

JAMES

EXPLORING YOUR TRUE COLORS

James: Exploring Your True Colors
Week 2/4 — Taming Your Tongue

TEACHING OBJECTIVE

Has a heated conversation ever made you wish you had a time machine? Sometimes, the moment words spill out of our mouths, we wish we could take them back. Our words have the power to wound the people we love most. Conversations have the power to change the direction of a relationship. How many times have you said something you regret? A dozen? A thousand? It's time to tame our tongues.

In Chapter three of James, the Apostle gives his friends another tip to thrive at life — get control of the words you say. It's time to tame our tongues. When you tame your tongue, you can better control your life.



BIG IDEA:

When you tame your tongue, you can better control your life.



SMALL GROUP OBJECTIVE:

We will discuss examples of speech that glorify God and edify others.



SCRIPTURE USED:

James 3:3-6
James 1:9

Small Group Questions

- Think of someone you know who has great integrity. How do they usually speak?
- How can the way you speak hurt you, your reputation, and/or your integrity?
- How can our words honor God and build our integrity?
- Why do you think James talks about our words in such a powerful way?
- How does slowing down and listening before we speak help us to use our words in a way that is good (glorifying God and edifying others)?
- In the video he said “saving a relationship is better than winning an argument”, what comes to your mind when you think about this statement?
- Have you ever said something to somebody that you regret? If you had slowed down to listen and respond out of kindness instead of anger, how might that conversation have gone differently?
- List 3-5 God-honoring ways you’d like to use your words this week. Think specifically about relationships that may be in need of helpful conversations.
- What can you do this week to focus on filtering your words like James suggests?