Spc166 - Living In Thanksgiving - Psalm 100:1-5

Dave Shepardson, wordbymail.com

When I say Living In Thanksgiving

I'm <u>talking</u> about <u>Living</u> a <u>LIFE</u> of <u>Constant Thanksgiving</u> to <u>God</u>

Which the Bible Clearly CALLS ALL Christ-Followers to

But - In the <u>last couple</u> years, I've <u>lost</u> a good <u>part</u> of my <u>Living In Thanksgiving</u> to God

Has that ever happened to you?

As I've <u>kinda Drifted</u> away from <u>Living</u> in a <u>Constant state of Thanksgiving</u> to God

It has <u>**REALLY**</u>, Effected <u>**me**</u> & it has <u>**REALLY**</u>, Effected the <u>**people**</u> around me

It's <u>NOT</u> some <u>BIG SIN</u> (as <u>we define</u> them) that has <u>caused</u> my <u>DRIFT</u> Away - from <u>LIVING IN THANKSGIVING</u>

For me - the **ROBBER** of my *LIVING IN THANKSGIVING*

seems to be <u>Long-Term STRESS</u> – <u>WORKAHOLISM</u> & <u>Unmet EXPECTATIONS</u> that I've <u>put</u> on <u>myself</u>, & <u>on God</u>

& the <u>reason</u> for my <u>DRIFT</u> away from <u>LIVING in THANKSGIVING</u>

<u>MIGHT</u> be <u>similar</u> to <u>yours</u> or <u>yours</u> might be <u>completely different</u>

Either way - the FIRST Question we HAVE to ASK today - is

Is there something in my life today that is KEEPING me from *Living In Thanksgiving*

Because This "Lifestyle" – is CRITICALLY IMPORTANT

As **Believers**, we are **CALLED** to **Live In Thanksgiving**

But even those outside the Bible Believing Community

Readily <u>KNOW</u> – the <u>Transforming Benefit</u> of <u>Living In Thanksgiving</u>

& So - #1 Today – I'd <u>like</u> us to <u>Honestly SEE</u>

what it <u>LOOKS LIKE</u> - <u>when</u> we are <u>NOT</u> <u>LIVING IN THANKSGIVING</u>

<u>THEN</u> – (#2) – I'd <u>like</u> us to <u>SEE</u>

what it <u>LOOKS LIKE</u> when we <u>ARE</u> - <u>LIVING IN THANKSGIVING</u> & <u>Finally</u> – (#3) - we <u>need</u> to <u>SEE</u> <u>How</u> to <u>Begin</u> the <u>JOURNEY</u> - to <u>GO</u>

<u>From</u>: NOT LIVING IN THANKSGIVING To: LIVING IN Constant THANKSGIVING to God

Have I Said "Living In Thanksgiving" enough?

Let's Pray

Alright –we <u>HAVE</u> to <u>START</u> – with What it <u>LOOKS LIKE</u> <u>When</u> we are <u>NOT</u> - <u>LIVING IN THANKSGIVING</u>

& to do that - FIRST - we HAVE to Accept the truth of

Matthew 12:34-35 (ESV)

34 . . . For out of the abundance of the heart the mouth speaks. 35 The good person out of his good treasure brings forth good, and the evil person out of his evil treasure brings forth evil.

No – <u>**Don't</u>** get all <u>**DEFENSIVE**</u> at <u>**that vs**</u> You'll just be <u>**PROVING**</u> that <u>**what**</u> I'm saying is <u>**right**</u></u>

34 . . . out of the abundance of the heart the mouth speaks

Matthew 15:18 says the same thing (ESV)

18... what comes out of the mouth proceeds from the heart, and this defiles a person.

We **DON'T LIKE IT** – we try to **DENY IT** We **DEFEND** & **JUSTIFY** & **RATIONALIZE IT**

But – the TRUTH IS

What <u>comes</u> out of our <u>MOUTH</u> is - at the <u>very LEAST</u> – a <u>SIGN</u> of <u>WHAT</u> is in our <u>HEART</u>

When | say - it's a SIGN - | mean

<u>I know</u> that <u>when</u> you're <u>ANGRY</u> you <u>say things</u> you <u>DON'T MEAN</u>

But it **DOES MEAN** - that you're **ANGRY**, **right?**

& I think – the <u>First Sign</u> of a <u>Christian</u> <u>SLIPPING AWAY</u> <u>From</u> a <u>THANKFUL HEART</u>

