



I Am Woman, Let's Restore

A Biblical Study on Womanhood

Holy Women Who Hope in God
1 Samuel 1:1-2:11, Proverbs 31:10-31, Ruth
March 5, 2008

"Women who hope in God look away from pain, trials, and obstacles in life that seem to make the future look hopeless, and they focus their attention on the sovereign power and love of God who rules in heaven and earth and does whatever pleases Him." -John Piper

1. Hannah (1 Samuel 1:1-2:11)

2. The Virtuous Woman (Proverbs 31:10-31)

- This is the best passage describing _____
under the foundation of Genesis 1-3!

1) Her Husband (31:10-12, 23)

31:10:

31:11

31:12

31:23

Single Women:

"Watching a man's commitment to the bride of Christ is going to help us discern how he will interact with an earthly bride. We can evaluate many things about a man's character through serving together in church before we invest any of our emotions in a relationship with him. We really want to marry men who love one person more than they love us—Jesus." -Carolyn McCulley



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2) Her _____ (31:13-27)

3) Her _____ (31:28-31)

Summary of the Virtuous Woman:

- She is _____ and _____ to her husband.
- Her _____ is the center of her attention.
- She is _____ and _____.
- She has an _____ for _____.
- She is totally _____.
- She is _____ to her home and _____ toward those outside her home.
- She _____ the Lord.

"When a physically attractive woman walks by, we notice—men particularly! But that's the end of it. Her beauty makes a fleeting, momentary impression. But a woman who cultivates inner beauty, who fears God and lives to serve others, makes a difference in people's lives. Her beauty makes a lasting impact on the lives she touches. Godly, inner beauty makes an indelible mark on the lives of others and glorifies God." -Carolyn Mahaney

3. Ruth

Lessons for Women:

- 1) Ruth _____ and _____ in God.
- 2) Ruth's _____ and _____ are known by all.
- 3) Ruth _____ for her mother-in-law.



Week 5 Questions to Ponder

1. In the talk, *Holy Women Who Hope in God*, I said that the essence of our femininity is hoping in God (1 Peter 3:5). Do you agree? Explain. Could it be said of you that you are a holy woman who hopes in God?
2. Reflect on the women we studied in the talk (Hannah, The Virtuous Woman, Ruth). What are some things you learned from their lives about biblical womanhood?
3. In Hannah, we see a woman who went before the Lord with her unfulfilled desire, pouring her heart out before Him and putting her hope in Him. What are some unfulfilled desires in your life right now? Are you responding like Hannah?
4. Re-read Proverbs 31:10-31. After listening to the talk, think of **two** application points for you personally, to strive to become more like this virtuous woman. Be prepared to share with your discussion group how you have started applying this or your plan to start applying this.
5. How would you explain Proverbs 31:30 to a woman who is a young believer? Give ways in which she (and you) could grow in the fear of the Lord.
6. Review the application for single women. Single women, how were challenged from this? How are you (or how can you begin) preparing for marriage and motherhood now? Married women, what are specific ways you can come alongside single women at Crosspoint Church and encourage them? Be prepared to share this in your discussion group next week.



7. Begin thinking about a definition of biblical womanhood. Write out some of your initial thoughts based on the first five weeks of the Bible study.

8. Over the past couple of weeks we have been studying biblical womanhood as it applies to the home. We will spend the next two weeks studying how biblical womanhood is applied in the local church. Read and write observations this week from 1 Timothy 2:8-15; 1 Corinthians 14:26-30 (especially vv. 34-35); and Titus 2:3-4. You can use the back of this page.