



“Spiritually, Psychologically, Physiologically” 1 Thessalonians 5:23-24

Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you *is faithful, who also will do it.*

“sanctify you completely” To set apart as venerable, holy, distinguishable from profane
...whole and complete in every way
“through and through”

“spirit” (pneuma: breath)

“soul” (psyche: mind, seat of feelings, seat of affections, heart, desires)

- Mind
- Will
- Emotions

“body” (physical, tangible body itself, even as a corpse)

At varying times in our daily lives, one singular area of our “being” can have too much or too little influence over the other two areas. This influence can lead us into sin. Sin alienates us from God.

1. What exactly is sin and how should we understand it?
2. We all need to acknowledge that we do sin.

Romans 3:23

Memory Verse:

John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

3. Sin can and does negatively impact us, our fellowship with God and our relationships with others 1 John 1:6-10
4. Some changes in our sanctification process can be fairly quick and effortless, other changes can be part of a more difficult extrication process.

“extrication” : **to free or remove from an entanglement or difficulty.** : to distinguish from a related thing. archaic : unravel.

Phil. 2:12 **Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;**

What we do in that time leading up to sinning is so very important. In that time of temptation, we have the potential to...

- Give in and sin Results?
- Resist in our own strength Results?
- Turn to the Holy Spirit within us and overcome victoriously Results?

1 John 4:4 **You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.**

Notes:

Homework:

Self-identify an area of your life unduly negatively influenced by your mind, will and/or emotions. Prayerfully devise a preemptive plan to battle temptation when it suddenly arises. Write the “battle plan” on an index card and keep it on your person for a month. Record your victories on that card or in your journal.

Self-identify an area of your life unduly negatively influenced by your physical flesh. Prayerfully devise a preemptive plan to battle temptation when it suddenly arises. Write the “battle plan” on an index card and keep it on your person for a month. Record your victories on that card or in your journal.