

**RELATIONSHIP CHECK-UP**  
**Fifty Shades of “They” – Part 3 of 5**

**KEY OBSERVATION #1:** Over time, our hopes, dreams, and desires become EXPECTATIONS.

**KEY TRUTH #1:** He doesn't OWE me. She doesn't OWE me.

**KEY OBSERVATION #2:** Wherever you go, there YOU ARE.

**BIG QUESTION:** What do we DO with this stuff in OUR box?

*"All of you, clothe yourselves with humility toward one another..." 1 Peter 5:5a*

**KEY QUESTION TO ASK YOURSELF:** What would a HUMBLE person do?

*"...because God opposes the proud but shows favor to the humble." Ephesians 5:5b*

*"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time." 1 Peter 5:6*

*"Cast all your anxiety on him..." 1 Peter 5:7a*

*"12 If an enemy were insulting me, I could endure it; if a foe were rising against me, I could hide.13 But it is you, a man like myself, my companion, my close friend, 14 with whom I once enjoyed sweet fellowship at the house of God, as we walked about among the worshipers. 15 Let death take my enemies by surprise; let them go down alive to the realm of the dead, for evil finds lodging among them. 16 As for me, I call to God, and the Lord saves me. 17 Evening, morning and noon I cry out in distress, and he hears my voice.18 He rescues me unharmed from the battle waged against me, even though many oppose me. 19 God, who is enthroned from of old, who does not change—he will hear them and humble them, because they have no fear of God. 20 My companion attacks his friends; he violates his covenant. 21 His talk is smooth as butter, yet war is in his heart; his words are more soothing than oil, yet they are drawn swords. 22 Cast your cares on the Lord and he will sustain you; he will never let the righteous be shaken. 23 But you, God, will bring down the wicked into the pit of decay; the bloodthirsty and deceitful will not live out half their days." Psalm 55:12-23*

*"Cast all your anxiety on him, because he cares for you." 1 Peter 5:7*