

7 “I Am” sayings of Jesus”

“I am the the bread of life...” - John 6

“I am the light of the world...” - John 8 & 9

“I am the door/gate...” - John 10

“I am the good shepherd...” - John 10

“I am the resurrection and the life...” - John 11

“I am the way, truth, and life...” - John 14

“I am the true vine...” - John 15

Who is Jesus? - bread to feed upon, the light to follow, the door to enter, the shepherd to guide, the resurrection to wait upon, the way to live, the vine to abide within.

“I Am The Bread of Life”

Context: Jesus just fed the 5,000 with 5 loaves and 2 fish

John 6:25-40

25 When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” 26 Jesus answered them, “Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. 27 Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.” 28 Then they said to him, “What must we do, to be doing the works of God?” 29 Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” 30 So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform? 31 Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” 32 Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. 33 For the bread of God is he who comes down from heaven and gives life to the world.” 34 They said to him, “Sir, give us this bread always.”

35 Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. 36 But I said to you that you have seen me and yet do not believe. 37 All that the Father gives me will come to me, and whoever comes to me I will never cast out. 38 For I have come down from heaven, not to do my own will but the will of him who sent me. 39 And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. 40 For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day.”

Why is Jesus the bread of life?

• **Jesus eternally provides (You will be hungry for bread again) (6:25-29)**

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- Jesus answered questions they did not ask - they ask when, Jesus answers why
- Do not work, labor for what perishes
- DO work for what endures
- People were seeking another sign not the one who performed the miracles

•Jesus offers spiritual nourishment (6:30-34)

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- answers to questions not asked - they ask what sign..., Jesus answered God gives the bread of life manna vs. true bread

•Jesus is the food for life (6:35-40)

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- Question not asked: What does the bread of life do? Answer: never hunger, thirst, nor be cast away, and have eternal life

I Am the Light of the World

John 8:12

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life."

John 9:1-7; 13-17; 24-25

1 As he passed by, he saw a man blind from birth. 2 And his disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" 3 Jesus answered, "It was not that this man sinned, or his parents, but that the works of God might be displayed in him. 4 We must work the works of him who sent me while it is day; night is coming, when no one can work. 5 As long as I am in the world, I am the light of the world." 6 Having said these things, he spit on the ground and made mud with the saliva. Then he anointed the man's eyes with the mud 7 and said to him, "Go, wash in the pool of Siloam" (which means Sent). So he went and washed and came back seeing.

13 They brought to the Pharisees the man who had formerly been blind. 14 Now it was a Sabbath day when Jesus made the mud and opened his eyes. 15 So the Pharisees again asked him how he had received his sight. And he said to them, "He put mud on my eyes, and I washed, and I see." 16 Some of the Pharisees said, "This man is not from God, for he does not keep the Sabbath." But others said, "How can a man who is a sinner do such signs?" And there was a division among them. 17 So they said again to the blind man, "What do you say about him, since he has opened your eyes?" He said, "He is a prophet."

24 So for the second time they called the man who had been blind and said to him, "Give glory to God. We know that this man is a sinner." 25 He answered, "Whether he is a sinner I do not know. One thing I do know, that though I was blind, now I see."

I Am the light...

•To physical and spiritual blindness (9:1-3)

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- Jesus will be addressing both throughout the chapter
- Sometimes bad things happen so God can show off for our good.
- Focus is not on the comfort of the creature but the exaltation of the creator
- Seeing spiritually vs. physically, not every bad thing is a punishment
- Disciples fell into common belief that the man's blindness was a form of punishment.

•To physical darkness (8:12; 9:5-7)

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5 As long as I am in the world, I am the light of the world." 6 Having said these things, he spit on the ground and made mud with the saliva. Then he anointed the man's eyes with the mud 7 and said to him, "Go, wash in the pool of Siloam" (which means Sent). So he went and washed and came back seeing.

- Man never physically saw Jesus
- Disciples, blind man, neighbors witnessed a miracle

•To spiritual darkness (9:13-17)

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- The pharisees, who have been born seeing, are spiritually blind to the miracle Jesus performed.
- The man born blind has his spiritual eyes opened to Jesus as his savior.

•To the world (8:12; 9:24-25)

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24 So for the second time they called the man who had been blind and said to him, "Give glory to God. We know that this man is a sinner." 25 He answered, "Whether he is a sinner I do not know. One thing I do know, that though I was blind, now I see."

- We can tell others about our experience with Jesus.
- Do not have to have all the answers, just be able to share what you know

Jesus is the bread of life

-He supplies all we need

Jesus is the light of the world

-He shows us the work of God in the world

Discussion Questions:

- Why do you think it is important to pay attention to the “I am” statements Jesus made?
- Why do you think the people followed Jesus after he fed the 5,000?
- How does Jesus physically provide for our needs?
- How does Jesus spiritually provide for our needs?
- How does Jesus eternally provide for our needs?
- In your own words what did Jesus mean when He said He was the bread of life?
- Why did Jesus say the man was born blind?
 - What is surprising to you about His reason?
 - What could this say about problems you face in life?
- What do you think the disciples thought about the miracle Jesus performed?
- The pharisees knew the man had been born blind and could now see, why do you think they could not believe it was a work of God Jesus had performed?
- What did the blind man know about Jesus? What does this mean for us when we think about telling others about Jesus?
- The pharisees and the blind man believed differently about who Jesus is, what do you think was the difference between the two? Why?
- In your own words what did Jesus mean when He said He is the light of the world?