

Connection Group Homework

1. Could you relate to the feeling of living in a straitjacket? Please explain.
2. Read **John 8:36**. How does knowing the truth set a person free? How does this verse apply to your life ?
3. Read **Matthew 11:28**. To come to Jesus you must admit your need, want Him to make you whole and ask for God's help. What would you be willing to admit is the biggest limitation in your life? What is the number one thing keeping you from fulfilling God's best in your life?
4. Read **John 5:5-6**. Why would Jesus ask this sick man, "Do you want to be made well"? Is there any reason you would not want to be free of the things that are limiting you from living in God's best?
5. Read **Luke 11:9**. If God knows our need, why does He want us to ask Him? Are there any reasons you wouldn't want to ask the Lord to remove all limitations from your life and set you free? Is there anything specifically you would want the group to pray with you about concerning freedom from limitations?
6. Read **Genesis 4:1-10**. What does this verse teach us about denial? Have you ever known of anyone with serious issues they were in denial or in self-deception concerning? What happened?
7. Read **Matthew 11:28-30**. What aspect of this passage is most meaningful to you at this time? What are your expectations during the Break Free campaign?



breakFREE Part 1

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Matthew 11:28-30

"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."

The Problem

John 8:36 "Therefore if the Son makes you free, you shall be free indeed."

John 8:36 (TEV) "If the Son sets you free, then you will be really free."

Matthew 11:28b "...all you who labor and are heavy laden..."

The Process

1. _____ to Jesus.

Matthew 11:28 "Come to Me..."

The Way to Come To Jesus

- **Admit**

Luke 15:17 "But when he came to himself, he said, 'How many of my father's hired servants have bread enough and to spare, and I perish with hunger!'"

- **Want**

John 5:6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"

- **Ask**

Luke 11:9 "So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you."

*"The acid of my pain, ate through the wall of my denial."
- Keith Miller*

"God whispers to us in our pleasures but He shouts to us in our pain. Pain is God's megaphone." - C.S. Lewis

2. _____ on Jesus

Matthew 11:29a, 30 "Take My yoke upon you...For My yoke is easy and My burden is light."

John 14:17 He dwells with you and will be in you.

John 4:4 He who is in you is greater than he who is in the world.

Philippians 2:13 It is God who works in you both to will and to do for His good pleasure.

Philippians 4:13 I can do all things through Christ who strengthens me.

3. _____ from Jesus

Matthew 11:28 "learn from Me..."

John 8:31b-32 "...If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free."

John 16:13a "However, when He, the Spirit of truth, has come, He will guide you into all truth."

The Promise

Matthew 11:29c "...you will find rest for your souls"

"Thou madest us for Thyself, and our heart is restless, until it rests in Thee." - St. Augustine