Is <u>WHEN</u> we <u>begin</u> to hear

NEGATIVE, CRITICAL, & JUDGMENTAL WORDS coming out of our mouths

An UNGRATEFUL, UNAPPRECIATIVE Attitude Toward God & Others

Is usually - the <u>Dangerous Beginning</u> of us <u>NO LONGER</u> - <u>Living In Thanksgiving</u> Proverbs 15:15 (NLT)

15 For the despondent, every day brings trouble; for the happy heart, life is a continual feast.

We have to **Honestly SEE** where we are AT on that **Scale**

& we <u>have to KNOW</u> that <u>Learning</u> to <u>Live in Continual Thanksgiving to God</u>

<u>Will - MOVE US</u> <u>From the DESPONDENT</u> - Side of that Vs <u>To the HAPPY HEART</u> - Side of that Vs.

<u>STEP #1</u> – is to <u>Honestly SEE</u> where <u>you're AT</u> <u>So</u> you <u>can begin</u> to let God <u>HEAL YOU</u>

Because – If you DON'T – You will Risk Falling into

One of the Greatest Dangers WARNED AGAINST in the Bible Which is . . . BITTERNESS

Bitterness, is a POISON

<u>BUT</u> – it's <u>not a Poison</u> that <u>WE DRINK</u> It's a <u>POISON</u> - <u>WE MANUFACTURE</u> in our <u>own heart</u>

& then it POISONS the People around us

Hebrews 12:15 (NLT)

15... Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.

Bitterness GROWS UP in our own heart

& it can <u>create</u> <u>GENERATIONS</u> of <u>Trouble</u> – as it <u>passes</u> from a <u>GRANDPARENT</u>, to a <u>PARENT</u>, to the <u>KIDS</u>

Bitterness is a PLAGUE that will MAKE EVERYONE around you – <u>SICK</u>

<u>That's why Ephesians 4:31 (NLT)</u> 31 Get rid of all bitterness, rage, anger, harsh words, and slander . . .

ALL those sins come from a Heart – POISONED by Bitterness

& I **PROMISE** You – <u>LEARNING</u> to Live In a <u>Constant State</u> of <u>Thanksgiving to God</u>

IS THE REMEDY for the **Poison of Bitterness**

So - <u>That's</u> what <u>NOT Living in Thanksgiving</u> - <u>LOOKS LIKE</u>

So **NOW** Let's **See** What *Living in Thanksgiving* - *DOES LOOK LIKE* As Always – The Word of God Says it BEST

In just FIVE VS'S

Psalm 100 Makes it Perfectly CLEAR

what *Living in Thanksgiving* – LOOKS LIKE!

Psalm 100 (NLT)

<u>Shout</u> with joy to the Lord, all the earth!
 <u>Worship</u> the Lord with <u>gladness</u>. Come before him, <u>singing</u> with joy.
 Acknowledge that <u>the Lord is God</u>! <u>He made us</u>, and <u>we are his</u>. <u>We are his people</u>, the <u>sheep of his pasture</u>.
 <u>Enter his gates with thanksgiving</u>; go into his courts with praise. Give thanks to him and praise his name.

5 For <u>the Lord is good</u>. His <u>unfailing love continues forever</u>, and <u>his faithfulness continues</u> to <u>each generation</u>.

As you RECOVER

from an UNTHANKFUL – or BITTER heart –

THIS Psalm should be

your **Daily Scripture Meditation** for a **MONTH**

Every Day – Dig into it – More & More & More

Have you ever MET a Christ-Follower

Who Truly HAS - *Thanksgiving to God* just **POURING** out of their <u>life</u>? <u>When</u> you <u>DO meet</u> them it Often <u>IMPACTS</u> you – <u>for Life</u>

<u>I was WITH</u> one of these <u>ALWAYS-THANKFUL</u> Christ-Followers – this week

- <u>This church</u>, and <u>many</u> of us <u>individually</u>, <u>lost</u> a very <u>dear friend</u> this week in an accident
- & <u>I was asked</u> share that <u>Tragic News</u> with <u>his mother</u> & his <u>brother</u>
- with most of the family gathered around for support

& <u>when</u> I <u>shared it</u> This <u>Mom</u> went into <u>emotional shock</u> for sure

but all that <u>could come</u> out of <u>her lips</u> was <u>THANKSGIVING TO GOD</u>

