation in the Lord

His life had been SO DRY -

Separated from the Lord by his SIN - He had lost all his Joy

When were carrying the WEIGHT of our sin -

We are CRUSHED under it - it is constantly SUFFOCATING us

After David’s Confession & Repentance in Psalm 51 -

Looking back on the crushing burden of his unrepentant sin . . .

He wrote Psalm 32 - is called a “Psalm of Instruction”

Psalm 32:1–5 (NLT)

1 Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight!

2 Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty!

3 When I refused to confess my sin, my body wasted away, and I groaned all day long.

4 Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.

5 Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the Lord." And you forgave me! All my guilt is gone.

That is **SUCH** a **GREAT 5 Vs's** -

May we ALL be able to **say exactly That** with David

When I confessed my sin to you, Lord, and stopped trying to hide my guilt - You FORGAVE me! & All my guilt is GONE!!

Augustine said of this Psalm ***"The beginning of knowledge is to know oneself to be a sinner"***

Brokenness DOES that

<u>THRU Brokenness</u> - God <u>Forgives</u> , & God brings a <u>Return</u> of <u>JOY</u> & <u>GLADNESS</u> to our lives
--

v.9 Closes David's **Acknowledgement**, & **SHAME**, of his sin

Psalm 51:9 (ESV)

9 Hide your face from my sins, and blot out all my iniquities.

David was **ashamed** to have **God look upon** his sin

His **BROKENNESS** allowed him to **confess that** to **God**

& **the word** - ***iniquity*** means **GUILT** - & to **BLOT OUT** his **guilt**
is to **REMOVE it** from the **Legal Record**

David has been CRYING OUT to be CLEANSSED from his SIN

But more importantly - in v.10 - David cries out for God -
to create in him a Clean Heart & Renew in him a Right Spirit

Psalm 51:10 (ESV)

10 Create in me a clean heart, O God, and renew a right spirit within me.

Brokenness is what LEADS us to Make THIS CRY to God

God, Please FORGIVE me of my sin

& please Create in me a CLEAN Heart,

& Renew RIGHT (steadfast, loyal) spirit within me

It is Brokenness that gets us to this place . . .

WHERE we recognize our life & death NEED for:

1) FORGIVENESS of our Sin

2) And for God to CREATE a CLEAN HEART in us

3) And RENEW a RIGHT SPIRIT in us

& make a note of this - the Hebrew word for CREATE (in me a clean heart) that is the famous word BA-RA

Which means ***"To Create Out of Nothing"***

Brokenness causes us to CRY OUT to God - ***To Create in us
a Clean Heart & Renew in us a Right Spirit***

in v.11 - Brokenness brings an earnest desire
for what is MOST important in our lives

Brokenness clears the fog of wrong thinking - & allows us to see

*Truly Lord, what I need is YOU - Personally -
I need your PRESENCE Lord - I need YOU with me*

Psalm 51:11 (ESV)

11 Cast me not away from your presence, and take not your Holy Spirit from me.

The most wonderful & joyful time for a Christian - is to sense
the "Tangible" Presence of God

To know that you are Really, Truly in His Presence
& to know His Holy Spirit is strengthening you

To know GOD is:

the wind in your sails - the foundation beneath your feet,
your Guide - Source - Provision - Safety - & Peace

<p><u>ALL</u> that God <u>IS</u> to you - <u>comes IN</u> His <u>PRESENCE</u> & it <u>comes THRU</u> His Holy <u>Spirit</u></p>

David KNEW - what he Truly needed

was to be BACK in God's PRESENCE -
with the Holy Spirit Falling Upon him Again

& David KNEW that his Prideful- Unrepentant sin - had separated
him from the Presence of God - & from God's Holy Spirit

David Knew - what Isaiah later wrote in Isaiah 59:1–2 (NLT)

1 Listen! The Lord's arm is not too weak to save you, nor is his ear too deaf to hear you call.

2 It's your sins that have cut you off from God. Because of your sins, he has turned away and will not listen anymore.

**UN-Confessed & UN-repented Sin -
Separates you from God's Presence**

Sometimes we think (in our Pride)

God has just **ARBITRARILY** turned away from us

BUT - ISA 59:1-2 says that is NOT what has happened

Brokenness allows us to:

SEE our own sin

CONFESS it to God - & **REPENT** of it

& Be **RESTORED** to God's **Presence** - & **Power** of His **Holy Spirit**

THAT is why we call it - "***The BLESSING of Brokenness***"

& in **v.12** - **Brokenness** brings a **Fresh JOY** of our **Salvation**

Psalm 51:12 (ESV)

12 Restore to me the joy of your salvation, and uphold me with a willing spirit.

We **tend to think** we need **THIS** from **God** - or **THAT** From **God** -
Even **questioning God** if He **doesn't give us** what we expect

