

KEY SCRIPTURE

Proverbs 5:3-6

3 For the lips of an immoral woman are as sweet as honey, and her mouth is smoother than oil.

4 But in the end she is as bitter as poison, as dangerous as a double-edged sword.

5 Her feet go down to death; her steps lead straight to the grave. 6 For she cares nothing about the path to life. She staggers down a crooked trail and doesn't realize it.

James 1:14-15 (NLT)

14 Temptation comes from our own desires, which entice us and drag us away.

15 These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.

Proverbs 28:13 (NLT)

13 People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.

1 Corinthians 6:18 (NLT)

18 Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.

Psalm 119:103 (NLT)

103 How sweet your words taste to me; they are sweeter than honey.

Psalm 119:11 (NLT)

I have hidden your word in my heart, that I might not sin against you.

Hebrews 4:16 (NLT)

16 So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

START TALKING

Pastor Lyle mentioned the new streaming series on the life of David. He gave a great analogy of fighting sin by rehearsing the history of Israel and the Amalakites.

Do you have a favorite movie or series that either featured Biblical history, like the "Ten Commandments", or at least includes some connection like "Ben Hur"?

START DISCUSSING

TEMPTATION STRATEGY

THE LURE OF TEMPTATION

Read Proverbs 5:3-6. Now, while thinking about the Proverbs 5 passage read James 1:13-15.

Take time to discuss the progression of the steps that James lists.

It is important to remember that the goal of temptation is death.

THE STEPS OF WAR AGAINST TEMPTATION

Take some time to work through each step and discuss the reason for the step and strategies we might use in taking the step. Keep in mind that sexual temptation is only one way the enemy tries to destroy us. As you discuss the steps, apply them to other areas. Anger, language, pride, spending, are just a few of the ways we are tempted.

Making War Does Not Start With a Cover-up. Confess! - Prov 28:13 Consider who you can share your struggle with for the purpose of prayer, counsel and accountability.

#1 Keep your Distance and Run When Necessary - 1 Cor. 6:18

Romans 13:14 Instead, clothe yourself with the presence of the Lord Jesus Christ. And don't let yourself think about ways to indulge your evil desires.

#2 Dine with Jesus and Starve the Enemy - Psalm 119:103

What am I consuming through reading, internet, television, etc?

#3 Worship Him - 1 Cor. 3:18

We become what we worship

#4 Meditate on the Word of God - Psalm 119:11

Remember Philippians 4:8 Think on these things...

#5 Prayer is a Preemptive Strike Against the Flesh - Hebrews 4:16 Matthew 26:41 Keep watch and pray, so that you will not give in to temptation. For the Spirit is willing, but the body is weak!