

## **1Yr14 – A Day in The Life of Jesus Mark 1:21-39**

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Open your Bibles. Title of the Message this morning, “A Day in The Life of Jesus.” We’re going to Mark, continuing our One Year With Jesus series.

It’s time, you might say finally in our fourteenth message, for us to reach the middle section and kind of the heart of the ministry section of Jesus Christ. We’ve seen the beginning, and before the beginning, we’ve seen the ramp up to the ministry years of Christ. So much of the gospels, more than you think, are focused on the Passion Week, the last week of Jesus Christ. Well, in between the ramp up and the Passion Week, in that center is kind of the ministry time. It’s just the day to day ministry life of Jesus.

And please hear me when I tell you, this is the most joyful time of Christ and his disciples being with the people. This is the most peaceful time in the Galilee, where Emmanuel, God is With Us. It is the most wonderful, miraculous, peaceful, joy-filled time of the ministry years. This section that we are in, in the life of Christ, is why I love the Galilee so much. And if you’ve been there with us, you know. The Galilee just feels like Jesus has just been here forever, it’s just soothing. You sense his life there in the Galilee moving along the shores, moving through the green fields and the small towns. Just life with Jesus. Life with Emmanuel. God With Us, walking on the shores and healing and eating with people and moving from town to town. He’s teaching, he’s rebuking, he is God With Us. And it’s this unique, incredibly inspiring, loving time between his radical ramp up of his incarnation and his eternally radical Passion Week, the last week of his life.

So, I thought today we would just join him on one of his ministry days. We are just going to jump in and follow him as he moves through the Galilee.

*Let’s pray. Lord Jesus, put us in the Galilee. God put us there spiritually today. Put our hearts there and put our minds there and allow us to sense you moving through the place you really chose to call home. Lord you had to go to Jerusalem. You set your face as a flint toward Jerusalem. Jerusalem is where our souls were saved for eternity. But in the Galilee you lived and you laughed and you smiled and you loved and you healed. You embraced friends, God. Lord you were real, you were passionate, you were incredible. You are incredible today, Lord. Put us in that place with you in the Galilee today we pray. In Jesus’ name, amen.*

I think unfortunately that many of us kind of gloss over this middle ministry time of Christ. If we’ve been around awhile, we kind of know. We can skim through the gospels and say, “Yeah, yeah I know. He healed that person, he spoke here. Yeah I know, he went there. Yeah I know. Yeah, yeah, yeah, I know.”

Unfortunately I feel like we might have a hard time taking these day to day ministry miracles, the eternal impact of God walking on the earth, I'm afraid sometimes we might have a hard time really making that transforming to our lives. Really taking these days, these ministry days and applying them to our lives in a way that brings real radical transformation. And we need to. So, let me encourage you when you are reading the Bible like you do at least four times a week, you make sure that you sit and you spend time with God. Everybody says every day, but somehow, you know, I always say "Just make sure you do more than not" so at least four days a week you're sitting with Jesus. And you open the Bible and when you open to the gospels, here's how I want to encourage you to interact with God, to meet God.

First, as you're reading these stories, I'm giving you some basic instruction on how to meet God tomorrow. So open up to the middle of the gospels where Jesus is moving in his ministry life and as you read, first of all slow down. Just slow down. This is not a newspaper. You are not scrolling through your internet newsfeed. This is real life; it is real eternal life, so slow down. Read the Word slowly, and as you do, put yourself there. *Put yourself there.* Put yourself in that situation and ask yourself what did those people feel when Jesus was there and he did that? What were they thinking? What could they be thinking? What were they struggling with? Put yourself in the shoes of the people there and ask yourself how did they respond? What did they do when they saw this from the creator God in the flesh?

And then, number two, ask yourself how does their response or lack of response apply to my life? First you're observing the real life scene and then you're saying how does this apply to my life? Where would God have me put this in my life? Either Christ's words or the people's response or lack of response. Or the difference between the crowd and the true followers (like we looked at last message.)

And then finally, here's the big one, do something about it. That's where your life changes. Finally, respond. *Respond.* Put yourself there, hear what Jesus said, feel what the people felt, understand how that applies to your life today and then respond in a way that is an action. Some type of action.

