

Grace Bible Church

**Robert McLaughlin Bible Ministries
Grace Bible Church**

www.GBible.org

Pastor/Teacher Robert R. McLaughlin
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Substitute Teacher – Cliff Spier

Fear – Psm 27, 3:8

<https://www.youtube.com/watch?xxxxxxx>

Thank Pastor Bob

Rebound -

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Topic

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Recall the Fundamentals of the Spiritual Life

1. Rebound -> Faith Rest Procedure
 - a) Promises
2. Learn God's Essence (JR SOOO LIVE), esp. how His Love -> +R & J function
3. Grace Orientation (God's grace policy – intro)
 - a) To yourself (... no condemnation in Christ Jesus)
 - b) To OTHERS (ref 1 Tim 2:4 – salvation & spiritual growth)
4. Doctrinal Orientation
 - a) Commands, Instructions/Procedures, Promises
 - e.g.
 - 1) CMDs – Love your neighbor ... - Mark 12:31/Lev 19:18
 - 2) Procedures – Rebound - 1Jn 1:9; Faith Rest Procedure - Heb 4:1
 - 3) Promises – When I fear, I will Trust in Him – Psm 56:3
5. Love for God/Father – appreciate Him / Respect Him / Awe (Deut 6:5-6, 10:12, 11:13; Joshua 22:5; Lk 10:27, Matt 22:37, Mk 12:28-29)

Tonight's lesson is about Fear or rather anti-Fear. Because as Believers in TLJC fear should not grip us in our lives. Yet, there is fear in this world. No doubt about that. And that fear creeps into our souls, so we must use The Shield of Faith – that is Faith Rest – in the Armor of God analogy. Or said differently the Faith Rest procedure. (mp3 series on the New Believer)

But we as humans develop all kinds of problems, and worries, and anxieties. There is so little application of divine wisdom, BD, or using God's solutions to the problems we see around us and that we experience today.

In today's society you see that what is good has become evil, and what is evil has become good.

I don't want to scare you with the down turn in our country that started in the 1960's and has accelerated to today with:

... the proliferation of ideologies, such as socialism and Marxism, that is humanism which is the enemy of Christ

Plus we see the rise of radical revolutionary organizations, like ANTIFA and Black Lives Matter, with accompanying riots and looting in the streets. Their mission, stated mission, as Marxist is to destroy the fabric of this nation.

Meanwhile we defund the police, and not surprisingly, crime runs rampant especially in our major cities.

Are you going to take a 2 hr train to NYC? So you can be assaulted or thrown on the tracks by thugs and mentally unstable people?

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The Divine Institutions are under attack:

DI #1 Freedom – Life, Liberty and the pursuit of happiness – Declaration of Independence

- Free speech – if you say anything that does not fit the woke thinking you are censored / cancelled. No free speech.
- The gov't wants to ban natural gas so we have to use electricity, but then tells us not to use it in the afternoon – because solar and wind cannot generate enough power to meet the need. Not to mention the gov't push to buy electric cars. And you can't charge them in the afternoons?!

DI #2 – Marriage is under attack, by LGBTQ. With women who want to be men and men who abdicate and become feminine.

DI #3 – Family; broken families, single families, no parent families.

DI #4 - Nationalism - we are now embracing globalism where we make economic decisions and foreign policy based on global factors first, this country second.

The Rule of Law –

Criminal are caught then let back on the streets with no bail and they do not show up to court. Or the prosecutors don't change them at all.

Climate change – the biggest farce of all. The world is getting micro perceptible warmer (5 yr mean 0.5% increase) so we must save the planet. Or rather, the gov't is spending your hard earned dollars to save the planet.

The climate of the earth goes up and it goes down. Look at the 500 year or 1000 yr history of our temperature. There is a cycle of a few degrees up and down over time. Any fool can see that.

Yet in newspapers and leading journals we have -

Geologists Think the World May Be Frozen Up Again – New York Times, February 1895

Prof. Schmidt Warns Us of an Encroaching Ice Age – New York Times, October 1912

“Scientist says Arctic ice will wipe out Canada” – Professor Gregory of Yale University, American representative to the Pan-Pacific Science Congress, – Chicago Tribune 1923

Did that happen? Is this planet going to have a global heat catastrophe?

Personal story – Hole in the Ozone 1973 25-40 volcano eruptions/year

“The hole in the ozone layer is a kind of skywriting. At first it seemed to spell out our continuing complacency before a witch's brew of deadly perils - Carl Sagan – false science Scare tactic.

And the ‘scientists’ will tell us that we banned aerosol spray cans and that fixed the problem. Skubala

So embracing the politically motivated, green revolution, as the new savior of the planet, of all human beings, replacing Jesus Christ as the savior - that's humanism.

Commodities like gasoline, diesel, electricity and foods like bread, cereal, eggs, milk should all be rather inexpensive and plentiful.

Mothers should not have to wait in line to buy a single can of baby milk formula. Never.

Its shameful.

But that's what we, as citizens of the USA, have allowed.

So... There is much to be concerned with -- but much to worry about? No not worry. JC controls history and G/F has an individual plan for you, a plan for this nation and a plan for all human history.

Sure there will be opportunities for fear. This is the devil's world, man's OSN is still in play and today it is running rampant in the streets and in the halls of govt.

But fear? No. Not for the Believer in JC.

As we will see tonight, David said –



Psalm 56:3 [**Promise**] When I am afraid,
I will put my trust in You. [you can have fear but don't let it control you – how? F/R Drill]

To the extent that you worry, or that you fall into anxiety, or panic over the circumstances, you're defeated.

I am of course emphasizing the importance of your spiritual life in Satan's world, the solution to worry is exclusively, and permanently Bible Doctrine, and the application of BD also called Divine Wisdom. Divine Wisdom is how God thinks.

And if God thinks a certain way and is not ‘worried’ or anxious – then should we?

Recall one of the greatest catastrophes that has ever happened in the human race. Can you recall what that was? When we fell. When the human race fell. When Adam bit into the fruit against God's command. All of humanity is now under a curse.

Yet what was TLJC attitude when that happened?

