

## **PEACE OUT**

### **So, Help Me God – Part 8**

*“He gave us the very great and precious promises. With these gifts you can share in being like God, and the world will not ruin you with its evil desires.” 2 Peter 1:4*

*“The mountains may disappear, and the hills may come to an end, but my love will never disappear; my promise of peace will not come to an end,” says the LORD.” Isaiah 54:10*

#### **KEY TRUTHS TO ENJOY GOD’S PROMISE OF PEACE:**

**KEY TRUTH #1:** Make peace **WITH** God.

*“Now that we have been put right with God through faith, we have peace with God through our Lord Jesus Christ.” Romans 5:1*

*“God made peace through the blood of Christ’s death on the cross.” Colossians 1:20*

**KEY TRUTH #2:** Get **REST** for your body.

*“And I gave them my Sabbath days of rest as a sign between them and me. It was to remind them that I am the LORD, who had set them apart to be holy.” Ezekiel 20:12*

*“It is senseless for you to work so hard from early morning until late at night, fearing you will starve to death; for God wants his loved ones to get their proper rest.” Psalm 127:2*

*“A heart at peace gives life to the body.” Proverbs 14:30a*

**KEY TRUTH #3:** Receive peace as a **GIFT**.

*“I am leaving you with a gift—peace of mind and heart! And the peace I give isn’t fragile like the peace the world gives. So, don’t be troubled or afraid.” John 14:27*

*“Jesus stood up and commanded the wind and said to the waves, ‘Quiet! Be still!’ Then the wind stopped, and it became completely calm.” Mark 4:39*

**KEY TRUTH #4:** Tell God what you **NEED**.

*“6 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:6-7*

#### **The Principle of Anything and Everything:**

- Don’t **WORRY** about **ANYTHING**
- **PRAY** about **EVERYTHING**

*“Now may the Lord of peace himself give you peace at all times and in every way.” 2 Thessalonians 3:16*

**KEY TRUTH #5:** **CHOOSE** to focus your thoughts on Jesus.

*“You keep him in perfect peace whose mind is stayed on you, because he trusts in you.” Isaiah 26:3*

*“Let the peace that Christ gives control your thinking...” Colossians 3:15a*

*“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” John 16:33*