Here's why. Because following Jesus, please hear me, following Jesus is an action. *Following Jesus is an action.* Following Jesus is not an acknowledgement of a certain set of facts. Following Jesus is not repeating a certain set of words. Following Jesus means Jesus is moving and you are moving to follow him. And so when you do meet God, and you do hear from God in his Word, the last thing is do something about it. Right? There's a little Bible instruction study right there. That's the whole thing. Would you try that? Try it this week for me please. Please, please try it.

Here's what we are going to see today. We're going to go through a twenty-four hour period with Jesus. And I'm going to very quickly put you in four settings of the master.

Four significant, life transforming events that if you would really take the time to fully and completely apply them to your lives and do something about it, they will transform you. And it is one day out of, you know, let's say a year. A year and a half, this middle section where Jesus is moving day to day. And so, as we dig in today, ask yourself how are the people feeling that are experiencing this. What are they seeing, what are they hearing. How does that apply to me? What would I do if I was sitting there? Or what about those that aren't doing anything? Would I make the same mistake? How does that apply to my life, and then God what am I supposed to do? What am I supposed to do with this significant, eternal truth that has just come to life out of the living Word?

Here are the four things of what we are going to see today.

#1) The AUTHORITY of his TEACHING

#2) The POWER of his WORD; the power of his spoken Word, translated for us, the power of his written Word, the power of who he is as the expression Word, the LOGOS

#3) The HEALING of his TOUCH; his compassion and his desire to heal, and ability to heal

#4) The NOURISHMENT of his PRAYER

Four major life changing lessons in twenty-four hours of our Lord's time on earth in the Galilee. This is big. This is the stuff that changes your life. You just have to actually apply it. Don't listen, don't watch – JOIN me! Let's go there.

We left Jesus in Samaria, which was a few messages ago. We left Jesus talking to a woman at a well in Samaria. Then we took a break and we looked at what a true worshiper is because that's one of the things Jesus taught to the woman at the well. And then we took another pause and ask about what does a true follower look like? So while we were teaching what a true worshiper looks like and what a true follower looks like, Jesus was making his way from Samaria (which we might say is halfway between Jerusalem and the Galilee) back up to the Galilee.

First, John tells us in his gospel he went back up to the area of Cana and there he healed a nobleman's son because of the faith of the nobleman. The son was in Capernaum and Jesus was in Cana. But that healing occurred. Then Jesus decided since he was close to his home town he went there.

And so he just kind of wandered back over to Nazareth on his way back to the Galilee and he decided to preach in the Synagogue there at Nazareth. And his friends that he had grown up with decided to throw him off a cliff for it. This was the response to Jesus' sermon in his home town. I'm just leading you up to how we got back to the Galilee with Jesus.

So, Jesus comes back down to the shore of the Galilee and as he is walking on the shore he comes across four true followers. Four men who had already committed to following him. We saw them some weeks ago. It was Andrew and Simon Peter who were fishing

together in their fishing business. And not far from them were James and John, the sons of Zebedee, the sons of Thunder, fishing with their father. And so at this point, leading up to where we're going today, Jesus calls these already true followers to become occupational followers. Please don't ever mistake an occupational follower for a true follower. A true follower is a true follower if he is truly following. An occupational follower means that someone has left everything for the cause of Christ, has been called away from everything for the cause of Christ. I thank God literally daily, that God only called me out of things of the world, and self and business and stuff. And God has never called me away from my family because he promises to never give us more than we can take. But so many have been called away from their family in the service of the Lord. These men certainly were. And so Jesus calls these four, Peter, Andrew, James and John on the shore of the Galilee, and he says "Now follow me." And they left their boats, and they left their business.

This is when Jesus settled in Capernaum. And Capernaum is this wonderful little fishing town. I love fishing; I love Jesus, that's why I love Capernaum on the shore of the Galilee. Because it's a fishing town. It's where all the fishermen were in Bethsaida and Capernaum and because it's the best place to fish. And so Jesus settles there. He settles there because he wants fishermen. And so that's why we try to help people become fishermen because Jesus wants you to be fishers of men.

