

MIND CONTROL
Best Life Ever – Part 4 of 7

“17 Don't you see that whatever enters in the mouth goes into the stomach and then out of the body? 18 But the things that come out of the mouth comes from the heart and these defile you. 19 For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false testimony, and slander. 20 These are what defile a person.” Matthew 15:17-20

UGLY EMOTION: ENVY

“...envy rots the bones.” Proverbs 14:30b

KEY TRUTH #1: Envy leaving us **COMPETING** with people that don't even know there is a competition.

BOTTOM LINE: STOP it!

“I saw that all toil and all achievement spring from one person's envy of another. This too is meaningless; a chasing after the wind.” Ecclesiastes 4:4

KEY TRUTH #2: The reward of chasing after the wind is **DISSATISFACTION**.

“5 Fools fold their hands and ruin themselves. 6 Better one handful with tranquility than two handfuls with toil and chasing after the wind.” Ecclesiastes 4:5-6

KEY TRUTH #3: LESS is actually more when it leads to contentment, because the result is **PEACE**.

“7 Again, I saw something meaningless under the sun. 8 There was a man all alone; he had neither a son or a brother. There was no end to his toil. 'For whom am I toiling?'" Ecclesiastes 4:7-8

KEY QUESTION: Why do you **STRESS** yourself out to do everything you do, really?

“And why am I depriving myself of enjoyment? This too is meaningless, a miserable business.” Ecclesiastes 4:8

KEY TRUTH #4: You will never **EXPERIENCE** God's purpose for your life if you're **DISTRACTED** by God's purpose for someone else.

“A heart at peace gives life to the body but envy rots the bones.” Proverbs 14:30

“34 You are to love one another. 35 By this everyone will know that you are my followers if you love one another.” John 13:34-35