

KEY SCRIPTURE

1 Corinthians 11:23-28

23 For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread 24 and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this in remembrance of me." 25 In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it." 26 For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again. 27 So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord. 28 That is why you should examine yourself before eating the bread and drinking the cup.

START TALKING

It has probably been a while since our Life Groups were together.

Take some time to share about your Christmas and New Year.

What was best? What did you learn?

Did you experience something special?

Were there challenges or difficulties?

START DISCUSSING

Read 1 Corinthians 11:23-26

THE LORD'S TABLE "FROM THE LORD HIMSELF"

Paul's letter to the Corinthian church was written very early in the writing of the New Testament. For this reason, Paul thoroughly explains the beginning, and the continued practice, of the Lord's Supper as modeled by Jesus at the Last Supper-the last part of His Passover celebration with the disciples.

A LOOK BACK Vs 23-25

The Night He was Betrayed

What is the value of remembering the betrayal of Jesus? How does contemplating Christ's sufferings speak into my life?

My Body, Broken For You = The Bread

The broken body of Jesus obviously connects us to his suffering. He suffered for us.

Read 1 Peter 4:1

What do you think about the fact that Jesus suffered for you?

My Blood, Shed For You = The Cup

Jesus presented his blood to the Father for our redemption.

Read Hebrews 9:12

What do you think about the fact that Jesus paid for your redemption with his own blood?

Until He Comes

Paul instructs that communion is to be observed until the return of Jesus. What are your thoughts about the truth that Jesus is coming again?

Examine Yourself

Paul instructs self-examination is integral to communion. In it we remember, I am a sinner, and my worthiness is found in Jesus.

Read Psalm 139:23-24

Obviously, communion is not the only time for self-examination.

How or when do you take time to ask God to examine your life and lead you in the way you should go?