- Thanksgiving for how GOOD God is For how much GOD Loved her son, & her entire family
- & <u>Thanksgiving</u> for how grateful she <u>was</u>, that <u>her son</u> was in the <u>actual</u>, <u>very real</u>, <u>presence of Jesus</u>

& <u>her response</u> of <u>Thanksgiving to God</u> in <u>the face</u> of that <u>TRAGIC NEWS</u>

PUT ME into Emotional Shock

Guys - <u>IT IS</u> what we <u>KNOW</u> To Be <u>ABSOLUTELY TRUE</u> About God

that **ENABLES** us to *Live in Thanksgiving* to God

<u>When</u> a <u>persons Knows</u>, that <u>they Know</u>, that <u>they Know</u>, <u>HOW GOOD</u> God is

& <u>When</u> they <u>KNOW</u> - <u>ALL</u> that <u>GOD HAS DONE</u> for them

it **SHOWS in Thanksgiving** – **NO MATTER** what **they** are **facing**

That person

has **PEACE** that **passes understanding** (Phil 4:7)

<u>That person</u> lies down in <u>REST</u> at <u>night</u>, <u>because</u> they <u>know</u> the <u>Lord</u> is with <u>them</u> (Psalm 4:8)

That person has Exceeding JOY Down Deep in their Soul as over 50 vs's in Psalms & Proverbs say

<u>That person</u> has <u>CONFIDENCE</u> that <u>God</u> is <u>Leading & Guiding them</u> for <u>HIS Name's</u> sake (Psa 31:3)

<u>& That person</u> is <u>CONTENT</u> in <u>whatever situation</u> they are in (Phil 4:11)

THIS is what Living in Thanksgiving LOOKS LIKE

<u>It looks like</u> <u>PEACE</u> – <u>REST</u> – <u>INNER JOY</u> <u>CONFIDENCE</u> - & <u>CONTENTMENT</u>

AND ... There's More

Living In Thanksgiving is also the KEY

To HONORING God

To WORSHIPING God - &

To SERVING God . . . In ALL that we do

THAT is what *Living in Thanksgiving* - LOOKS LIKE

- (1) So <u>We've seen</u> what <u>NOT Living in Thanksgiving</u> – <u>LOOKS LIKE</u>
- (2) & <u>We've seen</u> what <u>Living in Thanksgiving</u> – <u>DOES LOOK LIKE</u>
- (3) <u>NOW we need to see HOW do we begin the Journey</u> <u>From</u>: <u>NOT LIVING IN THANKSGIVING</u> <u>To</u>: <u>LIVING IN THANKSGIVING to God</u>

& the <u>FIRST THING</u> we <u>NEED</u> to <u>SEE</u> Is that <u>LIVING IN THANKSGIVING</u>

Is our **EXPRESSION** of **CONSTANT GRATITUDE**

for <u>ALL</u> that <u>GOD HAS DONE</u> for us & <u>for</u> His <u>CONSTANT CARE & CONCERN</u> for us

And it is **ESPECIALLY** our **Constant EXPRESSION of Gratitude**

for God <u>SAVING US</u> & <u>making a place</u> for us to <u>live</u> with <u>him</u> for <u>ETERNITY</u>

We Live In Constant Thanksgiving Because of WHO God IS To Us & WHAT God Has DONE For Us

PSALM 100 – in v.3 says *The Lord made us, and <u>we belong to him</u>. We are his people, & the <u>sheep of his pasture</u>*

& v.5 - <u>the Lord is good</u>. His <u>unfailing love continues forever</u> (toward us), and <u>his faithfulness continues</u> to <u>each generation</u>

IF WE BELONG to God today - THRU our Faith in Jesus Christ

Then **THESE Truths** about **God** – Are **TRUE in our Lives**

The **<u>BIBLE is FULL</u>** – of <u>**REASON**</u> - & <u>**DIRECTION**</u> <u>**For us**</u> to be <u>*Living In Thanksgiving*</u>

1 Chronicles 16:8 (NLT)

8 <u>Give thanks</u> to the Lord and <u>proclaim</u> his greatness. [because of] . . . <u>what he has done</u> (for us).

1 Chronicles 16:34 (NLT)

34 <u>Give thanks</u> to the Lord, [because] <u>he is good</u>! [and because] <u>His faithful love endures forever</u> (to us).

