

## IT'S A RESULT Because I'm Happy – Part 2 of 6

**OBSERVATION:** Happiness is more about WHO than WHAT.

*"1 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, 2 and he began to teach them. 3 'Blessed are the poor in spirit, for theirs is the kingdom of Heaven.'" Matthew 5:1-3*

**Be-Attitude #1: Be poor in Spirit:** People who embrace their daily DEPENDENCE on God, regardless of what they have.

**Key Truth:** The moment you put your trust in RICHES, instead of Him who richly provides, you are UNHAPPY.

*"Blessed are those who mourn, for they will be comforted." Matthew 5:4*

**Be-Attitude #2: Mourners:** People who are EMOTIONALLY connected and aren't afraid to HURT.

**Key Truth:** The fear of DYING will rob you of the joy of LIVING.

*"Blessed are the meek, for they will inherit the earth." Matthew 5:5*

**Be-Attitude #3: Embrace Meekness:** A proper VALUATION of yourself within the context of God's creation and love.

**Key Truth:** Meek people embrace REALITY.

*"Blessed are those who hunger and thirst for righteousness, for they will be filled. Matthew 5:6*

**Be-Attitude #4: Committed to doing the right thing:** It's having no GUILT, no regret and a clear CONSCIENCE.

**Key Truth:** Your greatest regret wasn't when you did the right thing, it's when you did the WRONG thing.

*"Blessed are the merciful, for they will be shown mercy." Matthew 5:7*

**Be-Attitude #5: Show mercy:** Happy people are RELATIONALLY generous.

**Key Truth:** Generous people do not seek REVENGE or hold GRUDGES.

*"Blessed are the pure in heart, for they will see God." Matthew 5:8*

**Be-Attitude #6: Purity**

**Key Truth:** Purity leads to CLARITY, which brings happiness.

*"Blessed are the peacemakers, for they will be called children of God." Matthew 5:9*

**Be-Attitude #7: Be a Peacemaker**

**Key Truth:** Reconcilers go to the people whom they have no peace and make PEACE. They don't sit on their offenses and they don't play the VICTIM.

*"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." Matthew 5:10*

**Be-Attitude #8: Be committed regardless**

**Key Truth:** You are going to SUFFER in this life for doing right or for doing wrong. You can be happy on one side of that equation, but not the other.

**CONCLUSION:** Happiness is a RESULT. You SOW and REAP your way to happy.

*"24 Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand." Matthew 7:24,26*