# PRAYING FOR HEALING 40 Days of Prayer – Part 6

"If my people who are called by my name will humble themselves and pray, and seek my face, and turn from their wicked ways, then I will hear from heaven, and I will forgive their sins, and I will heal their land." 2 Chronicles 7:14

## **CONDITION #1:** I must <u>ADMIT</u> that I'm not in <u>CONTROL</u>.

"If my people will humble themselves..." 2 Chronicles 7:14a

## **Practical Humility:**

- #1: CONFESS you sin to God the moment you realize it.
- #2: FORGIVE quickly.
- #3: When you're treated unfairly, be quiet and patient and don't **<u>RETALIATE</u>**.
- #4: Look for ways to <u>SERVE</u> others, instead of expecting to be served.
- #5: Accept criticism and correction GRACIOUSLY.
- #6: Refuse to **FIGHT** to get the best seat, best table, or the best parking spot.
- #7: Intentionally **<u>BEFRIEND</u>** people who have no status or who can't help you.
- **#8:** Be <u>**RESPECTFUL</u>** to the authorities in your life, even the bad ones.</u>
- **#9:** Pick up the **TRASH** wherever you find it.
- #10: <u>ADMIT</u> your weaknesses and your sins to a few safe people.
- **#11: <u>SPEAK</u>** well of others.
- #12: Pray for your **ENEMIES**.
- KEY TRUTH #1: Humility is not thinking less of yourself; it's thinking of yourself LESS.

### Four Things God Will Do in Your Life if You're Humble:

FIRST: God will GUIDE me.

"God leads the humble in the right way and teaches them his will." Psalm 25:9

- SECOND: God will <u>BLESS</u> me.
- "I will bless those who have humble and contrite hearts..." Isaiah 66:2
- THIRD: God will give me the **<u>POWER</u>** to change.

"God opposes the proud but gives grace to the humble." James 4:6

### FOURTH: God will <u>REDUCE</u> my stress.

Jesus: "Take the yoke I give you...and learn from me. For I am gentle and humble, and I will restore deep rest to your soul." Matthew 11:29

## CONDITION #2: I ask God for HELP.

"If my people...will pray..." 2 Chronicles 7:14b

*Jesus: "23 ...I tell you the truth, my Father will give you anything you ask for in my name. 24 Until now you have not asked for anything in my name. Ask and you'll receive, so that your joy will be the fullest possible joy." John 16:23-24* 

### TIP #1: Remember Jesus WANTS me to ask.

TIP #2: Ask in Jesus' <u>NAME</u>.

"13 Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise. 14 Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. 15 And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven." James 5:13-15

### **TIP #3:** Get other **<u>PEOPLE</u>** to pray with you.

TIP #4: Believe and expect and ANSWER.

### TIP #5: Keep on praying till God tells you to STOP.

"Pray in the Spirit at all times with all kinds of prayers, asking for all you need. To do this you must always be ready and never give up! Always pray for all God's people." Ephesians 6:18

## CONDITION #3: Seek God, not a MIRACLE!

"If my people...will seek my face..." 2 Chronicles 7:14c

"I love those who love me, and those who seek me find me." Proverbs 8:17

"God rewards those who earnestly seek him." Hebrews 11:6b

"29 If you seek the Lord your God, you will find him. If you look for him with all your heart and with all your soul. 30 When you are in distress and all these things have happened to you, you will return to the Lord your God and obey him. 31 For He is a merciful God; he will not abandon or destroy you..." Deuteronomy 4:29-31a

"Seek first his kingdom and his righteousness, and all these other things will be given to you as well." Matthew 6:33

**CONDITION #4:** I turn my attention from what the <u>CULTURE</u> is saying to what God is saying in the <u>BIBLE</u>. *"If my people…turn from their wicked ways…" 2 Chronicles 7:14d* 

## WICKEDNESS: FORGETTING God.

"If you hide your sins, you will not succeed. But if you confess and reject them, you will receive mercy." Proverbs 28:13

"Therefore, confess your sins to each other and pray for each other so that you may be healed." James 5:16

• **KEY TRUTH #2:** I need <u>**OTHERS</u>** to help me change.</u>

#### When I Stop Forgetting God, He Gives Three Promises:

- 1. I will <u>HEAR</u> from heaven.
- 2. I will **FORGIVE** your sins.
- 3. I will <u>HEAL</u> your land.