So Jesus settles into Capernaum and he lives there. He just begins living in the area going from house to house. He was the original couch surfer. He never really had a home. He just stayed with the boys as he ministered there on the northern shore. So, four lessons today in twenty-four hours and four major lessons that will radically transform your life if you'll put yourself there.

Remember, here they are:

The **AUTHORITY** of His **TEACHING**

The **POWER** of His **WORD**

The **HEALING** of His **TOUCH**

The **NOURISHMENT** of His **PRAYER**

Let's start with the Authority of his Teaching, in Mark Chapter 1.

**Mark 1:21 (NLT)**

***21 Jesus and his companions went to the town of Capernaum. When the Sabbath day came, he went into the synagogue and began to teach.***

One of the reasons we love Capernaum so much is God has retained the foundation stones of the majority of the town as it was in the first century. Of course, rebuilt many times over the centuries, but the foundation stones are still there and in place and have been partially reconstructed. And so you can stand in Capernaum and say, "Okay, I get it.

There weren't a lot of mansions there. There are very little, small little rock houses. And you get a feel for it. Peter's mother-in-law's house, which was probably Peter's primary residence, the foundation stones are still there. And in the three hundreds the Byzantine Church built a church around his home so it's always been kind of protected. And the lowest level, the foundation layer of the synagogue that Jesus is about to go into is still there and partially reconstructed. And so you walk into Capernaum and you are in the first century and it is absolutely mind boggling.

So Jesus' fame is already spreading. We dealt with that last message. The crowds were already clamoring after him. They are chasing after him. And so he and the boys, the first four probably, and probably some others are following him already, he and his companions went to Capernaum. When the Sabbath day came he went into the synagogue and began to teach. The synagogue would have been abuzz. It would have been like when someone important comes here. Jesus was coming into the church. So everyone was on the edge of their rock with anticipation.

Now the particular sermon that Jesus shared that day in Capernaum isn't recorded. To give you some idea how Jesus would have taught in Capernaum, let's go to Luke Chapter 4 and let's get a glimpse of how Jesus taught. We want to look at the authority of his teaching. So Luke Chapter 4 is the sermon that he shared with his hometown that got him literally thrown out of town. Luke 4:17-21. Jesus is in the synagogue in Nazareth.

#### **Luke 4:17-21 (NLT)**

***17 The scroll of Isaiah the prophet was handed to him. He unrolled the scroll and found the place where this was written:***

***18 "The Spirit of the LORD is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free,***

***19 and that the time of the LORD's favor has come."***

***20 He rolled up the scroll, handed it back to the attendant, and sat down. All eyes in the synagogue looked at him intently.***

***21 Then he began to speak to them. "The Scripture you've just heard has been fulfilled this very day!"***

Whenever an itinerant teacher came into a synagogue, it was very normal for them to come; the scroll would be handed to them. The scribes would take it out of the big scroll holder and hand it to the itinerant teacher.

One thing about Jesus, he didn't speak a lot, but when he spoke, it stuck.

William Barclay says the word used for how the teaching impacted the people means "thunderstruck." This word is powerful. The picture of this word for us is "thunderstruck." I love this word. The people were thunderstruck when Jesus spoke.

Turn back to Mark Chapter 1 as we continue our day in the life. That was just to give you an idea of the type of teaching that Jesus gave in the synagogue. Back in Mark 1:22:

**Mark 1:22 (NLT)**

***22 The people were amazed at his teaching, for he taught with real authority—quite unlike the teachers of religious law.***

That word “amazed” is the word “*thunderstruck*.” Here’s the definition of the word. It means “*to be so astounded as to nearly lose mental composure.*” Thunderstruck, this is what the word amazed means. “*Beside yourself.*”

We need to be able to discern the difference of being taught with real authority. The scribes and the Pharisees were mainly the teachers of the law. They specialized in splitting hairs and straining out gnats while swallowing camels. Not Jesus. No religious double talk. No emotional employing emotion. He just spoke with the authority of the one who created the words. He spoke with the authority of heaven. And he says, “I’ve come to set the captives free. To liberate the captives. I’ve come to give sight to the blind. I’ve come to bring freedom to those who are in bondage, to break the chains. I’ve come because the day of the Lord is here. I AM.”

