

# 5 Day Devotional Guide

Help My Unbelief

## **Day 1: Persistent Prayer** | Scripture: Luke 18:1-8

Devotional: Jesus tells us to pray and never give up. The persistent widow wouldn't stop bringing her request until justice was served. When we face overwhelming circumstances, our natural tendency is to pray once or twice, then rely on our own understanding. But God calls us to something different—relentless, unwavering prayer. This isn't about wearing God down; it's about aligning our hearts with His will and acknowledging our complete dependence on Him. When the facts are terrifying and the situation seems hopeless, prayer becomes our spiritual weapon. Today, identify one area where you've stopped praying. Commit to persistent prayer, trusting that God hears every word and works even when you cannot see the results.

## **Day 2: Facing Facts with Faith** | Mark 9:14-29, Matthew 17:14-21

Devotional: The desperate father brought his demon-possessed son to Jesus after the disciples failed to heal him. The facts were terrifying, his son had suffered since childhood. The facts were settled, it was a lifelong condition. The facts seemed hopeless, Jesus' disciples couldn't help. Yet this father came anyway. Faith doesn't ignore reality; it faces facts while trusting in a God bigger than those facts. When the father cried, "I believe; help my unbelief," he modeled honest faith for all of us. You don't need perfect faith; you have a perfect Savior. God can work miracles with mustard-seed faith. What facts are you facing today that seem impossible? Bring doubts honestly before God and continue to cling whatever faith remains.

## **Day 3: Spiritual Battles Require Spiritual Weapons** | Scripture: Ephesians 6:10-18

Devotional: We live in a world where physical realities often mask spiritual battles. Paul reminds us that we don't wrestle against flesh and blood, but against spiritual forces. The disciples faced a demon-possessed boy with their own strength and failed. Jesus taught them that some battles can only be won through prayer. You cannot fight a spiritual battle without spiritual weapons, you need spiritual weapons for spiritual problems. When facing illness, financial hardship, relational conflict, or personal struggle, remember that prayer is your primary weapon. Today, examine the challenges you're facing. Have you been trying to solve spiritual problems with purely physical solutions? Put on the full armor of God. Fight your battles on your knees before you fight them anywhere else.

## **Day 4: Faith in God's Power, Not Your Own** | Scripture: 2 Corinthians 12:7-10

Devotional: "My grace is sufficient for you, for my power is made perfect in weakness." Jesus asked the desperate father, "If I can?" turning the question back on those who doubted His power. We often approach God wondering if we have enough faith, when we should be marveling that we have such a powerful God. Paul discovered that his weakness wasn't a barrier to God's work, his weakness was the perfect place for God to display His strength. Stop measuring your faith and start magnifying your God. Your inadequacy is not the problem; it's the opportunity for God to show His adequacy. Today, list the areas where you feel weak, insufficient, or unable. Now surrender each one to God, acknowledging that His power is made perfect in your weakness. Trust not in your ability to believe, but in His ability to move.

## **Day 5: Don't Stop Praying** | Scripture: 1 Thessalonians 5:16-18; James 5:13-16

Devotional: "This kind can come out by nothing but prayer," Jesus told His disciples. Some breakthroughs require sustained, persistent prayer. We live in an instant culture, but God often works on a different timeline. Prayer isn't just asking once; it's continual communion with God, repeatedly bringing our needs before Him while trusting His timing and wisdom. When you're in the waiting room between prayer and answer, don't stop praying. When healing has begun but isn't complete, don't stop praying. When doubt creeps in and facts seem overwhelming, don't stop praying. Prayer keeps us connected to our power source. It reminds us that we're dependent on God, not ourselves. Don't stop praying, and in every sign of progress begin to praise!

# Keep Moving Forward: Your Fresh Wind Commitment

As you complete this devotional journey, consider these practical steps to position yourself for God's fresh wind:

## Weekly Commitments:

- *Attend Sunday worship consistently (aim for 3+ services monthly)*
- *Join Wednesday prayer gatherings to seek God corporately*
- *Participate in monthly Fresh Wind evening services*
- *Be part of a Discipleship Group*

## Daily Practices:

- *Designate specific time for prayer and Scripture reading*
- *Remove one distraction that crowds out time with God*
- *Ask the Holy Spirit to fill you afresh each morning*
- *Invite someone to join you in pursuing God's presence*

**Remember:** Jesus is the healer. He is still healing today. He empowered His disciples to heal. He is still empowering His disciples to heal today. You have are fighting a spiritual battle, you have to use spiritual weapons. A little bit of faith goes a long way.