

IT'S A RESULT Because I'm Happy – Part 2 of 6

OBSERVATION: Happiness is more about WHO than WHAT.

"1 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, 2 and he began to teach them. 3 'Blessed are the poor in spirit, for theirs is the kingdom of Heaven.'" Matthew 5:1-3

Be-Attitude #1: Be poor in Spirit: People who embrace their daily DEPENDENCE on God, regardless of what they have.

Key Truth: The moment you put your trust in RICHES, instead of Him who richly provides, you are UNHAPPY.

"Blessed are those who mourn, for they will be comforted." Matthew 5:4

Be-Attitude #2: Mourners: People who are EMOTIONALLY connected and aren't afraid to HURT.

Key Truth: The fear of DYING will rob you of the joy of LIVING.

"Blessed are the meek, for they will inherit the earth." Matthew 5:5

Be-Attitude #3: Embrace Meekness: A proper VALUATION of yourself within the context of God's creation and love.

Key Truth: Meek people embrace REALITY.

"Blessed are those who hunger and thirst for righteousness, for they will be filled. Matthew 5:6

Be-Attitude #4: Committed to doing the right thing: It's having no GUILT, no regret and a clear CONSCIENCE.

Key Truth: Your greatest regret wasn't when you did the right thing, it's when you did the WRONG thing.

"Blessed are the merciful, for they will be shown mercy." Matthew 5:7

Be-Attitude #5: Show mercy: Happy people are RELATIONALLY generous.

Key Truth: Generous people do not seek REVENGE or hold GRUDGES.

"Blessed are the pure in heart, for they will see God." Matthew 5:8

Be-Attitude #6: Purity

Key Truth: Purity leads to CLARITY, which brings happiness.

"Blessed are the peacemakers, for they will be called children of God." Matthew 5:9

Be-Attitude #7: Be a Peacemaker

Key Truth: Reconcilers go to the people whom they have no peace and make PEACE. They don't sit on their offenses and they don't play the VICTIM.

"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." Matthew 5:10

Be-Attitude #8: Be committed regardless

Key Truth: You are going to SUFFER in this life for doing right or for doing wrong. You can be happy on one side of that equation, but not the other.

CONCLUSION: Happiness is a RESULT. You SOW and REAP your way to happy.

"24 Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand." Matthew 7:24,26