I AM here.

I AM the Lord.

I AM the source of life.

I AM the source of freedom.

That’s what Jesus said. That’s his authority. He said “I AM.” And so many times when Jesus said “I AM” those who knew what he was saying took up stones to kill him because they knew that he was comparing himself to God’s answer to Moses, when Moses says, “Who do I tell them that sent me?” And God says “I AM. Tell them the Existing One sent you.” And then Jesus would stand in the Galilee and say “I AM.” God is on earth, and God is speaking. And when God speaks people are thunderstruck. They are on the edge of losing their mental composure.

Do you see the Word of God like that? Have you put yourself in that place and said, “Okay, God is speaking. What am I doing? Am I just burning through this chapter because my reading plan says I have to read three chapters a day so I can get through the Bible in a year?”

Stop that! Put yourself in that place. Sit in that synagogue and listen to Christ speak. And then apply it to your life. Have you allowed the power and the authority of the words of Christ to leave you thunderstruck, on the verge of losing mental composure? Because if you have not, you need to. Because the words in and of themselves aren’t the power. The power is the source of the words. And when Jesus speaks it should rock us. It should leave us with our jaw hanging open. We can’t read the words of Christ and say, “Well,

you know some of that's a pretty good idea. I could see how, maybe, I could apply some of that and it would, you know, be to my benefit."

Stop it! *Stop that!* When God speaks, be thunderstruck and spend time with him until you say, "Lord, why am I not? Why does that not impact me? That the words of God aren't moving to me?" And then ask until you reach that point.

So, it's not just the people who were thunderstruck, moving to our second major lesson in a twenty-four hour period in the life of Christ, but the evil spirits were thunderstruck. The principalities and powers were thunderstruck. Most of the time Jesus would speak he would zip up the scroll, and he would leave. And he would walk away and he would see who would follow him. He wouldn't compel. He wouldn't beg. He wouldn't promise. He wouldn't anything. He would just say, "Listen. I'm God. And if you want to follow me, I'm leaving so, I'll see you or I won't see you." And he would walk away.

Not today. Because there was an evil spirit in the church. Hear me when I say that. There was an evil spirit in the church in the first century. Do you think they've changed their game plan? After we see the authority of Jesus' teaching, we see the power of his word in Mark 1:23-24.

**Mark 1:23-24 - (NLT)**

***23 Suddenly, a man in the synagogue who was possessed by an evil spirit began shouting,***

***24 "Why are you interfering with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!"***

There are so many lessons I could teach right there. Honestly, I could make the whole message about those two verses. Let me just give you a couple of focuses. Number one, the evil spirit was sitting next to somebody in that church. I don't mean to get you all freaked out about the person next to you. Listen, don't get paranoid. But stop thinking that the evil spirits are out there floating around in the dens of iniquity, in the darkness of sin somewhere. They don't need to do that much work there. Because the sin is destroying the people there, all they care about is the people being destroyed and the word of God not going forward and the Kingdom of God not growing. Why would you think that the evil spirits are working in the bars and the strip clubs and the porn sites? Listen. The damage is already done there. People's lives are already being destroyed there. Where does the enemy need to destroy some lives? Right in this room. We need to wake up. The enemy's not stupid. They are smart. They've had a lot of practice. They come to church earlier than most of us. Let's stop being fooled into thinking they're not in church.

Here's what they do. They saunter up next to you, sit down next to you, and then they devise a plan to take you out. And here's how it works. Generally, they create a conflict between you and someone else in the church. Ninety percent of the Christians I have seen taken out of the service of the Lord are taken out by some stupid, ridiculous, imbecile,

immature – have I said stupid and ridiculous? – conflict with someone else in the church. “Well, I don’t know if I’m going to go to church because this person said this to me.” So what! And so the enemy is concocting this plan and it is working. And it’s working. And he’s feeding it. And where he wants you is first of all, in my personal experience, he wants you to hate the pastor. And I can say the enemy has had some significant success in this congregation over the years. That’s what he wants first, because you never come in the room if you hate the pastor. And you’ll make sure you tell everybody you care about how terrible that church is, how they shouldn’t be there, how terrible that pastor is. In fact, church, all of them! Do you think you’re working for Christ?