Genesis 3:8 Adam and the woman heard the sound of the *Yahweh elohim* walking in the garden in the cool of the day [JC was relaxed, he was not worried]



JR SOOO LIVE (slide) application of His Omniscience and Sovereignty (He knew the solution and G/F had provided for it – PoG)

Satan was deliriously happy that he defeated G/F. But JC was relaxed and knew the problem and provided the solution.

Just another reminder God wins, Satan loses.

So if the godhead was not worried about the greatest calamity of human existence – why should we be worried or anxious or fearful in external calamities or in personal bad decisions and their consequences?

We Should Not.

God provided an answer, its our jobs to learn it, think about it, develop a motivation to use it and then apply it to our lives. (Learn, Think, Motive, Act)

We live in the world – what Pastor Bob and calls the *cosmos*, the cosmic system - we are just not of this world. And your solutions are not of this world.

We are to use the solutions God/F has given us.

And what did we study on Sunday? God the Father has given us His **precious** and **magnificent** promises

And if God thinks of his 'promises' as precious and magnificent, what does that tell us how we should think of them? Yep – we need to learn them and apply them to our lives.

I am not just up here preaching to you. No.


 verse....

G/F has given to us his precious and magnificent promises that by them you can become partakes of the divine endowment. (slide) so that you can take advantage of the sp life.

Stop and contemplate that for a moment. (pause)

Open your bibles to Psalm 3:8 - Lets look at this subject of Fear (pause)

The ultimate solution to fear and worry, is

 **Psalm 3:8 Salvation [deliverance] belongs to the Lord! [Deliverance is God's domain] Your blessing be upon Your people! Selah.**

Undoubtedly there is spiritual failure in the United States, it is exemplified by the common denominator of fear.

That's an everyday Mental Attitude Sin (MAS) of thousands of believers, - you may be one of those to a greater or lesser extent - fear may rule your life, you may be in a constant state of fear, and anxiety, and worry.

Now if you are interested in resolving, or being able to resolve worry, when human problems like fear are intense, then you need to listen very carefully to what the scripture says on this subject. And to the solutions God offers to you, so that you can live the spiritual life, and have a Relaxed Mental Attitude (RMA) doing it. Because that's what the spiritual life offers, a relaxed attitude under all conditions - even the worst conditions.

I like to visualize sometimes to make sure I understand the importance of God's word.

I just said ... what the spiritual life offers, a relaxed attitude in under all conditions - even the worst conditions.

- so stop what are your worst conditions? What if you were a young mother or father in Ukraine right now. Believer in Ukraine. Maybe you have a son or daughter fighting for your freedoms. I'd say that are some worst conditions of life.

I am not trying to compare a mother in Ukraine with your problems, I am just trying to emphasize that not matter the severity of your problems - and believe me I know first hand how my problems seem to be the most severe of my life – and they are at times, BUT God's solutions handle them. His precious and magnificent promises and His thinking, BD, handle them, and handle them all.

So again

What God's spiritual life offers, a relaxed attitude under all conditions - even the worst conditions. And then, you are ready to live without fear. Especially when any crisis hit you, and there may be one or two or many crises to hit you in the coming days, weeks, months or years.

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Also recall I put 'promises'

'promises' is epáγγελma (ep-ang'-el-mah), it focuses on the results of God's promise – so really it means a “great number and extremely valuable favors / blessings”.

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Psalm 3:8 Salvation [deliverance] *belongs* to the Lord! [Deliverance is God's domain]
Your blessing be upon Your people! Selah.

Deliverance belongs to the Lord, to those who use God's solutions.

Turn in your bibles to Psalm 56

With that as background - we are going to look at the Life of David and see how he failed and how he recovered.

Recall David was one of the great believers of the OT. The bible says David was a man after God's own heart.

What does that mean? Simple, when David got out of fellowship, he Rebounded and re-started claiming the promises of God in his life. And then realized / re-recalled God has a plan for his lives (Plan of God). He like other OT bels used the PoG rationale as part of the F/R procedure to handle adverse situation in life.

I want to start with a narrative and summarize an event in David's life when David was out of fellowship and feared.

Then we will look at fear and the solutions to fear.

Psalm 56:2 is a situation in the life of David

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**Psalm 56:2 My foes [like Saul] have trampled upon me all day long,
For they are many who fight proudly against me.**

David says, **“My foes have trampled upon me all day long, for they are many who fight proudly against me.”** you know what that sounds like, that's just a few enemies.

So this is a lament, a poem of despair by one of the greatest men who has ever lived, one of the greatest warriors who has ever lived, it was a time when David was under the influence of fear, rather than faith rest that he had exercise so many times in his life.

But he had to experience the miserable results of such failure before he embraced the solution of Psalm 56:3.

What was the situation then that brought David, this man of courage, to a point of despair brought on by fear? Simply stated it was the very first king of Israel, the predecessor to David, King Saul.

David is afraid, scared for his life, because Saul is jealous and wants to kill him. The most powerful man in Israel, with an entire army wants to kill David, now you that might be a good reason to be afraid.

Fear dominated David, at this point. So he made some very bad choices, foolish and unnecessary ways to escape his fears. Something we often do as well in irrational ways, without regard to the discernment that Bible doctrine provides.

[Turn to 1 Sam 21:10]

David's fear is demonstrated in 1 Sam.21:10

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1 Samuel 21:10 ¶ Then David arose and fled that day from Saul, and went to Achish [Philistine] king of Gath.

And David is fearful, look at what it says in 1 Sam.21:10, **“Then David arose, when did he arise, when he heard that Saul was after him, and wanted to kill him, David arose and he fled that day from Saul and he went to Achish king of Gath.”**

Achish king of Gath? This shows how far David at fallen in fear.

The Philistines. Remember David did not fear when he kill the great Philistines warrior, Goliath, he was a teenager and he killed the greatest Philistines warrior in battle. But now in the grip of fear David runs right into the arms of his Philistines enemies - bad decision? His solution is to receive the protection of Achish king of Gath a Philistine King.

Look at v11

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1 Samuel 21:11 But the servants of Achish said to him, "Is this not David the king of the land? Did they not sing of this one as they danced, saying, 'Saul has slain his thousands, And David his ten thousands'?"

That entire town knew who David was. In fact they hated him. You killed our champion, and you sent our army running, they didn't like him. At this moment David forgot God's promise to protect him, and he ran to Achish.

This bad decision just generates more fear.

