

Day 39 Frank Wardlow

“Seek the LORD and his strength; seek his presence continually!” Psalm 105:4

Seeking the Lord means living intentionally while relying on Him. We are to search for “his strength” by going to Him for help and allowing the Holy Spirit to guide and empower us. Some ways we can do this are by praying, reading our bibles, gathering with other believers for worship, and serving in our church. Those are all great ways, but Psalm 105:4 takes it further and tells us that we need to seek Him continually. Not just when we are praying, reading our bibles, and serving in church, but in every aspect of our lives. Whether we’re at work, or we’re spending time with our friends or family, we are to seek the Lord by being open to his guidance, wisdom, and strength. When we truly seek God in every aspect of our lives, then we give Him the honor that He deserves and place Him in His rightful place as Lord of our lives. Then we will be living for His purpose, advancing His kingdom.

Read Deuteronomy 4:29-31; Jeremiah 29:11-14; 2 Chronicles 7:14

Are you seeking the Lord in every aspect of your life?

What would it mean for you to seek God throughout the day [today](#)?