But **Brokenness** **FIXES** all that

Brokenness brings us **back** - to **being JOYFUL** that **we're SAVED**

**God I'm just so thankful that you saved me, adopted me,
& are caring for me - thank you for that joy, Lord**

David **didn't LOSE** His **Salvation** - He lost the **JOY of his Salvation**
& **you & I** can **easily** do the **same thing**

& the **#1 culprit** for **LOSING** the **JOY** of our **Salvation**
IS Sin in our lives - **Covered Up** by the **Pride** in our **hearts**

& **That Sin - Covered up** by that **PRIDE** -
Causes us to **LOSE** the **Joy** of our **Salvation**

Brokenness causes us to **PRAY** - *Lord, Restore me to the JOY of
your Salvation . . . and uphold me with a willing spirit,*

Meaning - Give me a **WILLING Spirit** to do **what's right** before you -
to **OBEY** you, to be in **RIGHT Fellowship** with you

Then . . . Then . . . Then . . .

THEN - I can get **Back** in the **Hunt** -
THEN - I can get **Back** in the **Battle** -
THEN - I can get **back** to **SERVING** you . . .

Psalm 51:13 (ESV)

**13 Then I will teach transgressors your ways, and sinners will
return to you.**

Brokenness brings a **fresh JOY**
of just **BEING** in the **Service** of the **Lord**

Bring me back Lord, make my **heart right**
then I'll be **able** to be **used by you** again - **for your Glory**

***THEN I can teach transgressors your ways,
& sinners will return to you***

***Lord, I can't be used by you in my PRIDE -
I can't be used by you if I'm Harboring Sin in my heart***

**& so Lord, I come in Brokenness - desiring to be made RIGHT
So I can get back into the battle for souls -
So I can be used by you again, Lord**

Brokenness gets us BACK into the Service of the Lord

In v.14-15 - Brokenness brings us into True Praise & Worship

Psalm 51:14–15 (ESV)

***14 Deliver me from bloodguiltiness, O God, O God of my
salvation, and my tongue will sing aloud of your righteousness.
15 O Lord, open my lips, and my mouth will declare your praise.***

Charles Spurgeon said:

“A great sinner pardoned, makes a great singer”

& man - that is the truth

You can **EASILY SEE** - A **Direct connection**
between **BROKENNESS** and **WORSHIP**

Broken people WORSHIP GOD -

For **WHO** He **IS** - & **WHAT** He's **DONE** for them

**I don't mean how EXPRESSIVE or NON-EXPRESSIVE they are
I mean - WHETHER or NOT they're Worshipping, in any way . . .**

It's very hard for a Person LOCKED UP in Pride - to really WORSHIP

Brokenness FIXES this problem

Coming to God as a Sinner Saved by His Grace & Mercy ALONE
Un-Worthy & Un-Deserving,

Yet coming boldly to worship Him for ALL He's done for us

Brokenness brings us into True Praise & Worship

& then finally - in vs's 16-17 -

are the famous SUMMARY Vs's of Brokenness

Psalm 51:16-17 (ESV)

16 For you will not delight in sacrifice, or I would give it; you will not be pleased with a burnt offering.

17 The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.

There was nothing David could "DO" to make himself "Right" w/ God

Nothing in the Law - NO Sacrifice -

NO Offering could ATONE for his sin

& David realized - those "ACTIONS" (in & of themselves)
aren't really what God wants - Anyway

The TRUE Sacrifice to be Given to God -

is the Sacrifice of a BROKEN SPIRIT (*opposite of Prideful spirit*)

A Broken & Contrite Heart - God will NOT Despise

God will NOT Reject a Broken & Repentant Heart

God WILL, & DOES REJECT -

Just **Going thru** the **MOTIONS** of **Religious Offerings**

But **God** will **NEVER Reject**

a **Truly Broken, Contrite, Repentant** Heart

If **YOU come** to Him with **THAT heart**

He will **NEVER reject you - NEVER**

What God wanted from David - **Was his Heart -**
Broken & Contrite over his Sin

God wanted David to be **BROKEN BY** his **SIN**

So he **could be Restored** to the **JOY** of his **Salvation**

That was **What God** wanted - **That is ALL** God **EVER Wants**

From **every ONE** of us - **who** are **just as big a sinners** as David

God **doesn't want** you '**Going thru the MOTIONS**' -

God wants your **HEART**

God wants us **BROKEN** over the **SIN** & **Spiritual Apathy** in our Lives

& **then** - **MOURNING** that **Condition**

God wants us to **Humbly** & **Passionately seek** His **Mercy** & **Grace** -

to **REVIVE us** & **RESTORE us** - to the **JOY** of **our Salvation**

THAT is - The Blessing of Brokenness

Let's Pray