The enemy wants to saunter up to you in church, bring poison to your mind and have you spread it like the plague. And you have no idea the enemy is pulling your strings. You have no idea the enemy is pulling your strings because you’re a Christian. “How can the enemy be pulling my strings, I’m a Christian?”

Listen, we believe, the enemy cannot fully possess a true spirit-filled Christ following, not living in sin Christian. Here’s the problem. Too many of us Christians invite the devil in. We just swing open the doors. We swing open the doors with anger, with bitterness, with resentment, with unforgiveness, with lust, with sin, with darkness. We just swing open the doors. So, yes we believe it’s true the enemy can’t possess you against your control, but if you’re inviting him in, he is a welcomed guest. You welcomed him. Be careful who you bring into your life.

Let me just say, what I just said was ten years of going face to face with the devil in this church weekly. I mean really, eight to ten years. I mean, we stood down the attacks of the enemy, my family and I primarily, and men and women that God put around us. We stood down weekly attacks of the enemy like we could never have imagined. The last four or five years, I mean, God’s like okay, you’ve been refined enough. Let’s pull you out of the thousand degree fire and put you in the eight hundred and calm things down a little. Really, honestly, in the last few years, we’ve experienced such blessing and such spirit-filled unity and love in this church that it’s just beyond – I can’t convey to you how good it is when the brethren dwell together in unity.

Moving on.

### **Mark 1:24 - (NLT)**

**24** (The Evil spirit says) *“Why are you interfering with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!”*

The second lesson is the demons believe who Jesus is. You see that. If you know who Jesus Christ is and you know why he came, then you are on equal par with the demons. That’s what James says. So it’s not about do you believe, it’s about is he your Lord, are you following him. Does his life really control yours? Have you crucified your life and



allowed his to live inside of you because that's what makes the difference between us and the demons. Not believing. They believe.

**Mark 1:25-26 - (NLT)**

***25 Jesus cut him short. "Be quiet! Come out of the man," he ordered.***

***26 At that, the evil spirit screamed, threw the man into a convulsion, and then came out of him.***

Listen, here's the last lesson, the enemy is no match for the presence of Jesus Christ. The enemy in any form, shape, in any concoction, in any contraption, in any attempt to scheme and devise is no match for the real full presence of Jesus Christ. He is no match for Christ. Period. He's no match. So, if you are struggling with the enemy, bring in the light, because the darkness cannot be in the light. Stop inviting in the darkness and invite in the light and bring Jesus Christ into your life and grow his presence and grow his presence and grow his presence. And the more you bring in the light the more the darkness will be cast out.

So that day, the people in the synagogue fully understood that Jesus had power over all of the darkness. The power of his word. So we read in Mark 1:27:

**Mark 1:27-28 (NLT)**

***27 Amazement gripped the audience, and they began to discuss what had happened.***

***"What sort of new teaching is this?" they asked excitedly. "It has such authority! Even evil spirits obey his orders!"***

***28 The news about Jesus spread quickly throughout the entire region of Galilee.***

What news? The good news. The good news that Jesus Christ comes to set the captives free. The good news that Jesus Christ has come to give sight to the blind. The good news that Jesus Christ has come to break the chains that bind people, to give people new life, to give them hope, and to give them power over the darkness.

And I want you guys to know that Jesus Christ has come today for the same purpose, with the same authority and the same power to the same end! That Jesus Christ wants to set us free. He wants to open our eyes. He wants to lose the chains that bind us. He wants to free us and give us true life just like he did that day he did in Capernaum, in the exact same way. Hebrews 13:8 says Jesus Christ is the same yesterday, today and forever. Jesus wants to do what he did in Capernaum in your life. And you have got to just be absorbed into this text. And say Jesus, you did it there; you want to do it here. They saw your power; I want to see your power. You ran out the darkness, I need you to run out the darkness.

Moving on, Jesus Christ came to heal, to bring healing into our lives. Third lesson, in one short Sabbath morning. Church is over, and Jesus wanted to do what everybody wanted to do after church, he wants to go hang out with friends and family and have a good meal.

