

## Feeding Our Souls on Christ

Let us gather around the Lord's Supper with fresh eyes from 1 Corinthians 11.

Today, we explore how communion is far more than a ritual—it's a powerful act of corporate worship when our hearts declare that Christ is worth remembering.

Today by remembering His sacrifice, proclaiming His death until He comes, we are nourishing our souls on Him spiritually through the bread and cup.



# TAKE & EAT

COMMUNION SUNDAY

**1 Corinthians 11:17–34**

## I. Introduction & Redefining Worship

Today it is fitting to consider the place of communion. Importantly, the New Testament never calls the Lord's Supper "worship," nor does it label any church gathering as "worship." No New Testament service is ever described that way.

**Partaking of Communion is  
Worship!**

Worship is treasuring, valuing, and cherishing the beauty, truth, and infinite worth of Christ. Outward acts—songs, service, even daily routines—become worship when they flow from that inner treasuring



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## II. The Corporate Nature of Communion (1 Cor. 11:18, 20)

The Lord's Supper, is a corporate act. Paul writes, "when you come together as a church" (v. 18) and "when you come together to eat" (v. 20).

It is not a private or scattered meal, but a gathered event of the whole body—"one bread, one body" (10:17).

Paul rebukes the Corinthians for turning the Supper into a selfish feast (vv. 20–22).

They are to satisfy any physical hunger at home; At the Communion table, the elements are intentionally small so the focus remains spiritual. The Supper feeds the soul, not the body.  
Come hungry for Christ.



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### III. Three Ways the Supper Directs Us to Treasure Christ (Worship)

#### Remembering (vv. 23–25)

Jesus said, “Do this in remembrance of me.” The Supper becomes worship when we intentionally recall His death — more worthy of memory than any other event or person. If our hearts say, “He is worth remembering,” we are worshiping.



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### III. Three Ways the Supper Directs Us to Treasure Christ (Worship)

#### Proclaiming (v. 26)

“As often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.”

Remembering lifts Christ to mind;  
Proclaiming makes that treasure visible and public. Through simple, tangible signs—bread broken, cup shared—we announce together His infinite worth.



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### III. Three Ways the Supper Directs Us to Treasure Christ (Worship)

#### Nourishing our souls on Christ

Eating and drinking are acts of nourishment.

#### Statement of Truth:

Communion is not about physical food but about feeding on Christ spiritually.



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## Three Traditional Views Concerning Communion

Roman Catholics: Transubstantiation—the elements become the literal body and blood.

Lutherans: Consubstantiation—the body is present “with” the elements.

Reformed (our view): the bread and cup are symbols/emblems of Christ’s real body (now in heaven at the Father’s right hand). By faith and the Spirit, we truly feed on the living Christ (John 6:63: “It is the Spirit who gives life; the flesh profits nothing. The words I have spoken are spirit and life”). The cup “is the new covenant in my blood” (v. 25)—not literally the covenant, but a vivid sign of it, just as a photo “is” your child.



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## Question for Consideration?

Who may come to the table?

This is the Lord's table—not our table,  
This is not a Baptist table!

Communion is for **ALL** baptized  
believers in Jesus Christ.

Those who have publicly professed faith  
through baptism and who are actively  
trusting and following Him. We do not  
come because we feel worthy, but  
because Christ has made us worthy  
through His blood.

Let us confess known sin, rest in His  
forgiveness, and feed on Him.



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