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1 Samuel 21:12 And David took these words to heart, and greatly feared Achish king of Gath.

David knew fear as stated in 1Sam.21:12, **“David took these words to heart, and greatly feared Achish king of Gath”**

We have David, full of fear, fear of his king, King Saul. Saul was out to kill him. Why? Because of Saul's Mental Attitude Sins (MAS) of jealousy, David was a great man, and Saul knew it. David was a much greater man than Saul was, David had killed his ten thousands, while Saul was not nearly as much of a military genius as David was.

And so he was jealous, and his jealousy grew until he wanted to kill David, David knew it, and so David responded, no he reacted. He reacted in fear, he left town, straight to the city of Gath, which was a Philistine city.

And their David would hideout, given the protection of the king of Gath, but once he got there, it did not alleviate his fear.

So David reacted (which always compounds your problems) reaction – emotionalism vs God's thinking and solutions.

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1 Samuel 21:13 So he disguised his sanity before them, and acted insanely in their hands, and scribbled on the doors of the gate, and let his saliva run down into his beard.

In v13 **he disguised his sanity before them**, they were out to get him. This was a city where are Goliath had been their champion, their hero, and David had killed Goliath beheaded him, left him dead on a battlefield, and the Philistine Army fleeing before the Jewish Army.

They didn't like David, so he suddenly realize I am out of the frying pan and into the fire with these Philistine, and so he disguised his sanity before them, **and acted insanely in their hands, and scribbled on the doors of the gate, and let his saliva run down his beard.**

[First we need to understand what fear does then we can look at the solution.]

So you have to understand, this is what fear does. David's fear was so irrational, that he sought protection from someone who wanted to kill him, to someone who will kill him, application here for all of us.

1. You can't make decisions when entertaining fears remember that, when you're afraid of something don't make a decision, nine out of 10 times it will be wrong. Because it's based on your emotion not rationality, and certainly not doctrine in your soul.
 - a) Fear squelches your spiritual life, because fear is a Mental Attitude Sin(MAS), and you're out of fellowship.

2. When fear strikes, it must not be allowed, and by the way, fear will strike all of us, the fact that you're a believer, a mature believer, doesn't mean that fear won't descend on you. It will. But you can't allow fear to ignite a devastating chain reaction of Mental Attitude sins (MAS), in other words, you run away with it.
3. You incapacitate thinking, decision making and decisive action, when fear takes over.

That is exactly, exactly what David did, he began making bad decisions, and those decisions would cost him dearly. So David is now so far out of fellowship in his fear, that he does something that is almost unimaginable for David. But it tells us right here in scripture in 1 Sam.21:13, he degrades himself in front of Achish, degrades himself, how?

1 Samuel 21:13 So he disguised his sanity before them, and acted insanely in their hands, and scribbled on the doors of the gate, and let his saliva run down into his beard.

How far David has fallen, the future king of Israel, a man of war, now reduces himself to a salivating coward.

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2 Tim 1:7 For [the conditions under which the bell remains normal] God[/F] has not given us [P/T in context] a spirit of timidity [lifestyle of fear, cowardice], but of (1) power [God's power system] and (2) [virtue] love [love for God/F] and (3) sound judgment [self-discipline from BDRS].

2 Tim.1:7 says this, and don't forget this, this is your mandate, **"God has not given us a spirit of it says timidity, it is a lifestyle of fear."** not just fear, a lifestyle of fear. Fear is what drives us, fear is what runs us, fear is what makes us, is how we think, we're always looking for security and safety.

You can never find security and safety in this world no matter how hard you try.

So it says, God has not given us that spirit of a lifestyle of fear, what has he given us, **power** Filling of the Holy Spirit (F/HS), **and love, reciprocal love for God**, dependent depending on Him, **and discipline** sound judgment from doctrine not emotionalism from mental attitude sins (MAS). That's what He's given you, that's a rap up on the spiritual life: sound judgement, love, power. That's what overcomes a lifestyle of fear.

There's no fear in a lifestyle of spiritual power, of love, or of application of wisdom, for sound decisions.

But.

1. When David reacted to adversity with fear, what happened, it became stressed in the soul, David stressed out, and I want you to remember something. Adversity in your life is inevitable, it will always be there,
 - a) don't think that you can dodge problems, don't think that problems will never come on you if you do certain things. Adversity in your life is inevitable there's nothing you can do about it,
 - b) but stress, is your choice, stressing out over adversity is a choice.
2. Once stressed out, you are devoid of spiritual power, nor are you able to apply wisdom for sound decisions .
 - a) Under stress you are very likely to make bad decisions, and

3. Fear that becomes stress, is a fatal pressure, it rises up and it chokes off the flow of Bible doctrine **in your stream of consciousness**. It stops it, like a dam in a river, just stops it, you no longer have the resources to make good decisions. Fear is the dam, fear stops the doctrine circulating in your soul.

David consequently could not think clearly, he lived in a fog at this point, he feared a man more than he trusted God, that was his condition. And the ensuing stress brought this bravest of the brave to a state of a groveling actor - nothing worse than a groveling actor, that's what he was. He let fear break him down before God, and in front of Achish, and in front of the entire Philistine population. Now that's failure, everybody knew what a failure David was, Saul saw David run, Achish saw David show up for security, the people wanted to kill him, because he killed Goliath. Where's the good decision in all that?

[David's recovery]

Well David put on this loony act, and he escaped. And after he escaped he was devastated, he was ashamed of what he had done, and so he fled to another place this time all by himself, to the cave of Adullam.

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1 Samuel 22:1a So David departed from there and escaped to the cave of Adullam; ...

And there, in solitude in his own soul, he assess his situation. What it just happened to him? Which of course is always a good objective thing to do, that's the road to recovery for a believer in Jesus Christ. Beginning with Rebound.

Turn to Psalm 51.

[^] Fundamentals of the sp life

Rebound, F/R , God's thinking, Rationales – God promised me to be king and I am not the king so I will believe God's promise...

So David started the road to recovery. Rebound – and that's what David did as he says in Psalm 51:4, he said

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**Psalm 51:4a Against You, You only, I have sinned,
And done what is evil in Your sight, ...**

“Against you and only alone have I sinned - Lord.” and so he named his sin, and then he began to renew his application of BD (chart).

