

ARE YOU READY TO GROW UP?

40 Days of Prayer – Part 1 of 7

“We are not meant to remain as children at the mercy of every wind of teaching... Instead, we are meant to hold firmly to the truth in love, and to grow up in every way into Christ...” Ephesians 4:14

SPIRITUAL GROWTH PRINCIPLE #1: We grow spiritually when we **READ** and **APPLY** God’s Word.

“People need more than bread for their life; they must feed on every Word of God.” Matthew 4:4

“...the Word of grace is able to build you up and give you all the blessings that God has for his people.” Acts 20:32

- **ACTION STEP #1:** A daily time **READING** God’s Word for 40 days.

SPIRITUAL GROWTH PRINCIPLE #2: We grow when we learn in **DIFFERENT** ways

“In many different ways John preached the good news to the people.” Luke 3:18

“God speaks in different ways, and we don’t always recognize his voice.” Job 33:14

SPIRITUAL GROWTH PRINCIPLE #3: We grow when we develop spiritual **HABITS**.

“Now that you know these things, you’ll be blessed if you practice them!” John 13:17

“Solid food is for mature people, whose minds have been trained by practice to know the difference between good and evil.” Hebrews 5:14

“All good athletes train hard and practice to get better. They do it to win a prize that won’t last. But we practice to win a prize that will last forever!” 1 Corinthians 9:25

- ☞ **Habit #1:** Weekly worship service attendance
- ☞ **Habit #2:** Participation in a *small group* community
- ☞ **Habit #3:** A daily time *alone* with God (Bible & Prayer)
- ☞ **Habit #4:** Memorizing God’s Word

SPIRITUAL GROWTH PRINCIPLE #4: We grow when we **HELP EACH OTHER** to grow.

“I want us to help each other with the faith we have. Your faith will help me, and my faith will help you.” Romans 1:12

“Let us be concerned for one another, to help one another to show love and to do good. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more...” Hebrews 10:24-25

- **ACTION STEP #2:** Join a **SMALL GROUP**

SPIRITUAL GROWTH PRINCIPLE #5: We grow when we **EXPECT** to grow.

“According to your faith will it be done to you.” Matthew 9:29

SPIRITUAL GROWTH PRINCIPLE #6: We grow when we **COMMIT** to grow.

“You’ll find me when you get serious about finding me and want it more than anything else...” Jeremiah 29:13

- **ACTION STEP #3:** **COVENANT** with others.

“In view of all this, we are making a covenant together in writing, and all of us are signing our names to it...” Nehemiah 9:38

“Our greatest wish and prayer is that you will become mature Christians.” 2 Corinthians 13:9