



CADENCE

LIVING IN STEP WITH THE SPIRIT OF GOD



Life Group Questions

HEAD

 Is there a David in the house?



HEART

- ✚ The sermon mentioned David's kindness to Mephibosheth. Can you **identify** aspects of this story stand out to you most?
- ✚ Interact with this concept: "Kindness is when the person from whom I have a right to expect NOTHING gives me EVERYTHING."
What does this **demonstrate** about God?



HANDS

- ✚ This week, **perform** at least one unexpected act of kindness for someone who can't repay you.
- ✚ **Identify** an area in your life where you've been withholding kindness. **Commit** to changing your attitude and actions in that situation.
- ✚ **Practice** self-reflection: At the end of each day this week, ask yourself, "How did I demonstrate God's kindness today?"





Five Day Devotional

Day 1: The Kindness of God Reading: Jeremiah 3:11-12, Ephesians 2:4-7

- ✚ Devotional: God's kindness is not just an attribute, but His very essence. In Jeremiah, we see God declaring, "I am unfailing love." This profound statement reminds us that kindness isn't just something God does; it's who He is. As you reflect on today's passages, consider how God's kindness has been evident in your life. How has His unfailing love shaped your journey? Remember, as Ephesians tells us, God's kindness toward us in Christ Jesus is immeasurable and eternal. Today, let this truth sink deep into your heart and transform how you view both God and yourself.



Day 2: Kindness That Leads to Repentance Reading:

Romans 2:3-4, Titus 3:3-5

- ✚ Devotional: God's kindness has a purpose - to lead us to repentance. It's easy to judge others or become complacent in our own spiritual walk, but Paul reminds us that it's God's kindness that softens our hearts and turns us back to Him. Reflect on times when you've experienced God's kindness in the face of your own shortcomings. How did it change your perspective? Today, ask God to help you extend that same kindness to others, not to condone sin, but to gently guide towards repentance and restoration.



Day 3: Unexpected Kindness Reading: 2 Samuel 9:1-13

- ✱ Devotional: The story of David and Mephibosheth is a powerful illustration of unexpected kindness. David sought out someone to show kindness to, not because of obligation, but because of a promise and a generous heart. This mirrors God's kindness toward us - we were not seeking Him, yet He sought us out. Today, consider who in your life might be a "Mephibosheth" - someone overlooked, marginalized, or in need of kindness. How can you extend unexpected kindness in a way that reflects God's heart? Remember, sometimes the greatest act of kindness is simply inviting someone to your table.



Day 4: Kindness in Action Reading: Colossians 3:12-14; 1 Corinthians 13:4

- ✚ Devotional: Kindness is not just a feeling; it's an action. Paul instructs us to "clothe" ourselves with kindness, suggesting it's a choice we make daily. It's part of love's definition - "love is kind." Reflect on how you can actively choose kindness today, especially in challenging situations or towards difficult people. Remember Mother Teresa's words: "Do ordinary things with extraordinary love." Ask God to help you see opportunities for kindness and to give you the strength to act on them, even when it's not easy.



Day 5: Persisting in Kindness Reading: Romans 11:22; Galatians 5:22-23

- ✚ Devotional: While God's kindness toward us is unfailing, Paul warns us to "continue in his kindness." This suggests that our response to God's kindness matters. As a fruit of the Spirit, kindness should be evident in our lives as we grow in Christ. Today, examine your life. Are you continuing in God's kindness? Are you allowing the Holy Spirit to cultivate kindness in you? Ask God to help you persist in kindness, not taking His grace for granted, but letting it transform you day by day. Remember, as we remain in His kindness, we become channels of that kindness to a world in desperate need of it.