Sabbath service is over and you can just hear Peter, “Why don’t you come over to our place and we’ll have some falafel and hummus? I’ve got some fresh fish. Come on over.”

**Mark 1:29 (NLT)**

***29 After Jesus left the synagogue with James and John, they went to Simon and Andrew’s home.***

There was only one problem.

**Mark 1:30(a) says (NLT)**

***30 Now Simon’s mother-in-law was sick in bed with a high fever . . .***

Has that ever happened to you? Where you say “Hey guys, come on. Let’s go over to my place.” And then you walk in and your wife, or worse, your mother-in-law, says “What did you bring all these people for? I don’t feel good. I can’t take care of all these people. I can’t make them any falafel. I’m sick.”

That is exactly what’s happening here. So Peter brings the guys with Jesus in. And Simon Peter’s mother-in-law is too sick. Can I just tell you something? You’re never too sick for the company of Jesus. You are never too sick to invite Jesus into your life. You are never too sick to invite Jesus into your home. No matter how you feel when Jesus asks to come in you open both doors, and the sicker you are the more important it is that you invite him in. You’re never too worn out. You’re never too laid out. You’re never in a place where you can say, “I can’t handle it right now.” Of course you can’t handle it. That’s why Jesus is there. That’s why Jesus wants to come in, because you are laid out, because you are sick, because you are tired, because you are laying on your sick bed. And if you’ll bring him in to your life and give him free rein to do what he does, he will do what he does. If you’ll invite him into your life to do what he does, he’ll do what he does. Look at the end of verse 30 and verse 31.

**Mark 1:30(b)-31 says (NLT)**

***30 . . . They told Jesus about her right away.***

***31 So he went to her bedside, took her by the hand, and helped her sit up. Then the fever left her, and she prepared a meal for them.***

Guys, Jesus has such compassion. He such compassion on those who are taken out by whatever has taken us out. No matter what condition we find ourselves in, if we’ll invite Jesus into our lives, he’ll take us by the hand and he’ll help us up. *He’ll take us by the hand and he’ll help us up.*

And Jesus still does it today. Listen, there are some that need physical healing, and Jesus still heals as he chooses, not us. He still heals. But can I tell you that every person in this room and listening to my voice in some area of your life you are laid out on a sick bed. There’s something in your life that you need the touch of Jesus for. There is some area in

your life that you are sick and you are taken out of life and you are laying on a sick bed. And Jesus wants to come into your life, with your acceptance and invitation and take you by the hand and say, “Come, sick one. Sit up. Be healed.”

And notice Peter’s mother-in-law let Jesus come in, reached for his hand as he helped her sit up, what does she do. She immediately began to serve him. How in the world do we say “Jesus, heal me so that I can totally forget you and do what I want?” I wouldn’t suggest it. But instead, if you’ll allow Jesus to take your hand, he’ll pick you up off of whatever sick bed has you taken out. He’ll restore your strength, and then you stand up and you go back to serving him.

When you are sick and taken out, you bring Jesus in allow him to bring healing into your life and when he does you go back to serving him. Period. You get up. You let Jesus infuse you with strength and then you go back to serving him. Do you hear me?

So, what a day. It’s been incredible. It’s been incredible, but now, here’s what happened. The sun went down. And here’s the problem. When the sun goes down, Sabbath is over. And when the Sabbath is over people can leave their homes. And now Jesus has healed a demon possessed man in synagogue, and he has healed Peter’s mother-in-law, in a very small town, and guess what, like this town, word travels fast... both good word and bad word.

So look at Mark 1:32-34.

**Mark 1:32-34 (NLT)**

***32 That evening after sunset, many sick and demon-possessed people were brought to Jesus.***

***33 The whole town gathered at the door to watch.***

***34 So Jesus healed many people who were sick with various diseases, and he cast out many demons. But because the demons knew who he was, he did not allow them to speak.***

Again, showing his power, he did not allow them to speak. Jesus ministered to every person who came to him. Every person who clamored to him, he met their needs. And he was tired. He was one hundred percent man. And he didn’t let down until the people’s needs were at least dealt with. I’m not saying he gave them all what they wanted, but he ministered to the entire town at the door of Peter’s mother-in-law’s house. He loved the people, he cared for them and he will love and care for you. If you will come to him he will love and care for you. If you seek him you will find him. And when you find him if you invite him in he will heal you and he will give you power over the evil forces in your life and he’ll speak with authority to you. Do you see it? It’s as real today as it ever was real. It’s real.

