

Hi My Name Is Jonah

Jonah 1

Lesson #1: If we want to _____, there will always be a _____.

Lesson #2: When we run from God, He will _____ us and _____ to us in the most _____ ways.

Lesson #3: We can't begin to _____ until we truly _____ our sin and _____ for it.

Lesson #4: God even has a _____ for when we _____ to _____ His _____.

QUESTIONS FOR FURTHER REFLECTION:

1. Look over the four “lessons” Chris shared. Did any of them resonate with you more than the others? Why?
2. Was there anything about Jonah’s story that stood out to you uniquely this week?
3. Think of a time when you gave into temptation. Would you say resisting God felt “easier” than obeying God? Why do you think that was?
4. What are some ways that you have “justified” your sin?
5. Describe a time that you truly saw your sin and took responsibility for it.
6. Think of a “storm” that you have experienced. In what ways have you seen God’s sovereignty and goodness through your painful circumstance?
7. Are you seeking refuge from God or in God?