David	and	the	Phili	stines
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1 Samuel 27-30

The Path of	_:
• Born out of	
• Marked by	_ and
• Leads to	
The Path of	:
• Born out of	
• Marked by and	

• Leads to _____.

QUESTIONS FOR FURTHER REFLECTION:

- 1. Describe a time in your life where you walked "The Path of Trusting Self." Were the descriptors Chris talked about true of that period in your life?
- 2. Which path does your life most reflect today? Explain your answer.
- 3. Chris talked about "trying to live with a foot in two worlds." Can you identify with that statement? What are the dangers associated with "trying to serve two masters?"
- 4. Chris said that the turning point in this story was 1 Samuel 30:6b – *"But David found strength in the Lord His God."* What do you think that looks like? How can that be true in your life today?
- Psalm 18 was written shortly after this period of David's life. Spend some time reading through this Psalm. Where did David turn when he was in distress? What was God's response? Ask God to help you find strength in Him.