[^] Fundamentals of the sp life

So David got enlightened hiding in that dark cave. He took a good look at himself in the mirror of the doctrine that he had in his soul. And he saw what he had become, because of his fear. He saw himself as he was.

You know that is a very difficult thing for people to do, even believers. To look at ourselves objectively, and say this is who I am, these are my shortcomings, these are my faults, I'm an egomaniac, I am someone that people despise, and I thought they all like me. **Xxx don't make it about what other people think about me xxx**

That's tough to do, because you have to look at yourself in the light of objectivity, and the only way to do that, is the objectivity of Bible Doctrine. To compare your own attributes and character with what doctrine demands of you. And so David did that, all alone hiding in that cave. He Rebounded, and he recovered from emotional, Mental Attitudes Sin (MAS) control, and his bad decisions.

[David's VP after recovery- Insert Psm 27:1+ here]

We know that David finally did see the light of Bible Doctrine, and he availed himself finally, of the wisdom solution, in fact one of the great passages of David's recovery is Psalm 56:3.

What a fantastic statement this is, after everything that went wrong and David's life, from fear.

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Psalm 56:3 [Promise] When I am afraid [note],

I will put my trust in You. [you can have fear but don't let it control you – how? F/R Drill]

What does he say? **“When I am afraid and you are I will put my trust in you.”** God. When I'm afraid, I turn to you, not to Achish, not the flight, not to fright, and now we see David recover from fear, as any believer may do when they trust in the Lord.

But you know the question is, that's easy to say: when I'm afraid I'm going to trust in the Lord, all of us can say that at any point. But how does this verse, this promise become a reality in your soul? Because it's very easy to do, to say, but it's not so easily done, and I think most of us have found that to be true. We may know a promise, we claimed the promised, and two minutes later out the window.

But we can do this, a believer must next grab a doctrinal rationale, we claim a promise, but now we have to grab a doctrinal rationale, which should be stored in your memory. And that rationale stands behind this promised, to put your trust in Him.

And that requires a means of application, sometimes called a mechanic.

You know engines work because they work mechanically

So the spiritual life works because it has a mechanic [process/procedures] as well.

It's true, and it's a way to think of the spiritual life: Rebound, Filling of the Holy Spirit moving back to Faith Rest, and Problem Solving Devices (PSD). That is the procedure, the mechanic, and the recovery of your memory,

Fear is emotional sin, that blocks memory, and concentration on and application of spiritual life procedures.

As in all break downs, we've all taken our car to the shop, because it doesn't run right. **Rebound is your shop,**

Here is your shop –

[^] the fundamentals of the sp life

that's where it starts, but then like your car it has to be fixed too. You got your car to the shop, now somebody has to fix it for you.

For our sp life, grace of God fixes it for you. The grace of God is using the fundamentals of the sp life – the CMDs, Procedures, Instructions God has given us.

But you know when BD is weak, or when it's non-existent in the soul, then the believer must metabolize more doctrine (Learn, Think about and apply), apply the mechanics, the fundamentals of the sp life, in order to grow out of that weakness. Because spiritual growth presses on that weakness, and pushes it outside of your soul. Spiritual growth instills a calm, unshakable confidence in the Lord, that's what it does for you.

And that's how Psalm 56:3 becomes a reality in your life, a mechanic,

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Psalm 56:3 [Promise] When I am afraid [note],
I will put my trust in You.

And what is tremendously encouraging is, that through all of David's failures, and his overwhelming adversity, he recovered, he recovered his trust, and he recovered his wisdom that he had learned over the years.

David had learned many things over the years, and the change is obvious: from fearful coward, to confident warrior, back to where he should be.

So let now look at David's expression of confidence beginning and Psalm 27

Turn to Psalm 27.

Psalm 27, beginning at verse 1

This passage starkly contrast to David's attitude in 1 Samuel 21

From this fantastic Psalm and we discover what recovery sounds like, and why.

First in Psalm 27:1-3, we find confidence in God's presence, and then in verses 4-6 the reality of God's presence. This is how trust in the Lord becomes a reality, and not just words, or lip service.

Too many Christians can say the passages or even the concepts (like using the word F/R Drill), and not enough of them can apply it, not enough of it.

That's why America is in sp apostasy.

It just doesn't make a difference to many of them, there just words.

But here's David, they aren't words, and they shouldn't just be words for you. They should be doctrines in your soul. You should have experience with them, experienced them – Experimental Christianly.

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Psalm 27:1 (A Psalm of David.)

The Lord is my light and my salvation [deliverance];
Whom shall I fear?
The Lord is the defense [stronghold] of my life;
Whom shall I dread?

So Psalm 27:1 says, “**A Psalm of David** what does he say, **the Lord is my light and my salvation whom shall I fear, the Lord is the defense of my life, whom shall I dread.**”

Certainly not Saul, not Achish, and not even Absalom, and that's going to be a future adversity for David.

Now 3 things we immediately understand from this verse.

1. For David, the protective presence of God is very, very real, we can all say verse 1, but for David it was real.
2. From that assurance of protection, David has developed in his soul a reliance, not in his own abilities, which are great, or in the strength of his military might, which is proven many times,
3. Rather, in so many moments of danger, and he had many. David has experienced the Lord's presence with him, protecting him, and relieving his fears,
 - a) And if you are advancing spiritually, you will have experienced the same thing.
 - b) If you're not, you won't recognize it even though the grace of God may in fact be doing exactly that for you,
 - c) and the grace of God will discipline you ('sting') as well, **whom he loves he disciplines** to get you back on track, so everything is for your benefit.

And this is a different discipline or sting. This is the Tough Love sting.

In Psalm 27:1a, David explains the reality of God's protecting presents, using two metaphors: light, and deliverance. In other words, God resides with us in our times of fear and danger, as our deliverer, and as light. Our deliverer and as light.

So we can say the Lord is present with us in those two ways:

- 1 - He abides with us as our deliverer, meaning of course that he is there to deliver us, and which emphasizes God's presents related to victory in life, regardless of the odds against success.
- 2 - But this second metaphor of light adds a special touch to divine presence on our behalf.
 1. Light implies a radiance that always dispels darkness,
 - a) Fear is darkness, fear comes over us and it darkens our souls,
 - b) but light implies a radiance that dispels that darkness.
 2. This language of light is reminiscent of one of the greatest songs of all, Psalm 23:4.