So we've seen the authority of his teaching. We've seen the power of his word. We've seen the healing of his touch. There's just one last lesson. And this one, like many, Jesus teaches by example. Sometimes you have to look at what Jesus does and say, how does that apply to my life? How would I apply that to my life?

Well, the last lesson we see in this twenty-four hour period is the nourishment of prayer. It had been a rough Sabbath day. It was pretty eventful. Non-stop. Overwhelming. Exhausting. The last lesson is in Mark 1:35.

**Mark 1:35 (NLT)**

***35 Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.***

Listen, you call me at nine o'clock on a Monday morning, I might still be sleeping. I'm saying Sundays kind of take it out of me. Jesus sets a tough example here.

God? Had to get up early and go find an isolated place to pray? Yes! He did. Because though he was a hundred percent God, he was a hundred percent man. And he was drained. Have you ever been spiritually drained? Have you ever had the spiritual life drained out of you? Can you imagine the draining that Jesus went through this day as a hundred percent man though he was one hundred percent God? Jesus needed to be refreshed. Yes, God in the flesh needed to be refreshed, and revived and restored to a right relationship with his father. And he did it in committed, purposeful, isolated prayer.

Here is the lesson. If Jesus Christ needed committed, purposeful, isolated prayer to be refreshed and restored, how much more so do we? Seriously. He was God, and he's like, "Man, I've got to go pray, or I will not get through another day." Because he experienced all that we experience, Hebrews says. Yet without sin.

Here's the problem. The disciples woke up. This is Jesus' final problem in this twenty-four hour period. The disciples woke up. And their first thought was hey, Jesus really got the ball rolling here yesterday. We've got to keep this momentum going. We've got to have some kind of big event here because if we keep the ball rolling that Jesus started yesterday, we're going to have a mega-church here in no time. Where's Jesus? **Mark 1:36-39 (NLT)**

***36 Later Simon and the others went out to find him.***

***37 When they found him, they said, "Everyone is looking for you."***

***38 But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came."***

***39 So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.***

Whenever the disciple thought they knew what Jesus should do, he did the opposite. Can I just tell you right now, one good sign of God's will in your life is it's opposite of yours.

That's a good sign. God I think you're telling me to do exactly the opposite of what my flesh is saying. That's probably God. It's when God agrees with you that you should be very afraid. "Hey, God. That's what I want to do... I'm pretty sure that's what you're telling me to do."

No. Whenever the disciples thought they knew what Jesus should do, he always did something opposite. Here's what the disciples ended up having to do. The disciples ended up saying, "Well, I guess we just have to follow him, and he'll show us what to do next. Because we obviously aren't really following this whole plan."

Follow Jesus one day at a time and allow him to take you where he takes you. Because you don't know what he is doing. You don't know his plan. You don't know the purpose. So let's stop acting like we do, and let's just follow Jesus. Let's commit to follow him and say, "Lord, you know where you're going. I'll follow you and I'll see you as I get there."

Let's pray. *Lord Jesus, how incredible is it that we can just join you in your day to day life? That we can step into first century Galilee? That we can walk with you? That we can hear you? That we can respond to you like the people did? That we can put ourselves there and that you can speak to us through your living Word? That you can pierce us? That you can discern our thoughts and the intentions of our heart? And in the end Lord when it's all said and done I pray, we pray together, all of us pray together Lord, that we would just be followers. True followers. That in the end we would say Lord, we'll do it your way, we'll go where you lead us, we'll trust you completely. Your teaching has the authority of heaven, your Word has power to drive out the darkness, your touch is healing, and your example of prayer is awesome. Lord we pray you would make us true followers, in your name, for your sake, and ultimately for your glory, Amen.*