

WHO'S YOUR DADDY? Fifty Shades of "They" - Part 4 of 5

REALITIES ABOUT OUR HOME OF ORIGIN:

- **REALITY #1.** The words father or mother are not **EMOTIONALLY** neutral terms.
- **REALITY #2.** Because family is emotional and complicated, the most harmful lie that you could ever believe about someone you are related to is this statement: I don't **CARE**.
- **REALITY #3:** The relationship with our **FATHER**, is more critical to our future **EMOTIONAL** health, then any other relationship.
- **REALITY #4:** Every child longs for their father's **APPROVAL**.

DISCOVERIES IN THIS SERIES:

DISCOVERY #1: We bring our hopes, dreams and desires into a relationship. But if we're not careful they begin to feel like **EXPECTATIONS**.

DISCOVERY #2: In Healthy relationships it's a race to the **BACK** of the line.

DISCOVERY #3: Healthy relationships know that sometimes you have to throw things **OUT** of the box.

*"1 **If** I speak in the tongues of men and of angels, but do not have love, I am only a resounding gong or a clanging cymbal. 2 **If** I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have faith that can move mountains, but do not have love, I am nothing." 1 Corinthians 13:1-2*

KEY OBSERVATION #1: Knowledge does not equal **DEEP**.

*"3 **If** I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. 4 love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5 It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no records of wrongs. 6 love does not delight in evil but rejoices with the truth. 7 It always protects, always trusts, always hopes, always perseveres." 1 Corinthians 13:3-7*

DISCOVERY #4: Healthy relationships and healthy couples make it a habit to **CHOOSE** to believe the **BEST**.

DISCOVERY #5: What you place in that gap is what you **DECIDE** to place there.

KEY OBSERVATION #2: **SUSPICION** is a self-fulfilling prophecy.

KEY OBSERVATION #3: You need to pay attention to who **YOU** are, not just what the other person is doing.

"6 love does not delight in evil but rejoices with the truth. 7 It always protects, always trusts, always hopes, always perseveres." 1 Corinthians 13:6-7

BOTTOM LINE: Trust equals **ACCEPTANCE**.