

**NOT JUST SURVIVING**  
**No Pain, No Gain – Part 1**

**ON TV: ON TV:**

- From celebrating other people's success
- From initiating an apology, even when you know that you're wrong
- Keeps you arguing your point even after the fact that you realize that you don't even really have a very good point
- Keeps you from admitting you've lost
- Keeps you from admitting weakness
- Keeps you from admitting you need help
- Keeps you from admitting you don't know what you're doing
- Keeps you from being honest with yourself
- Keeps you from being honest with others
- Keeps you from learning new things
- It's what causes you to feel good when others fail.
- It's what causes you to power up when you should be opening up.
- It's what causes you to cheat before you allow yourself to lose.
- it's what causes you to lie about your past.
- It's what causes you to demand to have the final word
- It's what causes you to buy things to impress people who aren't even paying any attention to you.

**ON TV: Pride**

**ON TV:** *“Unchastity, anger, greed, drunkenness are mere flight bites in comparison to pride, because pride leads to every other vice.” C. S. Lewis, Mere Christianity*

**ON TV: #1:** Pride diminishes us.

**ON TV:** Pride diminishes our capacity to admit what we need to admit, and to acknowledge what we need to acknowledge, and to apologize when we need to apologize.

**ON TV: #2:** Pride diminishes our capacity to say what needs to be said.

**ON TV: #3:** Pride prevents us from hearing what needs to be heard

**ON TV: #4:** Pride can't give what needs to be given.

**ON TV:** Left unchecked, pride diminishes our capacity to love, and it diminishes our capacity to receive love.

**ON TV/OUTLINE:** *“In his pride, the wicked man does not seek him. In all of his thoughts there is no room for God.” Psalm 10:4*

**ON TV:** Pride has the potential to crowd God out.

**ON TV:** An invitation to follow Jesus is actually an invitation to **unfollow pride**.

**ON TV/OUTLINE:** *“11 The greatest among you will **be your servant**. 12 For those who exalt themselves will be humbled, and those who humble themselves will be exalted.” Matthew 23:11-12*

**ON TV:** Greatness is about leaning into, for the benefit of other people

**ON TV/OUTLINE:** “Blessed are the *meek*, for they shall inherit the earth.” Matthew 5:5

**ON TV:** Jesus initiated reconciliation.

**ON TV:** Pride says, “*Wait!*” Jesus says, “*Initiate.*”

**ON TV/OUTLINE:** “5 In your relationships you must think and act like Christ Jesus. 7 But he gave up his place with God and made himself nothing. He was born as a man and became like a servant. 8 And when he was living as a man, he *humbled himself and was fully obedient to God, even when that caused his death—death on a cross.*”  
Philippians 2:5,7-8

**ON TV/OUTLINE:** “Come, *follow me*...” Matthew 4:19a

**ON TV: Question #1:** How does pride show itself in you?

**ON TV: Question #2:** What does pride camouflage itself as, in you?

**ON TV: Question #3:** How much longer do you plan to let pride continue?

**ON TV:** Why not?