



Week 6

Faith and Action Sheet



“Freedom In Forgiveness”

- **Jesus Forgives us: Luke 23:32-39**
- **Forgiveness Object Lesson**
- **Forgive Others: Ephesians 4:31-32**
Never be bitter, angry, or mad. Never shout angrily or say things to hurt others. Never do anything evil. Be kind and loving to each other. Forgive each other the same as God forgave you through Christ.
- **Fore-knowledge awareness of something before it happens or exists.**
“Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.” Jer. 1:5
For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Eph. 2:10

Discussion Questions:

How can we use fore-knowledge in regards to forgiveness?

How many times should we forgive someone?

Challenge/ Action Step: Prayer of Forgiveness

Thank you God for forgiving me even when I didn’t deserve it. Help me to forgive others even if they don’t deserve it and if they haven’t said their “sorry”. I want to have a good heart, please remove any anger, hurt, and the desire to get them back from my heart. Cleanse my heart as I release to you those who have wronged me and fill me up with more of you. I choose to forgive _____ in Jesus name. - Amen

Memory Verse:

John 8:36

“So if the Son sets you free, you will be free indeed.”