

# 5 Day Devotional Guide

## Look Up

### **Day 1: It's Not About You** | Scripture: Acts 3:1-16

Devotional: Peter and John didn't heal the lame beggar through their own power or holiness. They simply said, "In the name of Jesus Christ of Nazareth, rise up and walk." The breakthrough came when they pointed away from themselves and toward Christ. How often do we struggle under the weight of circumstances, forgetting that our authority doesn't rest in our ability but in whose we are? Today, whatever impossibility you're facing (physical, emotional, or spiritual), remind yourself: "I'm with Him." You don't need to be strong enough, smart enough, or holy enough. You simply need to be connected to the One who is more than enough. Stop looking at your inadequacy and fix your eyes on Jesus, the author and perfecter of your faith.

### **Day 2: Look Up** | Psalm 121:1-8

Devotional: The lame beggar was so accustomed to rejection that he couldn't even look up when Peter and John approached. He expected nothing more than spare change from religious people passing by. But Peter commanded, "Look at us!" Peter wasn't drawing attention to himself, but lifting the man's gaze from his circumstance to the possibility of Christ. Where is your gaze fixed today? On your diagnosis? Your debt? Your disappointment? The psalmist declares, "I lift up my eyes to the hills—where does my help come from? My help comes from the LORD." Before healing can flow, expectation must rise. Look up from your situation. God wants to meet you right where you are, but He won't leave you there.

### **Day 3: Expect to Receive** | Scripture: Mark 11:22-24

Devotional: After the beggar gave Peter and John his attention, Scripture says he was "expecting to receive something from them." Expectation is the soil where miracles grow. Jesus taught that whatever we ask in prayer, believing we have received it, it will be ours. This isn't positive thinking. This is faith-filled expectation rooted in the character of God. He is a good Father who loves to give good gifts to His children. Are you approaching God with genuine expectation, or merely going through religious motions? God isn't a charity dispenser; He's a loving Father eager to meet your needs. Come humbly, come hungry, but come expecting. *God's children don't beg, they believe.* Today, ask God specifically for what you need, and expect Him to answer.

### **Day 4: Take a Step** | Scripture: James 2:14-26

Devotional: The moment the lame man received strength in his feet and ankles, he didn't sit there analyzing what happened. He leaped up, stood, walked, and entered the temple praising God. Faith without action is dead. After you've looked up and expected to receive, you must take a step. This might mean going back to the doctor for confirmation of healing, forgiving someone who hurt you, applying for that job, or beginning to serve. Whatever God is calling you to do, do it! The beggar could have stayed seated, afraid his legs might fail. Instead, he stepped into his miracle. What step of faith is God asking you to take today? Don't let fear keep you from walking in what God has already provided.

### **Day 5: Praise Your Healer** | Scripture: Psalm 103:1-5, Acts 1:8

Devotional: The healed beggar didn't quietly slip away. He walked, leaped, and praised God publicly. His testimony became Peter's sermon illustration, pointing thousands to the risen Christ. When God moves in your life, don't keep it to yourself. Your breakthrough is someone else's hope. Your healing declares that Jesus is alive and still working today. The psalmist commands his own soul: "Praise the LORD...and forget not all his benefits—who forgives all your sins and heals all your diseases." Whether your healing is physical, emotional, or spiritual, let praise be your response. Tell everyone who turned your sorrow into joy. Declare the name of Jesus over your life. Your praise isn't just personal worship, but a witness that Jesus Christ of Nazareth still heals today.

# Keep Moving Forward: Your Fresh Wind Commitment

*As you complete this devotional journey, consider these practical steps to position yourself for God's fresh wind:*

## Weekly Commitments:

- *Attend Sunday worship consistently (aim for 3+ services monthly)*
- *Join Wednesday prayer gatherings to seek God corporately*
- *Participate in monthly Fresh Wind evening services*
- *Be part of a Discipleship Group*

## Daily Practices:

- *Designate specific time for prayer and Scripture reading*
- *Remove one distraction that crowds out time with God*
- *Ask the Holy Spirit to fill you afresh each morning*
- *Invite someone to join you in pursuing God's presence*

**Remember:** Jesus is the healer. He is still healing today. He empowered His disciples to heal. He is still empowering His disciples to heal today.