

Habits of Grace: Hearing

Psalm 1

The Practice: Growing _____ into _____ (2)

The Promise: _____ (1), _____ (2),
_____ (3), _____ (3-4)

The Process:

QUESTIONS FOR FURTHER DISCUSSION:

1. What are some daily habits that form your way of life? (Think social media, technology, eating, etc.)
2. Chris said that spiritual disciplines can be dangerous because we are prone to make them an end in themselves, or we use them in an attempt to earn God's favor? Have you ever experienced this? How might we combat these tendencies?
3. Read Psalm 1 together. What stands out to you as you read this Psalm? Make some observations together.
4. What does the metaphor of the tree in verse 3 teach you about the man who delights in God's law in verse 2?
5. What obstacles have made it difficult for you to grow stronger roots into God's Word? Let your group give insight into your experience.
6. Think through the five practices from the hand illustration. Which of these are you strongest in? Weakest? How might you grow in each this week? Consider committing to some daily habits together and following up on your progress.

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