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Psalm 23:4 ¶ Even though I walk through the valley of the shadow of death [death = things you fear],


I [cannot] fear ~~no~~ evil [SSE and courage]; for You are with me;

Your rod [divine discipline] and Your staff [divine deliverance], they comfort me.

A fearlessness is expressed by David. death's dark shadows: the valley of the shadow of death I will fear no evil. He's been through that many times, he failed like this failure running from Saul, and running to Achish. But he can still say even though he was in the shadow of death, he will fear no evil. That's recovery.

So a light must shine on the situation, and that light brings a clear course of action.

- a) When we are afraid it's hard to decide what to do, and quite often we make bad decisions when we are fearful.
- b) But when that light shines on the situation, it clarifies it, clarifies the right course of action, the discernment, wisdom we need to make good decisions, in spite of bad decisions that we have made.

 fundamentals highlight top 3

Let me give you a mechanic or procedure to use.

First Rebound if necessary. Remember when you pray you are talking to God the Father, have respect, approach Him with a clear and concise purpose.

I know sometimes it's Oh God Help. But if you are in a tough spot. Take a moment. Clear your head if only for a moment. And think about what you want God to do on your behalf.

After Rebound, if necessary, claim a promise, like 1 Peter 5:7, Cast your cares.... and tell God what your problem is and that you need His Divine guidance to deal with it (the mess you made, or the circumstance someone or something has put you in) and put it in His hands.

Then depending upon the problem, use one of the Doctrinal Rationales – like God has a plan for you (PoG rationale) ..in this time and place with this problem – stand still...

The Sovereignty of God rationale – God's essence is JR SOOO LIVE, so we have Omnipotence, Omniscience, He is Sovereign, one or a few of His attributes you may want Him to apply to your situation.

There are others - Logistical Grace rationale, Justice of God rationale (not imprecatory prayer)

Then thank Him in advance for providing the solution, actually He already has since EP providing the solution.

And Close your prayer.

3. So the light of the Lord illuminates the way of the spiritual life.
 - a) Of course the New Testament often talks about the Lord Jesus Christ in terms of light, Pastor has covered several times the light of the world.
4. Light dispels the darkness of evil, confusion, depression, gloom.

- a) Fear brings a certain depression to our souls. We see no way out. We see those things which seem insurmountable, that's what fear brings, in fact that's what triggers fear. Why do teenagers commit suicide? Fear. They see no way out. Depression, gloom....
- b) But the light of the Lord dispels that. And recall *Yahweh* the God of Israel is also TLJC the God and King of the Church and we are His royal subjects, royal family. Don't ever forget that.
- c) There is never 'no way out'; there is always a solution. You might have some bumps and bruises because of self-induced problems or because God needs you to suffer for His purposes and your benefit but you will survive and thrive in the sp life. Never forget.
5. David uses the metaphor of light, to represent his confidence, in the glorious illumination that God has promised in His word.
6. Where God's presence in your thinking is recognized and trusted - get this, triumph over adversity is inevitable. Inevitable! Because you leave it in His capable hands.

Essence of God rationale – He has the knowledge (Omniscience) and power (Omnipotence) and ability (Sovereignty) – see why knowing JR SOOO LIVE is so important.

- a) That's the secret to life, know you can leave it in His hands.
- 1) Difficult thing to do when you don't have any doctrine,
 - 2) But when you can apply the promises that He is given to you...
 - 3) Watch out. You are wielding the Sword of Spirit which is the word of God Eph 6:17b

The written Word of God carries God's power and authority. When we speak that word, that power is brought into the conflict, carrying the same power and authority.

7. We become convinced, His plan will be fulfilled, and we know, we're part of its fulfillment because we're in his plan,
- a) we know it, David knows it.
 - b) When he recovered he said I know the Lord is going to make me king, what do I have to fear, who shall I dread, he said it Psalm 56:3.
8. Light is a tremendous representation God's illuminating and conquering presence with David and with us. His illuminating and conquering presence.

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Psalm 27:1 (A Psalm of David.)

The Lord is my light and my deliverance;

Whom shall I fear?

The Lord is the defense [stronghold] of my life;

Whom shall I dread?

And then we come to the third metaphor in verse 1, and It is used to describe the presence of the Lord as defense, the defense of my life, what a great word.

1. Defense is best translated, fortress, or stronghold, the Lord is the stronghold of my life.
2. Where and when the Lord is present, we have an unassailable defense system, [adj]

- a) and He's always present when we are in fellowship, and when we have BDRS, and when we're making application of it.
3. The purpose of a fortress is to provide a refuge for those under any kind of assault, that is what a fortress is for.
 4. We reside, as believers, in a defense perimeter of God's promises, His word, but they have to be deployed, they have to be.

[TIME Check – if 2 day then add FLOT Line from #2 lesson] ? ~40min

[past experiences that demonstrate what the Lord does as v1: light, deliverer and stronghold]
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Psalm 27:2 When evildoers came upon me to devour my flesh,
My adversaries and my enemies, they stumbled and fell.

Psalm 27:3 Though a host encamp against me,
My heart will not fear;
Though war arise against me,
In spite of this [the horrors of war] I shall be confident.

But now he goes on to describe, past experiences that demonstrate what the Lord does as the light, the deliver and the stronghold, which is what he said and verse 1.

Verse 2 says, **“When evildoers came upon me to devour my flesh, my adversaries, and my enemies, they stumbled and they fell,**

v3 though a host encamp against me, my heart will not fear, there's a change, **Though war arrives against me in spite of this I shall be confident.”**

Now this is the David that we know for the most part in scripture,

So we understand in the first phrase that David uses in verse 2, the terminology that he uses, it is for the revulsion and the repugnance of the battlefield - and David has seen plenty of battlefields.

When evildoers come upon me, he says, or better, advance against me to devour my flesh, that's quite a metaphor of a battlefield. And so several images suggest themselves from these the terminology of devouring my flesh, one is either a bloodthirsty predatory beast, in a bloodbath of ripping their prey into pieces, or another is simply a vulture picking scraps of prey in pieces.

So we get a graphic image here of what David is talking about in his experience of war, we can visualize the blood, the gore, the mangled bodies of a field of battle. And that's the objective of David's enemies at this point, and he knows it, and that's why he ran at first from Saul.

