

Connection Group Discussion

Scriptures are provided for context. Some groups may choose not to read them for sake of time. Also, please do not feel you have to cover all of the questions.

1. What aspect of the message was most significant to you?
2. Read **1 Corinthians 6:12**. How can you tell if a good thing has become an addiction? How do you define an addiction?
3. Read **Romans 6:12-14**. Do you agree that addiction is a sin issue? Why or why not?
4. Read **Romans 1:24-25**. Do you agree with the concept that an addiction is a form of idolatry? Why or why not?
5. Read **John 8:44** and **2 Peter 2:19**. How do our idols lie to us?
6. Could you relate to the gorilla metaphor? How is an addiction like a pet gorilla?
7. Have you ever broken free from an addiction? What was it and how did it happen? What were the greatest keys to breaking free?
8. Read **James 5:16**. Why is it so difficult for people to confess an addiction to others?
9. Read **Hebrews 6:12**. What kind of changes of routine could result in more freedom in your life?



1 Corinthians 6:12 "All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any."

Understanding Addictions

1. An addiction is a _____ issue.
Romans 6:12-14 "Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace."
2. An addiction is a _____ disorder.
Romans 1:24-25 "... who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever."

3. An addiction is a _____.

Luke 16:13 "No servant can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon."

To Break Free From Addictions

1. _____

Acts 3:19a "Repent therefore and be converted, that your sins may be blotted out..."

• **Turn from _____**

Acts 14:15b "... you should turn from these useless things..."

• **Turn to _____**

Acts 14:15c "...to the living God, who made the heaven, the earth, the sea, and all things that are in them."

2. _____

2 Corinthians 4:2 "But we have renounced the hidden things of shame..."

• **Renounce it _____**

Ephesians 4:1 "I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called."

Matthew 5:29-30 "If your right eye causes you to sin, pluck it out and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. And if your right hand causes you to sin, cut it off and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell."

• **Renounce it _____**

James 5:16 "Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much."

3. _____

Acts 3:19 "Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord."

• **Renew your _____**

Psalms 34:8a "Oh, taste and see that the LORD is good..."

John 4:24 "God is Spirit, and those who worship Him must worship in spirit and truth."

• **Renew your _____**

Hebrews 6:12 "... that you do not become sluggish, but imitate those who through faith and patience inherit the promises."