

Connection Group Discussion

Scriptures are provided for context. Some groups may choose not to read them for sake of time. Also, please do not feel you have to cover all of the questions.

1. Did the message challenge you in your understanding of anger? How so?
2. What are the deeper issues that tend to pull the trigger in you becoming angry?
3. What is something that angers God that causes a holy anger to arise in you?
4. What changes do you plan to make based on this message?



break**FREE** Part 11
TODD HUDNALL • APRIL 21-22, 2012

The Force of Anger

1. Anger is the greatest _____ of the human soul.
Ephesians 4:26 (NAS) Be angry, and {yet} do not sin.
Proverbs 16:32 He who is slow to anger is better than the mighty, and he who rules his spirit, than he who captures a city.
2. Anger is a characteristic of _____.
Exodus 34:6 (NIV) ..."The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness."
John 2:13-17, Mark 3:1-5
3. Anger is required by _____.
4. Anger is a source of great _____.

The Destructive Potential of Anger

1. Anger...

- **Disintegrates physical** _____
Proverbs 14:30 (MSG) A sound mind makes for a robust body, but runaway emotions corrode the bones.
- **Defuses common** _____
Proverbs 14:17 A quick-tempered man acts foolishly.
- **Disengages human** _____
Proverbs 19:19 A hot-tempered man must pay the penalty; if you rescue him, you will have to do it again.
- **Destroys harmonious** _____
Proverbs 15:18 A hot-tempered man stirs up dissension, but a patient man calms a quarrel.

2. Anger is a _____ sign of deeper issues.

3. Anger provides a foothold for spiritual _____.

Ephesians 4:27 (TLB) When you are angry, you give a mighty foothold to the devil.

4. Anger is _____.

Proverbs 22:24-25 Make no friendship with an angry man, and with a furious man do not go, lest you learn his ways and set a snare for your soul.

5. Anger is _____ by God.

Matthew 5:22 "But I say to you that whoever is angry with his brother without a cause shall be in danger of the judgment."

Break Free From Anger

1. _____ **disordered anger.**

Exodus 20:3 "You shall have no other gods before me."

2. _____ **sinful anger.**

Galatians 5:19-20 (NAS) Now the deeds of the flesh are evident, which are...outbursts of anger.

Colossians 3:8 (NIV) But now you must rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.

3. _____ **your anger.**

Proverbs 24:29 Do not say, "I will do to him just as he has done to me; I will render to the man according to his work."

4. _____ **your anger.**

James 1:19 (NIV) My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.

Matthew 5:44 "But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you."

5. _____ **your anger.**

Ephesians 4:26 Be angry, and do not sin...