So in verse 3, David can now declare his unequivocal conviction, and shows a relaxed mental attitude (RMA) in his soul, in spite of this tense situation of life and death, that's where he is. Not all of us face that kind of life and death situation, most of the time in our life, but David faced it a lot of the time, and now he has learned, once again.

David it says **though a host in camping against me, and war arises against me.**

But David has the answer here for fear of annihilation - it is bring it on - so what, he says, **my heart will not fear I shall be confident.**

That's quite a statement in the face of a war, in the face of possible death on the battlefield field, there's not even any PTSD here for David. He's looking at this from one viewpoint, the Divine Viewpoint, so he won't fear, he'll be confident, what can the strongest enemy do against his the fortress, his stronghold.

David is confident, and he is without fear, in the horrors and uncertainties of battle. Who can say that, or who can do that in this time, or in any time of history? I'll tell you who can do it, the believer **deploying the FLOT line in the soul,**

But here is an assuredness of certainty in the face of great uncertainty,

Uncertainty of course is the environment for the rise of fear. What is unknown, and what is uncertain, is often the reason for fear, and certainty is spiritual victory no matter the outcome, and for David that is no matter, the military outcome, because enemies surround him.

What a statement that is of trust in the Lord, total and complete, no matter the outcome, he'll say it again and again - Psalm 56:3, what do I have to fear? And when you recognize what's behind that statement, what do I have to fear, I'm a strong man, what do I have to fear, I've been here before, I know what to do, that's not what he means.

What do I have to fear? Because the Lord is my light, my strength, my stronghold, my deliverer, that's what he knows for certain.

But we can say as believers just like David, even though they encamp around us, even though adversity maybe an hour doorstep, threaten us, try to intimidate us, the teaching, and the metabolizing of Bible Doctrine as light, brings stability and a Relaxed Mental Attitude under any and all pressure.

And we know how easily our Lord protector can cause the opposition to be brought down, to fall. If you ever experienced that as a believer, I'm sure you have, but you know how quickly that can happen.

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So let's reduce this poetry, that's what this is poetry in Psalm 27, let's reduce it to prose, let's reduce it to statements, and hear what it sounds like.

1. No matter how great and threatening a danger may arise, no matter how great, no matter whether this country is in horrible shape, no matter if the things that I mentioned earlier, or the bad decisions you make in your life OR circumstances (like this church), come to fruition and continue. No matter how great and threatening the danger that may arise, as David says against me, I refuse to be afraid. No stress. I will be confident. The only way to say that is to be confident in the Lord, with things going on today, confidence in yourself means nothing, it's too big, it's too large, there's too much going on, where does your confidence lie?
2. No one can afford fear in their life, because when fear strikes, it can escalate, and it often does, and when it escalates it ignites a devastating chain reaction of Mental Attitude Sins (MAS).
3. **The** more you surrender to fear, the more you perpetuate fear, that seems obvious.
4. **The** more you perpetuate fear, the greater your capacity for fear, that's escalates means.

- a) Now you have capacity for it, it stays with you every time adversity hits, so does fear, you have capacity to fear, and that's not a great capacity.
- 5. **The** greater your capacity for fear, the more you increase the power of fear in your life, it takes over, now you're a coward. And the spiritual life is the opposite of cowardice,
 - a) Be careful and understand – strength is not physical strength it is mental strength, strength of the soul that matters.
 - b) Strength is the spiritual life, strength is a discernment to know what to do under any circumstance.

[If <5 min to go do this section and stop, else skip] 2nd class will add FLOT Line....

Did you hear that? Are you paying attention? Strength is the spiritual life, strength is a discernment to know what to do under any circumstance.
So what on Sun and Today have I present that represents strength?

[^] fundamentals of the sp life

This is strength.

Have you ever asked Am I Living the Sp Life?

You know the easy answer? Rebound, F/R procedure – claim a promise and if able a doctrinal rationale. That is living the sp life.

Now if you have been studying BD for 5-10 years then no, because to whom much is given much is expected and after 5-10yr yo need to apply allot more than that to be living the sp life and in the PoG.

But for a new believer or a new to doctrine believer Rebound, F/R procedure you are in the PoG and living the sp life.

And you need to 1 Tim 2:4 grow in the grace and knowledge of TLJC and use that BD as well.

So are you using these fundamentals? That is between you and God.

Do you want ot be in the PoG?

Do you want to use the sp life to handle any and all situations in life?

You have what you need to be doing right here in front of you today.

Do you think you should carry a copy of this around with you? Put it on the refrig or like I do paste it on my office wall to look at daily.

Its up to you.

You have been and you will continue to see this as a reminder of why we are here on this earth.

To advance to sp maturity, to 1 Tim 2:4 salvation for the unbel and to advance for the bel.

To be the light that illuminate a dark world.

To fulfill our great commission – evangelize and teach

So that

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2 Peter 1:11 for in this way [making your calling and election sure, practicing the CWL] the entrance into the eternal kingdom of our Lord and Savior Jesus Christ will be abundantly supplied to you [conveyance of Escrow blessings].

XXXXXXXXXXXXX END XXXXXXXX

[If skipped resume here...]

- c) Strength is the spiritual life, strength is a discernment to know what to do under any circumstance. Now those are admirable people, because the spiritual life is in operation, and the right decisions are being made.
- 6. When you control fear, it has no power in your life, otherwise it has lots of power.
- 7. The more you live by fear, the more you are intimidated by life.
 - a) What a way to live, intimidated by life, and that's what fear brings.
 - b) You see why David is so adamant, what do I have to fear, because he doesn't want a lifestyle of fear, 1 Tim.1:7 tells us that.
- 8. Fear focuses on the problem, but faith rest focuses on the Divine Solution. David is now operating under faith rest in Psalm 56:3, and in Psalm 27:1 and following. That's what this is telling us, what he's telling us, from centuries ago, and we still have.
- 9. It is the ultimate knowledge of God's protecting presence that brings confidence and abates fear and worry.
 - a) No other way can we have such confidence
 - b) When we contemplate the power and the greatness of the Lord in relation to any enemy, the enemy pales into insignificance, and we continue to look upward and our single minded reliance on the Lord.
 - c) Remember Psalm 121, V1 and 2, **I will lift up my eyes to the mountains my help comes from the Lord**, and the Lord alone.
 - 1) Yes people can help you, yes there are those who will give you a helping hand.
 - 2) But ultimately there is only one hand that can provide for you. Psalm 121, **my help comes from the Lord**,

[^] moving on to v4

[v4-6 the reality of God's presence]

Psalm 27:4 ¶ One thing I have asked from the Lord, that I shall seek:
That I may dwell in the house of the Lord all the days of my life, [Psm 23]
To behold the beauty of the Lord,
And to meditate in His temple.

