

## HEALTHY BOUNDARIES Family Feud – Part 4 of 4

*“18 If it is possible, as far as it depends on you, live at peace with everyone.” Romans 12:18*

**JESUS STANDARD:** When you have wronged someone, **REPENT**. When you have been wronged by someone, **FORGIVE**.

**RELATIONSHIP GOAL:** To be **RECONCILED** with each other.

**SERIES KEY TRUTH:** You can have peace **ABOUT** the relationship without having peace **IN** the relationship.

**KEY QUESTION:** When does your **CONTINUED** extension of assistance become **IRRESPONSIBLE?**

**KEY TRUTH #1:** Foolish people **CONTINUALLY** behave in ways that hurt themselves or others.

**KEY TRUTH #2:** A fool’s irresponsibility causes **COLLATERAL** damage in their life and yours.

*“As a dog returns to its vomit, so fools repeat their folly.” Proverbs 26:11*

**KEY TRUTH #3:** A healthy boundary is that **LINE** that you must draw when you're in a relationship that is toxic.

- Boundaries are the lines that **DEFINE** what depends on you and what depends on them.

*“Carry each other’s burdens, and in this way, you will fulfill the law of Christ...” Galatians 6:2*

**BURDEN:** Anything that is **TOO BIG** for one person to carry alone.

*“If anyone thinks they are something when they are not, they deceive themselves...” Galatians 6:3*

*“4 And so each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else, 5 for each one should carry their own load.” Galatians 6:4-5*

**LOAD:** Whatever that’s been **GIVEN TO YOU** to carry.

**KEY TRUTH #4:** When we **FEEL** responsible for carrying one another's load, we **ROB** them of experiencing the **OUTCOMES** of their decisions.

**KEY TRUTH #5:** **UNCONDITIONAL** love, necessitates **CONDITIONAL** assistance at times.

**KEY TRUTH #6:** One of the best words in establishing boundaries is the word: **"NO"**

- Not giving **IN**, is not giving **UP**.

*“May the God of endurance and encouragement grant you to live in such harmony with one another in accord with Christ Jesus. And that together you may with one voice glorify God and his son Jesus Christ.” Romans 15:5-6*