Psalm 68:19 (NLT)

19 . . . praise God our savior! [Because] <u>each day he carries us in</u> <u>his arms</u>.

IF YOU have <u>Made</u> the <u>Lord Of Heaven</u> Your <u>SAVIOR</u> then <u>EACH DAY</u> - he is <u>carrying you</u> in his <u>arms</u>

& <u>You</u> can <u>THANK HIM for that</u> – <u>Every Day</u>

Psalm 116:12-13 (NLT)

12 What can I offer the Lord for all he has done for me? 13 I will lift up the cup of salvation and praise the Lord's name <u>for</u> <u>saving me.</u>

Listen – <u>The Moment</u> you <u>step</u> into <u>Eternity</u> & <u>realize</u> <u>ALL</u> that <u>Salvation</u> means to <u>you</u>

You are going to Praise the Lord's Name in Thanksgiving - (Literally) - FOREVER <u>& listen carefully to Hebrews 12:28 (NLT)</u>

28 <u>Since</u> (because) we are receiving a Kingdom that is unshakable, <u>let us be thankful</u> and please God by <u>worshiping</u> him with <u>holy fear</u> and <u>awe</u>.

BECAUSE we have **Been ADOPTED** into the **Kingdom of God**

We Should be Living In Thanksgiving - and pleasing God by worshiping him with holy fear and awe

<u>Ok</u> – <u>Listen</u> - Really <u>Getting a HOLD</u> Of a <u>DOZEN SCRIPTURES</u> like <u>these</u>

Is the **BEGINNING** of the **Journey** - to **Living In Thanksgiving**

AND – I just added a page on THANKSGIVING Scriptures

to the "Scripture By Topic" Resource on CCN & WBM

Again - <u>The Final Question Is</u>: *How do I begin the road to Living in Thanksgiving?*

THE ANSWER IS:

Be <u>Consumed MORE</u> - by what <u>God</u> has <u>Done FOR YOU</u> <u>than</u> what <u>this World</u> is Doing <u>TO YOU</u> I think sometimes - we aren't LIVING IN THANKSGIVING

Because we really don't have a Life-Transforming GRASP

on <u>What God</u> - HAS <u>DONE for Us</u> & <u>What God</u> IS <u>DOING For Us Today</u>

So - here is my challenge to ALL of us today

<u>ASK GOD</u> – <u>Really Ask God</u> – IS there something in my life that is KEEPING me from <u>Living In Thanksgiving</u>

Is it that you don't know HOW GOOD God is to you ? OR WHAT he's Done for you ?

OR - is it that you more CONSUMED

with the Short Term Trials of this World
than you are with the Eternal Promises of God?

Or - is it Simply that you've Never Experienced

the <u>True</u> <u>Goodness of God</u> thru a <u>Real Relationship</u> with <u>Jesus Christ</u> Ask God WHAT is KEEPING you From Living In Thanksgiving

& <u>then</u> – <u>SET OUT</u> on a <u>DETERMINED JOURNEY</u> of <u>BEING HEALED</u> – <u>from Living</u> that <u>UNTHANKFUL Life</u>

<u>& your Healing will COME from</u> <u>The POWER</u> of <u>God's WORD</u> <u>RECEIVED</u> in the <u>POWER</u> of <u>God's PRESENCE</u>

Learn to <u>Get Alone with God</u> & <u>focus</u> on <u>being transformed</u> in this <u>specific area</u>

(GET our Alone With God Series)

Romans 12:2 says Let God Transform you by Renewing your Mind

& <u>THAT is DONE</u> <u>Thru</u> the <u>Living & Powerful</u> - <u>WORD of God</u>

APPLIED to your LIFE in the Living & Powerful - PRESENCE of God

& (again) you <u>can learn how</u> to do <u>that</u> in our <u>Alone with God Series</u>

If you Recognize That you are NOT Living In Thanksgiving

Then SET-OUT on a Mission

To **BE TRANSFORMED**

Into a Life – of LIVING IN CONSTANT THANKSGIVING to God

& - if you ASK US - We will HELP YOU

Remember - 1 Thessalonians 5:18 (NLT)

18 Be thankful in all circumstances (be Living In Thanksgiving), for this is God's will for you who belong to Christ Jesus.

Let's Pray