

## Connection Group Discussion

*Scriptures are provided for context. Some groups may choose not to read them for sake of time. Also, please do not feel you have to cover all of the questions.*

1. Have you been able to stay up on your daily Bible reading and weekly Break Free study? Do you have any personal insights you'd like to share from your study time?
2. Read **2 Corinthians 2:10:3-5**. Pastor Todd discussed these verses and how we are in a mental war. Have you recognized this battle in your own life? Please give an example.
3. Read **Matthew 12:34**. The way you speak to yourself will help identify mental strongholds. What mental strongholds have you identified in your own life? How do they affect you?
4. Read **Romans 12:2**. What have you found to be the most effective way to renew your mind to God's Word?
5. Read **Colossians 3:2**. Are you diligent about controlling your thinking? Do you really think about what your thinking about? What can you do to become more vigilant in this area?
6. Pastor Todd encouraged us in a method of using the Scripture cards to renew our minds and Kelly gave an example of doing it in her own life. Have you tried this method? What do you think about this way of renewing your mind? Are you going to try it? What area are you going to focus on?



**breakFREE Part 5**  
**TODD HUDNALL • MARCH 10-11, 2012**

**2 Corinthians 10:3-5** For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.

1. \_\_\_\_\_ mental strongholds

**2 Corinthians 10:4** For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds.

**Proverbs 23:7a** For as he thinks in his heart, so is he.

**Matthew 12:34** Brood of vipers! How can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks.

2. \_\_\_\_\_ mental strongholds

**2 Corinthians 10:4b-5a** Pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God

**Romans 12:2** And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

3. \_\_\_\_\_ every thought

**2 Corinthians 10:5b** ...bringing every thought into captivity to the obedience of Christ.

**Colossians 3:2** Set your mind on things above, not on things on the earth.

**Romans 8:5** For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.

**Proverbs 4:23 (CEV)** Carefully guard your thoughts because they are the source of true life.

**Philippians 4:8** Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

*Unless otherwise noted all Scriptures are from  
the New King James Version*