And why should that statement be true, verse 4 us it, says one thing, David says, "I have asked from the Lord that I shall seek that I may dwell in the house of the Lord all the days of my life."

And their Psalm 23 again. He uses some of those quotes, throughout his writing, and then he says, **to behold the beauty of the Lord and to meditate in his temple**, what an admission that is of the power of spiritual advance in the crisis. What a statement of dependence on the deliver.

David's mind turns to the Lord, not to the enemy which it did before. And now he focuses on the Lord, the Lord's locale, in other words his presence with David, that presence is real now, as whereas before it was not there.

so.

1. David's attitude is revealed in verse 4 and it is occupation with the Lord.
 - a) Where is occupation with the Lord, the **final compartment of the FLOT line of the soul**, occupation with Christ for us, that's a mature believer. We can see from v4 he is occupied with the Lord, that's where his thought process is.
2. The Lord is his closest companion, influencing his every thought and action.
 - a) That's what we want, that's what you're looking for, that's why you're here this evening, and that's why you need to continue to be here in advance spiritually
 - b) Or taking the word of God, because you're going to need it.
3. The success of David's reign and his leadership revolves around his dependence on the Lord, not men, and not women for that matter. David had a rather large harem, he could not depend on men, or women, even his great wife Bathsheba. Who did he depend on? the Lord.
4. He could not look to people for help or support, they have and they will fail him.
 - a) One of the things the life of David tells us, is how people failed him, and so I tried to kill him.
 - b) And his was a life of very difficult times with other people.
 - c) So he must be sustained by the Lord, by his shield of faith, that's what sustains David, it's what sustains us, faith rest.

So no suffering, no disaster, no shock, no pressure can intrude now on David's soul, and dim the presence of the light of the Lord in his soul. That is a mature believer in spite of failure - and David failed from time to time, he's a mature believer in spite of that. Yes he got out of line, yes he forgot from time to time who was his deliver, who was his strength, but he always came back.

David was a mature believer, and he should encourage you.

So this is a statement of David's devotion to the Plan of God for his life.

What exactly does that mean?

1. The house of the Lord was the visible expression, he said it, I want to dwell in the house of the Lord. It was the visible expression of God's presence with the people of Israel, especially including David.
 - a) Where did the Lord reside with Israel, in the temple, in the Holy of Holies, over the Cherubim on the Ark of the Covenant, on the mercy seat. That was His place of residence, the Shekinah Glory, localized with his people.
 - b) Yes God is omnipresent, but Jesus Christ as the Shekinah Glory was there with them, and David knows it, he knows the doctrine, he knows who's in that Holy of Holies.
2. David's longing for this house, exposes the intensity with which he seeks after the Lord. That's where I want to be, where he is, in his presence, that's where I want to be.

- a) Now we can't go to a localized place, believe me this church is not the temple.
- b) But everywhere every time you enter, and you're filled with God the Holy Spirit, His presence is there, His presence is here.
3. David desires to gaze on the beauty, the light, the glory of the presence of the Lord, and to know the deliverance of the Lord.

You see here's the thing, David knows the Lord delivers, he says it, but he wants to experience that deliverance, because he is under so much strain, and adversity, he calls on the Lord for his deliverance. He wants the light of illumination for the decisions that he has to make.

So in practical terms what does that mean in relation to David's situation, or to ours? To understand exactly what's going on here, let's look back on the early history of Israel, under Moses is leadership. Moses was the first leader of the nation of Israel when they left Egypt, and in the desert, in Ex.34:6 you know Moses had plenty of problems with the Jews, in the desert. More than anyone could possibly imagine, but then they were like herding cats, they were always difficult to deal with, and Moses had to deal with them. So did David by the way.

Moses saw the beauty, the glory of God pass in front of him in Ex.34:6. Now he didn't see God Himself, but he had a look at the glory of God, and he heard the Lord's voice.

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Exodus 34:6 Then the Lord [*Yahweh*] passed by in front of him and proclaimed, "~~The~~ Lord [*Yahweh*], ~~the~~ Lord God [*Yahweh el*], compassionate and gracious, slow to anger, and abounding in lovingkindness [The unfailing love of God – i.e. grace] and truth;

Exodus 34:7 who keeps lovingkindness [unfailing love] for thousands, who forgives iniquity, transgression and sin; yet He will by no means leave the guilty unpunished, visiting the iniquity of fathers on the children and on the grandchildren to the third and fourth generations."

And 34:6 says, "**Then the Lord, the Lord God compassionate, and gracious, slow to anger, and abounding in loving kindness, and truth, who keeps loving kindness or unfailing love for thousands.**

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He's speaking of these Israelites who were such a problem, **who forgives iniquity transgression and sin, yet he will by no means leave the guilty unpunished**, I wonder if Moses was thinking at this particular time, I wish you would wipe these people out, but no. What is he say, no **the Lord is compassionate he's gracious he's forgiving his unfailing love.**

That's what we remember in our own failures, he could wipe us out easily, and probably we deserve it, but no.

And this is the same beauty that David sought and he knew. Like Moses, David we'll see who, and what the Lord is, and what he does for him, in the crisis.

Moses was living through a crisis, David was to. But David can be confident in the Lord, that the Lord will not overlook the unrighteous, his enemies those who encamp around him, those who attacked the Plan of God for Israel. God will not leave them unpunished, remember that.

Remember that in this client nation, you think people get away with things, you think people in Congress and the Senate get away with everything? You think the president gets away with whatever he wants to, or his family, what do you think about people in power - we certainly can't do anything about that. Why they're going to investigate that, what a joke, nothing will come of it. And you'll be so disappointed, and now you'll be afraid, because they're in charge. No, no.

You depend on the Lord, and you see what He can do in the crisis, and even if it doesn't agree with what you think He ought to be doing, remember, He's doing what ought to be done, you just depend on Him.

what are you getting from all of this

Adversity comes from three areas:

- What circumstances beyond your immediate control do to you
- The results of reaping what you sow
- And Testing God brings to ad your sp life (the most mature example is Job)

1. Don't you forget adversity is what circumstances do to you,
 - a) In our country
 - b) In our govt
 - c) In our local schools
 - d) In our local church
 - 1) What did you think of the adversity the last 3-4 weeks in our church. Cancelled classes?
 - 2) Recall God knew what was happening and He knew the solution. Did you trust Him? Did you panic. Did fear or uncertainty creep into your thinking?
 2. The reaction then of fear and stress, is what you do to yourself, without the wisdom of faith rest.
 - a) Faith rest is the way that you claim God's promises to you, and overcome the problems that face you.
 - b) F/R procedure....
 3. So once again: Adversity is inevitable, fear is optional, fear is optional.
 - a) But if you are able to claim that promise of God in faith rest, and overcome the fear, because you trust in the Lord more than you are afraid of whatever it is. Then you control fear. Then the lifestyle of fear doesn't control you, you can overcome it.
 4. BTW this happens to all of us in our lives, at some part, there will be enough pressure on you that you come under adversity and you will become like David. The question is not that we drop the ball – so to speak – but that we catch it on the first bounce. Recall and Rebound and use the F/R Procedure to trust God and have patience.
- [^] fundamentals of the sp life
- a) (DIAG??? Foundation of the sp life)
 - b) Now what is the mechanic.

Rebound- in fellowship

Claim a promise – fear – Psm 56:3

Psalm 56:3 [Promise] When I am afraid,
I will put my trust in You.

But that is not enough, anyone can say Psm 56:3, how do I make it stick.

1 – trust G/F that he will provide for you if you keep trusting him

2 – you need to add a F/R rationale to this verse.

Many time you can use the PoG rationale. God has a plan for your life. He knew you would need him to come through for you at this particular point in time. You know God has a plan for you and your job is to live life on day at a time, fulfilling your responsibilities – did you get that long list I read sun?

balanced lifestyle: time for studying God's word, time for friends (maintenance of relationships); time for spouse; time for family, time for self, time for work, time for hobbies and a time for rest.

And trust Psm 56:3 that all things will work out for you.

3 – you need to recall experientially the times God has come through for you in the past. From the simple things - like driving n bad Wx - Read my list?

If you chose, notice my words, if you choose not to use the F/R procedure or not to use God's provisions for you, THEN

5. Then emotionalism inundates your soul, whether it be fear, or something else, and when it happens, it causes a host of bad decisions. You look back on your life, and you say, yeah I know where my bad decisions were, I know what I did that sent me on the wrong course. I can pinpoint at least three or four, maybe twenty or thirty or more bad decisions, and where they took you.

a) Now why did you make those decisions? I will guarantee you that some of them were made in fear, if not all of them.

1) I don't want this to happen to me so I'll make this decision, rather than what does the spiritual life demand of me.

2) That's a lifestyle without fear, that's a good decision, that's discernment from Bible doctrine.

b) Looking back you see after recovery, what David did seems like temporary insanity, but it's remedied, just like it can be remedied for you, by Rebound, recovery of spiritual equilibrium, followed by wise decisions, any bad decisions you've made are never unrecoverable. You can recover, no matter how bad they are.

c) God's plan marches on for you, it always will. All you have to do is get in fellowship, take in doctrine, and begin to think doctrine. Begin to utilize doctrine,

David forgot something in all of this. You know David as I said had faced many crises, he had every reason to fear. You know what David's motto was, you know what it was: The battle is the Lord's. That was David's motto, when did he say it, when he faced Goliath, where is he now, in Goliath's hometown. Is the battle the Lord's now, no. David forgot the doctrine in his soul. He forgot what got him there. And I don't mean fear, he made a bad decision. David ignored, and forgot the wisdom, the whole realm of BD that he had known all of his life, since he was a shepherd.

So now after his great a looney act, David was devastated, he was ashamed, and so he fled town, he got out of there once again. He was afraid, he fled Saul, he went to Achish, he fled Achish, and

where did he go? He hid out in a cave, that's where he went, called the cave of Adullam, and that's in 1 Sam.22.

But here in the cave of Adullam, something happened to David, David evaluated himself, he looked at himself in the mirror of Bible Doctrine, he looked at himself as he really truly was. He had time alone, he didn't run to his friends, he didn't say help, help, hid me out. He evaluated himself in the light of the word of God. You know that's a great thing to do. Get alone by yourself, **make a bad decision look at yourself**, because you made the decision, we have a tendency to blame everybody for our bad decision.

In fact that's a national pastime, blaming – some people survive in life by blaming, its their whole life – Don't become one of those people. Don't do that, David recognized, that his bad decision, was his bad decision. As he looked at himself, he understood why, but David is not finished with his trials and tribulations.

[Faith Rest procedure.]

We forget our child like innocence in applying BD, we get wrapped up on the problems. Your job is to see the solution.

The example I use in my book is driving in bad Wx. ...

We are to use, remember each circumstance where God came through for you. To build that confidence God will come through for you.

Child like innocence, adolescence, young adulthood, and then the three stages of spiritual adulthood. Another analogy: crawl, walk, run. The key remember, experiential Christianity. Build your confidence with God.

So anti-fear is what –

Rebound when necessary

Use a promise in the F/R procedure

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Psalm 56:3 [Promise] When I am afraid [note].

I will put my trust in You. [you can have fear but don't let it control you – how? F/R Drill]

You go to God in prayer and say Heavenly Father, I have this fear and I will trust that you will solve it for my benefit and sp growth.

You have a plan for my life (PoG) and you knew this problem and allow it occur for my benefit.

Psm 56:3 xxxxx xxxx

In Christ's name Amen.

For my benefit can be sp growth, can be reaping what you sow, soooo you avoid this bad decision in the future (Loving Father) or a test to see if you have enough BDRS to solve this problem God allowed to be in your life.

That's a benefit. Recall 1 Tim 2:4. God's will is for believers to grow in the sp life, to solve problems and re-present God to a lost and dying world.

Closing Prayer